

Far East Community Center

1826 Lattimer Drive 43227 / 645-3159

(Located East of Hamilton Road off Livingston Avenue behind Walnut Ridge High School)

Spring 2015 Program Schedule

Schedule is subject to change.

This publication will provide you with information about all classes and programs offered during the 2015 Spring session at Far East Community Center.

Registration for Spring classes begin on Tuesday, March 17 online and in person and ends when classes are full. You must have an Activenet account to register online at our website:

<https://apm.activecommunities.com/columbusrecparks>

Classes begin the week of March 23, ending the week of May 16.

Business Hours of Operation

January 12 to March 14

Program Hours Monday - 5:00 - 8:45pm

Tuesday - 12:00 - 8:45pm

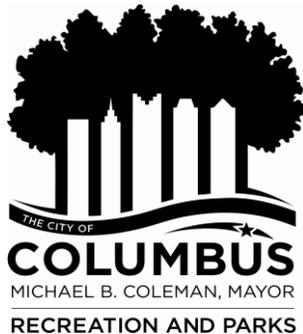
Wednesday - 3:00 - 8:45pm

Thursday - 12:00 - 8:45pm

Friday - 10:00 - 8:45pm

Saturday - 9:00-5:45pm

Sunday - closed



CRPD mission statement: To enrich the lives of our citizens.
"This institute is an Equal Opportunity Provider and employer."

Far East 38+ Adult program

The Far East Community Center adult programs are geared for those 38+ who want to become or remain active. Our classes help with being energetic, fit and vital. The adult classes allow our participants to have a choice of which ones they are most interested in, in order to fit their individual schedule. The Walking Club, Stretch-N-Tone, 55+ basketball as well as an Aquatic Fitness Program inspires Adult / Senior Fitness with safe and innovative instruction. The Adult Program also provides a social network for members to meet new friends and have a great time. There will be some FREE lunch and learn seminars, in addition to various trips and outings. For more information call Eric Grant @ 645-3159. Thanks and Be Inspired.

Walk with the Doc Program at Far East Community Center, 1826 Lattimer Drive

Take steps to a healthier life come every other Saturday beginning April 11, 2015; we will host an hour long morning walk led by a Mount Carmel Health System Physician. Walkers can come and walk for as little or as long as they like and all can enjoy coffee, water, healthy snack, and walking incentives at each walk.

Far East Baseball/T Ball registration

T Ball and Baseball sign-ups will begin in March. T Ball ages (4-5) for \$25 and Baseball ages are: Coach Pitch (6-8) and Kid Pitch ages (10-13) both groups fees will be \$50.

Upcoming Special dates

Summer Camp Expo at Franklin Park on March 10 2015.

Summer Camp registration begins March 21 2015.

Spring Program registration begins Tuesday March 17 2015.

Easter Egg Hunt April 4 2015 10:00 am.

CRC Meeting date and time TBA

T – Ball games starting in April ending in May and Baseball games starting around May 14th and ending July 11th

Far East Summer Camp and programs June 8th – August 7th.

New Program

Tai Chi for Seniors. The health benefits of practicing Tai Chi are: the way it improves your sense and balance, the way it maintains and restores flexibility and comfort in the joints, the way it helps to relief stress, the way it improves the ability to concentrate and stay focused, and the strong relaxing and meditative effect that helps bring about peace of mind.

Far East Summer Camp

We would like to welcome you to the 2015 Camp Far East. We will be going on field trips this Summer as well as having programs brought to us at no extra charge. When you come to camp each day bring a smile and willingness to try new things. Your summer will be one where you meet new friends, learn new skills and have a lot of fun! Far East Camp has planned a lot of activities for your enjoyment, including sports, arts & crafts, nature activities, group games, special events and much more! Field trips will include: A Clippers game (fee for ticket), the Columbus Zoo, Ice Skating, Blacklick Woods, and visiting a local spray park. Thanks and we look forward to having you this summer at Camp Far East!

If you meet the guidelines, there is financial assistance through P.L.A.Y Assistance Program.

