

Far East Community Center

1826 Lattimer Drive 43227 / 645-3159

(Located East of Hamilton Road off Livingston Avenue behind Walnut Ridge High School)

Fall 1 2014 Class Schedule

Schedule is subject to change.

This publication will provide you with information about all classes and programs offered during the 2014 Fall 1 Session at Far East Community Center. Registration for Fall 1 classes begin on Tuesday, September 2 at 12:00pm and continue until full.

Classes begin the week of September 8, ending the week of October 25. Center closed on Monday, Oct. 13 and Tuesday, Oct 14, for Columbus Day,

Business Hours of Operation

September 8 to October 25

Program Hours Monday - 5:00 - 8:45pm

Tuesday - 12:00 - 8:45pm

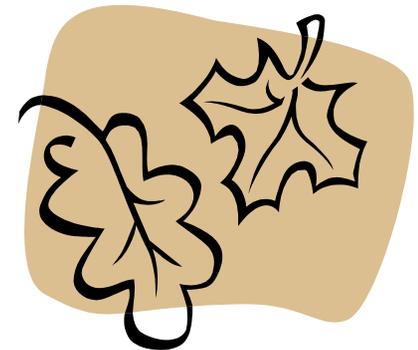
Wednesday - 3:00 - 8:45pm

Thursday - 12:00 - 8:45pm

Friday - 10:00 - 8:45pm

Saturday - 9:00-5:45pm

Sunday - closed



www.columbusrecparks.com

USDA is an equal opportunity provider and employer.

Far East 38+ Adult program

The Far East Community Center adult programs are geared for those 38+ who want to become or remain active. Our classes help with being energetic, fit and vital. The adult classes allow our participants to have a choice of which ones they are most interested in, in order to fit their individual schedule. The Walking Club, Stretch-N-Tone, 55+ basketball as well as an Aquatic Fitness Program inspires Adult / Senior Fitness with safe and innovative instruction. The Adult Program also provides a social network for members to meet new friends and have a great time. There will be some FREE lunch and learn seminars, in addition to various trips and outings. For more information, pick up a monthly calendar at our front desk, or call Eric Grant @ 645-3159. Thanks and Be Inspired.

Far East Basketball league registration

Hello, Far East community, family and friends, once again basketball registration will begin October 7. Leagues will be for ages 6 – 13 years old. Materials Fee per child is \$50 which covers uniforms, certificates and trophies. Our Youth Sports Leagues sign-ups must be done in person.

Walk with the Doc Program

Take steps to a healthier you. Every other Saturday, starting on September 13, we will host an hour long morning walk led by a Mount Carmel Health System Physician. Walkers can come and walk for as little or as long as they like and all can enjoy coffee, water, healthy snack, and walking incentives at each walk. Location: Big Walnut Park and Far East Community Center, 1826 Lattimer Drive, meet at picnic tables.

Far East Halloween party

Tuesday, October 28 for ages 6 – 12 years. Party will be 6:00 – 7:30pm. If you meet the guidelines, there is financial assistance through P.L.A.Y Assistance Program.

