

# Far East Community Recreation Center

---

1826 Lattimer Dr. Columbus, OH 43227  
(614) 645-3159  
Center Manager: George Wilson



## 2015 Fall (1) Program Session

Registration: Sept. 1 - Sept. 4, 2015

Session: September 9 - Oct. 24, 2015

---

### Hours of Operation:

Sunday - Closed

Monday - 5:00pm to 8:45pm

Tuesday - 12:00pm to 8:45pm

Wednesday - 9:30am to 12:00pm  
& 3:30pm to 8:45pm

Thursday - 12:00pm to 8:45pm

Friday - 9:00am to 8:45pm

Saturday - 9:00am to 5:45pm

---

[WWW.COLUMBUSRECPARKS.COM](http://WWW.COLUMBUSRECPARKS.COM)

[APM.ACTIVECOMMUNITIES.COM/  
COLUMBUSRECPARKS](http://APM.ACTIVECOMMUNITIES.COM/COLUMBUSRECPARKS)



THE CITY OF  
**COLUMBUS**  
MICHAEL B. COLEMAN, MAYOR

RECREATION AND PARKS  
DEPARTMENT



*This institute is an equal opportunity provider and employer.*

## **Far East Important Dates**

Soccer League Registration ends: August 28<sup>th</sup> Games will start September 19<sup>th</sup>

Fall Party Thursday October 22<sup>nd</sup> for Families will be 6:15 – 7:30 pm.

Holiday Party Thursday, December 17<sup>th</sup> for Families will be 6:15 – 7:30 pm.

Fall 2 Registration: Tuesday October 27<sup>th</sup> at 12:00 pm to Saturday October 31

Far East does have financial assistance for our classes, through P.L.A.Y Assistance if you meet the guidelines.

## **New Program at Far East Pickle-ball**

A Lively Racket Game for all Ages and Abilities Pickle-ball was created with one thing in mind: fun. It was designed to be easy to learn and play whether you're five, eighty-five or somewhere in between. Pickle-ball is traditionally played on a badminton-sized court with special Pickle-ball® paddles, made of wood or high-tech aerospace materials. The ball used is similar to a wiffle ball, but slightly smaller. The lower net and wiffle ball allow the game to be accessible to people of all ages and abilities, while still allowing more competitive players to test their mettle. In addition to the modified net and gear, there are several key rules in Pickle-ball that help make the game more accessible. In tennis, and many net sports, games are often won and lost by the power of the serve. In Pickle-ball, the ball must bounce once on each side before volleys are allowed. This opens the game to more players and extends play for added fun. The goal of Pickle-ball then and now was to create a game that was as fun as can be for every member of the family.

## **Far East 38+ Adult program**

The Far East Community Center adult programs are geared for those 38+ who want to become or remain active. Our classes help with being energetic, fit and vital. The adult classes allow our participants to have a choice of which ones they are most interested in, in order to fit their individual schedule. The Walking Club, Stretch-N-Tone, 55 + basketball as well as an Aquatic Fitness Program inspires Adult / Senior Fitness with safe and innovative instruction. The Adult Program also provides a social network for members to meet new friends and have a great time. There will be some FREE lunch and learn seminars, in addition to various trips and outings. For more information, pick up a monthly calendar at our front desk, or call Eric Grant at 645-3159. Thanks and Be Inspired. Senior Living Festival at the Hollywood Casino will be on October 31 from 10am-2 pm.

## **Far East Basketball league registration**

The deadline to register will be Wednesday November 11<sup>th</sup>, so please register as soon as you can, spaces are filling up fast. The first two weeks in November the staff will be conducting evaluations and placing the kids on teams, on their specific skills and drills day. If you are interested in coaching basketball this season, our coaches meeting will be Thursday November 17<sup>th</sup> at 7:00 pm. We will be discussing practice times, jersey colors of each team and passing out team rosters.

