

Friday		
Time	Class/Fee	Ages
1:00	Basketball Fun	3-5*
3:30	Game Room Tourney	8+
5:30	Pre-School Kiddie Crafts	3-5*
6:00	Strength & Conditioning	18+
6:30	3-on-3 Basketball	10+
7:30	Be A Kid Again	18+

Saturday		
Time	Class/Fee	Ages
9:00	Basketball Drills	3-5*
10:00	Basketball Drills	6-10
10:00	Game Room Fun	6+
11:00	Basketball Drills	11-14
11:30	Zumba/ Zumba Toning, \$30	18+
12:00	Basketball Drills	15+
1:00	Hip-Hop Dance	8+
2:00	Stretch & Strengthen	8+
2:00	Weightlifting	13+
3:00	Tap Dance	8+
3:00	Jr. Basketball Clinic	7-11
3:30	Fundamentals of Boxing	7-11
4:00	Preschool Martial Arts, \$30	3-6*

Feddersen Staff

Tommy Brown,
Center Manager

Kenny Langhorne
Recreation Leader

Dan Harrell,
Custodian

Recreation Instructors
Corrial Simpson
Zach Davis
Bill Casey
Ben Woods
Jeremy McElwain
Connie Ferguson
Casey O'Connor
Deshawn Alston

Contract Instructors
Elaina Biffle
Monica Coleman
Nicole Glover
Scott Green



Feddersen Community Recreation Center

3911 Dresden St. / 645-3083

Fall I Program Schedule
September 9 – October 25

Class registration begins Sept. 2
and will continue until classes are filled.

Online Registration

www.activenet.active.com/columbusrecreparks

Hours of Operation

Monday Closed

Tuesday 12:00 - 8:45 pm

Wednesday 3:00 - 8:45 pm

Thursday 12:00 - 8:45pm

Friday 12:00 - 8:45 pm

Saturday 9 am - 5:45 pm



Children under the age of 12 must be picked up
before 6:00 unless they are registered for a late class.

Mission

To Enrich the lives of our citizens.



Feddersen Fall 1

Tuesday

Time	Class/Fee	Ages
3:30	Game Room Tourney	8+
4:00	Tennis	10+
4:00	Freestyle Art	10+
5:00	Flag Football	10+
5:30	Ceramics	10+
6:00	Soccer	3-12*
6:00	Cardio Boxing	18+
6:00	Kickboxing: Beginner	13+
6:00	Line Dance, \$27	18+
6:30	Video Game Tourney	8+
6:30	Martial Arts: New Student, \$30	4-14*
7:00	Weightlifting	13+
7:00	Kickboxing: Intermediate	13+
7:30	Strength Boxing	18+
7:30	Teen Workouts	13+
7:30	Martial Arts: Returning, \$30	4-14*

Wednesday

Time	Class/Fee	Ages
4:00	Baseball	10+
5:00	Floor Hockey	10+
6:00	Soccer	3-12*
6:00	Strength & Conditioning	18+
6:00	Self Defense	6+
7:00	Women's Self Defense	18+

Free Produce Markets

The 1st & 3rd Thursdays through the end of October.

4:00-5:30 pm or when food is gone

FIRST COME, FIRST SERVE

Please bring your own bags, boxes or carts.



Wednesday Cont'd

Time	Class/Fee	Ages
7:00	Weightlifting	13+
7:00	Pilates	18+
7:00	Zumba/Zumba Toning, \$30	18+
7:30	Women's Body Pump	18+

Thursday

Time	Class/Fee	Ages
1:00	Gym Jams	3-5*
3:30	Homework Help	12-
4:30	Art Fun	6+
5:00	Kickball	8+
5:30	Jazz Dance	6+
6:00	Cardio Boxing	18+
6:00	Kickboxing: Beginner	13+
6:00	Soccer	3-12*
6:00	Line Dance, \$27	18+
6:30	Video Game Tourney	8+
6:30	Martial Arts: New Student, \$30	4-14*
7:00	Kickboxing: Intermediate	13+
7:00	Weightlifting	13+
7:30	Martial Arts: Returning, \$30	4-14*
7:30	Teen Workouts	13+
7:30	Strength Boxing	18+

Summer Meal Program

Any child under the age of 18 is able to join us for a free lunch daily in the meeting room.

Lunch will be served from 5:00-6:00 or until meals run out for the day.

Any children under the age of 6 must be with a responsible adult during their time in the Center.



USDA is an equal opportunity provider and employer.

*Children under the age of 6 must be with a responsible adult at all times in the building.