ID #	Activity	Time	Ages	Days	Instructor	Cost
24970	CRPD weight room membership/session	when center open	18 & older	Mon-Sat		See staff
24971	CRPD weight room membership/year	when center open	18 & older	Mon-Sat		See staff
24935	Artistic Essence	5:00-8:30pm	11-18yr	Mon-Sat	Hardgrove	Res: \$35,Non: \$40
25084	6-8yr Drawing & Crafts	6:00-7:00pm	6-8yr	Mon	Alston	Free
	ORGANWISE	5:30-7:00 pm	6 -12 yr	Mon	Staff	Free
25016	PK Gymnastics	6:15-6:15pm	3-5yr	Mon	Watkins	Free
25017	PK Gymnastics	6:45-7:15pm	3-5yr	Mon	Watkins	Free
25085	9-13yr Drawing & Crafts	7:00-8:00pm	9-13yr	Mon	Alston	Free
25018	Gymnastics	7:15-8:00pm	6-12yr	Mon	Watkins	Free
25019	Gymnastics	8:00-8:45pm	6-12yr	Mon	Watkins	Free
24964	38+ Walking Club	12:00-2:30pm	38+	Tue,Th,Fri	Grant	Free
24967	50+ Open Basketball	12:30-2:30pm	50+	Tue & Thur	Staff	Free
25077	Parent/Child Fishing	12:30-1:15pm	3-6yr	Tues	Kasper	Free
25108	Teen Open Basketball	2:30-4:30pm	12-17yr	Tue,Th,Fri	Staff	Free
24975	Teen Weight Lifting	4:00-5:00pm	13-17yr	Tue & Thur	Grant	Free
24959	Karate	5:00-6:00pm	7 & older	Tue	Davis	Res: \$25,Non: \$30
24956	Learn how to crochet	5:30-6:15pm	12 & older	Tue	Mela	Res: \$15, Non: \$18
25088	6-9yr Clay	6:00-7:00pm	6-9yr	Tue	Alston	Free
24960	Karate	6:00-7:00pm	7 & older	Tue	Davis	Res: \$25,Non: \$30
24972	Basketball Skills	6:15-6:55pm	3-5yr	Tue	Grant	Free
24958	Sewing with ease	6:30-7:45pm	12 & older	Tue	Mela	Res: \$20,Non: \$24
25014	Intermediate gymnastics	7:00-7:45pm	6-12yr	Tue	Watkins	Free
25089	Clay 10-14yr	7:00-8:00pm	10-14yr	Tue	Alston	Free
24973	Basketball Skills	7:15-8:30pm	6-9yr	Tue	Ragland	Free
25015	Advanced gymnastics	7:45-8:45pm	6-12yr	Tue	Watkins	Free
24966	38+ Water Aerobics	9:15-11:30am	38 & older	Wed	Grant	Free
24997	Piano level 13	3:30-4:00pm	7 & older	Wed	Morrison	Res: \$22, Non: \$ 26
24949	Piano level 5 -12	4:00-4:30pm	7 & older	Wed	Morrison	Res: \$22, Non: \$ 26
24990	Child and Adult Open Basketball	4:30-5:30pm	3-16yr	Wed & Fri		Free
24947	4H Club	5:00-6:00pm	5-17yr	Wed	Morrison	Free
24999	Ballet 1	5:00-5:30pm	9-13yr	Wed	Johnson	Res: \$25, Non: \$ 30
25000	Tap 2	5:30-6:00pm	9-13yr	Wed	Johnson	Res: \$25, Non: \$ 30
25001	Jazz	6:00-6:30pm	9-13yr	Wed	Johnson	Res: \$25, Non: \$ 30
24938	Piano level 1	6:00-6:30pm	7 & older	Wed	Morrison	Res: \$22, Non: \$ 26
24996	Fullbody workout either day	6:00-7:00pm	10& older	Wed/Fri	Jenkins	Res: \$20, Non: \$ 24
24995	2 day Full body workout	6:00-7:00pm	10& older	Wed & Fri	Jenkins	Res: \$35, Non: \$ 42
24980	Wrestling	6:00-7:15pm	4-8yr	Wed	Thorpe	Free
24978	SNAG- Jack Nicklaus Learning league	6:15-6:55pm	4-5yr	Wed	Ragland	Free
24998	PK Piano	6:30-7:00pm	4-6yr	Wed	Morrison	Res: \$22, Non: \$ 26
25003	Drill Team	6:30-7:00pm	9-12yr	Wed	Johnson	Res: \$25, Non: \$ 30