ID#	Activity	Time	Ages	Days	Instructor	Fees
30013	Coeur De' Lion Performing Arts Academy	5:00-8:30pm	8 & older	M T T SA	Hardgrove	Res: \$35 Non: \$42
30014	CRPD Fitness room membership	5:30-8:30pm	18 & older	Mon-Sa	Grant	Free
30015	CRPD Fitness room membership for the year	5:30-8:30pm	18 & older	Mon-Sa	Grant	Free
29967	1 day Full Body Work out Combo	6:00-7:00pm	10 & older	M W F	Jenkins	Res: \$20 Non: \$24
29965	1, 2 & 3 day Full Body Work out Combo	6:00-7:00pm	10 & older	M W F	Jenkins	Res: \$40. Non: \$48
29792	Ceramics-hand building	6:00-7:00pm	6-9 yr	M	Hammerstein	Free
29987	Gymnastics PK	6:15-6:45pm	3-5 yr	M	Watkins	Free
29988	Gymnastics PK 2	6:45-7:15pm	3-5 yr	M	Watkins	Free
29992	Gymnastics	7:15-8:00pm	5-8 yr	M	Watkins	Free
29793	Ceramics-hand building	7:15-8:15pm	10-17 yr	M	Hammerstein	Free
29993	Gymnastics	8:00-8:45pm	9-13 yr	M	Watkins	Free

30122	38 + Adult Walking Club	12:00-2:30pm	38 & older	Tu W Th F	Grant	Free
30271	PK Gymnastics	12:30-1:00pm	3-5 yr	Tu	Kasper	Free
29977	50 + Basketball	12:30-2:30pm	50 & older	Tu Th	Grant	Free
30272	PC Art	1:15-2:00pm	3-5 yr	Tu	Kasper	Free
30128	Teen Open gym	2:30-4:30pm	12-17 yr	Tu W Th F	Grant	Free
30129	Teen Weight Lifting	4:00-5:00pm	13/17 yr	Tu W Th F	grant	Free
29773	Karate	5:00-6:00pm	7 & older	Tu	Davis	Res: \$25 Non: \$30
29962	Learn how to crochet	5:30-6:15pm	12 & older	Tu	Mela	Res: \$15 Non: \$18
29774	Karate	6:00-7:00pm	7 & older	Tu	Davis	Res: \$25 Non: \$30
30180	Ceramics-hand building / Wheel	6:00-7:30pm	10 & older	Tu	Gorman	Free
29999	Baseball League T BALL	6:00-8:30pm	4-5 yr	Tu	Grant	Registration fee
30125	Baseball Skills 3 to 5 years T BALL	6:15-8:45pm	3-5 yr	Tu	Grant	Free
29963	Sewing with ease	6:30-7:40pm	12 & older	Tu	Mela	Res: \$20 Non: \$24

29976	38+ Senior Water Aerobics	9:15-11:30am	38 & older	W	Grant	Free
29740	Piano 14 and up	3:30-4:00pm	7 & older	W	Morrison	Res: \$22 Non: \$26
29741	Piano 5 and up	4:30-5:00pm	7 & older	W	Morrison	Res: \$22 Non: \$26
29743	Piano 4	4:30-5:00pm	7 & older	W	Morrison	Res: \$22 Non: \$26
29744	4H Club	5:00-6:00pm	5-17 yr	W	Morrison	Free
29883	Tap 2	5:30-6:00pm	9-13 yr	W	Johnson	Res: \$25 Non: \$30
29884	Jazz (6-12)	6:00-6:30pm	6-12 yr	W	Johnson	Res: \$25 Non: \$30
29745	Piano PK	6:00-6:30pm	4-6 yr	W	Morrison	Res: \$22 Non: \$26
29989	Gymnastics PK 3	6:15-7:00pm	4-5 yr	W	Watkins	Free
29746	Piano 2 & 3	6:30-7:00pm	7 & older	W	Morrison	Res: \$22 Non: \$26
29894	Drill Team (6 to 12)	6:30-7:00pm	6-12 yr	W	Johnson	Res: \$25 Non: \$30
29982	Badminton - Open Play	6:30-8:30pm	12 & older	W	Kasper	Free
29748	Piano 1	7:00-7:30pm	7 & older	W	Morrison	Res: \$22 Non: \$26
29897	Dreaming of Broadway Dancers Specialty Group	7:00-7:30pm	6-13 yr	W	Johnson	Res: \$25 Non: \$30
29990	Gymnastics Intermediate	7:00-7:45pm	6-12 yr	W	Watkins	Free
29899	Ballet I	7:30-8:00pm	9-13 yr	W	Johnson	Res: \$25 Non: \$30
29979	Gymnastics Advanced	7:45-8:45pm	6-13 yr	W	Watkins	Free