“This institute is an Equal Opportunity Provider and employer”

| Number | Activity Name                             | Time    | Days           | Instructor         | Fees |
|--------|---|---------|----------------|--------------------|------|
| 32430  | Wrestling 8 UNDER                         | 6:00 PM | M              | Thrope,Joe         | Free |
| 32627  | Art & Crafts                              | 6:00 PM | M              | Hammerstein        | Free |
| 32533  | Coeur De' Lion Performing Arts Academy    | 5:00 PM | M Tu Th        | Hardgrove, Cordell | 35   |
| 32433  | CRPD Fitness room membership              | 5:00 PM | M Tu W Th F Sa | STAFF              | Fees |
| 32434  | CRPD Fitness room membership for the year | 5:00 PM | M Tu W Th F Sa | STAFF              | Fees |
| 32416  | Full Body Work out Combo                  | 6:00 PM | M W F          | Jenkins, Donna     | 35   |
| 32424  | Badminton - Open Play                     | 7:00 PM | M              | Lynch, Robert      | Free |
| 32431  | Wrestling 9 AND UP                        | 7:15 PM | M              | Thrope, Joe        | Free |

|       |  |          |           |                  |      |
|-------|--|----------|-----------|------------------|------|
| 32419 | 50 + Basketball                        | 12:30 PM | Tu Th     | Grant, Eric      | Free |
| 32418 | 38 + Adult Walking Club                | 12:30 PM | Tu W Th F | Grant, Eric      | Free |
| 32585 | Pickle-ball                            | 1:30 AM  | Tu Th     | Grant, Eric      | Free |
| 32748 | Gymnastics PK                          | 1:00 PM  | Tu        | Harper, Roger    | Free |
| 32750 | Art And Story time Parent and PK       | 1:45 PM  | Tu Th     | Harper, Roger    | Free |
| 32435 | Teen group games                       | 2:30 PM  | Tu Th     | Harper, Roger    | Free |
| 32421 | Basketball parent child or coach child | 4:30 PM  | Tu W Th F | Harper, Roger    | Free |
| 32429 | Teen Fitness                           | 4:30 PM  | Tu W Th   | Grant, Eric      | Free |
| 32511 | 4H Club                                | 5:00 PM  | Tu        | Mela, Naomi      | Free |
| 32517 | Learn how to crochet                   | 6:00 PM  | Tu        | Mela, Naomi      | 15   |
| 32539 | Gymnastics PK                          | 6:15 PM  | Tu        | Watkins, Melissa | Free |
| 32422 | Basketball skills 3 to 5               | 6:15 PM  | Tu        | Grant, Eric      | Free |
| 32629 | Arts and Crafts                        | 6:15 PM  | Tu        | Shultz, Erika    | Free |
| 32519 | Sewing with ease                       | 7:00 PM  | Tu        | Mela, Naomi      | 20   |
| 32423 | Basketball skills 10 to 14             | 7:15 PM  | Tu Th     | Harper, Roger    | Free |
| 32541 | Gymnastics                             | 7:15 PM  | Tu        | Watkins, Melissa | Free |
| 32543 | Gymnastics                             | 8:00 PM  | Tu        | Watkins, Melissa | Free |

|       |  |         |     |                  |      |
|-------|--|---------|-----|------------------|------|
| 32417 | 38+ Senior Water Aerobics              | 9:15 AM | W   | Grant, Eric      | Free |
| 32581 | Piano Intermediate level 13 & up       | 3:30 PM | W   | Morrison, Mary   | 25   |
| 32487 | Piano Intermediate Level 7 - 12        | 4:00 PM | W   | Morrison, Mary   | 25   |
| 32488 | Piano Beginner Levels 2-6              | 4:30 PM | W   | Morrison, Mary   | 25   |
|       | Basketball parent child or coach child | 4:30 PM | W   | Harper, Roger    | Free |
| 32492 | Piano PK (ages 4-6)                    | 5:00 PM | W   | Morrison, Mary   | 25   |
| 32494 | Piano Beginner Level 1                 | 5:30 PM | W   | Morrison, Mary   | 25   |
| 32501 | Guitar Beginner Level 1                | 6:00 PM | W   | Morrison, Mary   | 25   |
| 32415 | Full Body Work out any 1 day           | 6:00 PM | W F | Jenkins, Donna   | 20   |
| 32542 | Gymnastics PK 3                        | 6:15 PM | W   | Watkins, Melissa | Free |
| 32540 | Gymnastics PK 2                        | 6:45 PM | W   | Watkins, Melissa | Free |
| 32538 | Gymnastics Intermediate                | 7:00 PM | W   | Watkins, Melissa | Free |
|       | Basketball skills 10 to 14             | 7:15 PM | W   | TBD              | Free |
| 32475 | Ballet I                               | 7:30 PM | W   | Johnson, Nicole  | 25   |
| 32535 | Gymnastics Advanced                    | 7:45 PM | W   | Watkins, Melissa | Free |
| 32476 | Tap 2                                  | 8:00 PM | W   | Johnson, Nicole  | 25   |