25004	Dreaming of Broadway Dancers	7:00-7:30pm	6-13yr	Wed	Johnson	Res: \$25, Non: \$ 30
	Specialty Group					
24977	Open Badminton	7:00-9:00pm	12 & older	Wed	Staff	Free
24979	SNAG- Jack Nicklaus Learning league	7:00-7:40pm	6-8yr	Wed	Ragland	Free
24981	Wrestling	7:15-8:30pm	9-15yr	Wed	Thorpe	Free
24948	Piano level 2	7:30-8:00pm	7 & older	Wed	Morrison	Res: \$22, Non: \$ 26
25075	PK Soccer clinic	12:30-1:15pm	3-5yr	Thur	Kasper	Free
25102	PK gymnastics	1:30-2:00pm	3-5yr	Thur	Kasper	Free
25081	PK Tennis	4:30-5:00pm	4-6yr	Thur	Kasper	Free
25006	PK Ballet	5:00-5:30pm	3-5yr	Thur	Johnson	Res: \$25, Non: \$ 30
25008	PK Tap	5:30-6:00pm	3-5yr	Thur	Johnson	Res: \$25, Non: \$ 30
25079	Tennis	5:30-6:00pm	7-14yr	Thur	Kasper	Free
25007	Beg. Tap	6:00-6:30pm	5-8yr	Thur	Johnson	Res: \$25, Non: \$ 30
25083	Teen/Adult tennis	6:00-6:30pm	15 & older	Thur	Kasper	Free
24985	Baseball Skills	6:15-7:30pm	10-13yr	Thur	Grant	Free
25020	Cheerleading	6:15-7:00pm	6-9yr	Thur	Watkins	Free
25005	Beg. Ballet	6:30-7:00pm	5-9yr	Thur	Johnson	Res: \$25, Non: \$ 30
24945	Guitar 1	7:00-7:30pm	9 & older	Thur	Morrison	Res: \$25, Non: \$ 30
25010	Tap 1	7:00-7:30pm	8-12yr	Thur	Johnson	Res: \$25, Non: \$ 30
25021	Intermediate Cheerleading	7:00-8:30pm	6-13yr	Thur	Watkins	Free
24986	Basketball Skills	7:15-8:30pm	9-13yr	Thur	Fields	Free
25011	Jazz	7:30-8:00pm	6-12yr	Thur	Johnson	Res: \$25, Non: \$ 30
25012	Dreaming of Broadway Dancers	8:00-8:30pm	6-13yr	Thur	Johnson	Res: \$25, Non: \$ 30
	Specialty Group					
24962	38+ Stretch and Tone	10:00-11:00am	38+	Fri	Grant	Free
24961	38+ Pokino Hour	11:00-12:00pm	38+	Fri	Grant	Free
24968	Adult Open Gym	12:30-2:15pm	19 & older	Fri	Staff	Free
25076	Fishing	4:30-6:00pm	8-14yr	Fri	Kasper	Free
25086	Family Art	6:30-8:00pm	6 & older	Fri	Staff	Free
25078	Futsal	6:30-8:30pm	6 & older	Fri	Staff	Free
24976	Walk with the Doc/ dates vary	8:30-9:30am	all	Sat	Grant	Free
	Soccer Leagues	9:30 AM		Sat	Kasper	
25103	Advanceee Girls Basketball 12 to 15	10:30 - 11:45 am	12 to 15	Sat	Grant	Free
24974	Flag Football	2:00 - 3:45 pm	8-14 yrs.	Sat	Grant	Free

Special Programs

ORGANWISE
Mondays 5:30 PM

The program is Organwise nutrition and physical activities program for ages 6-12. It involves reading, math, nutrition education, games, and physical activities. The classes will be 1 ½ hours each and can be more than one day a week.

EMBODI
Third Saturday every month

Empowering Males to build Opporntnities for Devloping Independence program is for ages 13 to 17. This program is being sponcered by the Delta Sigma Theta Sorority.

Starting time 11 AM

The program promotes and provides opportunities to foster growth for young men.