30270	PK Soccer clinic	12:30-1:15pm	3-5 yr	Th	Kasper	Free
30273	PK group games	1:30-2:15pm	3-5 yr	Th	Kasper	Free
30264	PK Tennis	4:30-5:00pm	4-5 yr	Th	Kasper	Free
29871	Ballet PK (3 to 5)	5:00-5:30pm	3-5 yr	Th	Johnson	Res: \$25 Non: \$30
30265	Beginner Tennis	5:00-5:30pm	6-12 yr	Th	Kasper	Free
29874	Tap PK	5:30-6:00pm	3-4 yr	Th	Johnson	Res: \$25 Non: \$30
30266	Teen/Adult Tennis	5:30-6:00pm	13 & older	Th	Kasper	Free
29876	Beg Tap (5 to 8)	6:00-6:30pm	5-8 yr	Th	Johnson	Res: \$25 Non: \$30
30182	Art & Crafts	6:00-7:30pm	8-12 yr	Th	Gorman	Free
29983	Cheerleading	6:15-7:00pm	6-8 yr	Th	Watkins	Free
29878	Beg Ballet (5 to 12)	6:30-7:00pm	5-12 yr	Th	Johnson	Res: \$25 Non: \$30
29882	Beg Ballet (6 to 13)	6:30-7:00pm	6-13 yr	Th	Johnson	Res: \$25 Non: \$30
29879	Tap 1 (8 to 12)	7:00-7:30pm	8-12 yr	Th	Johnson	Res: \$25 Non: \$30
29985	Cheerleading Intermediate	7:20-8:50pm	6-12 yr	Th	Watkins	Free
29880	Jazz	7:30-8:00pm	6-12 yr	Th	Johnson	Res: \$25 Non: \$30
30004	Baseball Skills 10 to 14	7:30-8:30pm	10-14 yr	Th	Grant	Free
29881	Dreaming of Broadway Dancers Specialty Group	8:00-8:30pm	6-13 yr	Th	Johnson	Res: \$25 Non: \$30

29975	38+ Senior Stretch and Tone	10:00-10:45am	38 & older	F	Grant	Free
29972	38+ Pokino Hour	11:00-12:00pm	38 & older	F	Grant	Free
30121	TAI CHI for Seniors	11:00-12:00pm	38 & older	F	Green	Res: \$30 Non: \$36
30267	Parent/Child Fishing	12:30-1:15pm	3-6 yr	F	Kasper	Free
29969	Adult Basketball 21UP	12:30-2:30pm	21 & older	F	Grant	Free
30268	Fishing	4:30-6:00pm	8-14 yr	F	Kasper	Free
30124	Futsal	6:30-8:30pm	6 & older	F	Kasper	Free
29998	Walk with a Doc.	8:30-9:30am	All ages	Sa	Grant	Free

29739	Far East Track Club	9:30-11:00am	5-14 yr	Sa	Ewing	Free
29986	GYMNASTIC TEAM	10:00-1:00pm	6-12 yr	Sa	Watkins	Free
29902	Pre Ballet (3 to 6)	10:00-10:30am	3-6 yr	Sa	Johnson	Res: \$25 Non: \$30

29903	Pre Tap (3-6)	10:30-11:00am	3-6 yr	Sa	Johnson	Res: \$25 Non: \$30
30123	EMBODI	11:00-1:00pm	12-17yr	Sa	Grant	Free
30007	Baseball league 6 to 8	12:30-1:30pm	6-8 yr	Sa	Grant	Free
30127	Baseball Skills 10 to 14	2:15-3:30pm	10-14 yr	Sa	Ragland	Free
30126	Baseball Skills 6 to 9	4:00-5:00pm	6-9 yr	Sa	Ragland	Free