|       |  |          |    |                  |      |
|-------|--|----------|----|------------------|------|
| 32749 | PLAY SCHOOL Running,art & learning           | 1to 2:30 | Th | Harper, Roger    | Free |
| 32477 | Ballet PK ( 3 to 5 )                         | 5:00 PM  | Th | Johnson, Nicole  | 25   |
| 32479 | Tap PK                                       | 5:30 PM  | Th | Johnson, Nicole  | 25   |
| 32480 | Beg Tap (5 to 8)                             | 6:00 PM  | Th | Johnson, Nicole  | 25   |
| 32536 | Cheerleading                                 | 6:15 PM  | Th | Watkins, Melissa | Free |
| 32426 | Basketball skills 6 to 9                     | 6:15 PM  | Th | Harper, Roger    | Free |
| 32630 | Ceramics-hand building                       | 6:15 PM  | Th | Shultz, Erika    | Free |
| 32481 | Beg Ballet (5 to 12)                         | 6:30 PM  | Th | Johnson, Nicole  | 25   |
| 32482 | Tap 1 ( 8 to 12)                             | 7:00 PM  | Th | Johnson, Nicole  | 25   |
| 32537 | Cheerleading Intermediate                    | 7:00 PM  | Th | Watkins, Melissa | Free |
| 32483 | Jazz   | 7:30 PM  | Th | Johnson, Nicole  | 25   |
| 32484 | Dreaming of Broadway Dancers Specialty Group | 8:00 PM  | Th | Johnson, Nicole  | 25   |

|       |                             |          |      |               |      |
|-------|-----------------------------|----------|------|---------------|------|
| 32414 | 38+ Senior Stretch and Tone | 10:00 AM | F    | Grant, Eric   | Free |
| 32420 | Basketball Adult            | 12:30 PM | F    | Harper, Roger | Free |
| 32584 | Pickle-ball                 | 2:25 PM  | F Sa | Grant, Eric   | Free |
| 32425 | Futsal                      | 6:00 PM  | F    | Lynch, Robert | Free |
| 32628 | Family Art                  | 6:15 PM  | F    | Shultz, Erika | Free |

|       |                                |          |    |                |      |
|-------|--------------------------------|----------|----|----------------|------|
| 32432 | Walk with a Doc.               | 8:30 AM  | Sa | Grant, Eric    | Free |
| 32436 | Basketball 15 UNDER GIRLS ONLY | 12:00 PM | Sa | TBD            | Free |
|       | Pickle-ball                    | 2:25 PM  | Sa | Grant, Eric    | Free |
| 32437 | Basketball skills 6 to 9       | 3:00 PM  | Sa | RAGLAND, MARTY | Free |
| 32439 | Group Games                    | 4:30 PM  | Sa | Grant, Eric    | Free |

Far East Youth Sports Leagues sign-ups must be done in person at the center

Soccer registration early July (Fee \$50.00 per player) games start September and April

Basketball registration early October (Fee \$50.00 per player) games start January

Tee ball registration starts early March (Fee \$25.00 per player) games in mid-April

Baseball registration starts early March (Fee \$50.00 per player) games in mid- May

### **Walk with the Doc Program**

Take steps to a healthier you. Every other Saturday starting on September 5, we will host an hour long morning walk led by a Mount Carmel Health System Physician.

Walkers can come and walk for as little or as long as they like and all can enjoy coffee, water a healthy snack, and walking incentives at each walk.

Where: Big Walnut Park and Far East Community Center, 1826 Lattimer Drive, meet at picnic table.

### **Make A Difference Day and have a positive outlook on everyday.**

Far East will be hosting our Annual Make a Difference Day, on Saturday October 24<sup>th</sup> starting at 10:00 am

There will be fun games and free entertainment, by our exciting dance group.

While visiting your neighborhood facility take full advantage of the great athletic and educational opportunities a fun filled day out of your experience.

Any questions, comments or concerns feel free to call us @ 645-3159.