



Feddersen Recreation Center
 3911 Dresden St. Columbus, OH 43224 *614-645-3083
 www.columbusrecreparks.com

Fall II Schedule of Classes

November 4 - December 20, 2014

Registration Oct 28 - Nov 1

Come in OR Register online at: <http://activenet.active.com/columbusrecreparks>

Hours of Operation: **Monday:** Closed/ **Tuesday:** 12:00 - 8:45p.m./ **Wednesday:** 3:00 -8:45p.m.

Thursday: 12:00 - 8:45p.m./ **Friday:** 12:00 - 8:45p.m./ **Saturday:** 9:00a.m. - 5:45p.m.

"CRPD is an equal opportunity provider and employer."

Mission: To Enrich the lives of our citizens.

TUESDAY	TIME	AGE	STAFF	FEE
Homework Help	3:30-4:30 PM	12-	Corrial	Free
Tennis	4:00-5:00 PM	10+	Zach	Free
Freestyle Art	4:00-5:00 PM	10+	Ben	Free- \$10 Materials
Flag Football	5:00-6:00 PM	10+	Zach	Free
Ceramics	5:00-6:00 PM	10+	Ben	Free- \$10 Materials
Game Room Fun	5:30-6:30 PM	8+	Corrial	Free
Soccer Clinic	6:00-7:00 PM	3-5*	Zach	Free
Cardio Boxing	6:00-7:00 PM	18+	Kenny	Free- \$20 Materials
Kickboxing: Beginner	6:00-7:00 PM	13+	Bill	Free
Line Dance	6:00-7:30 PM	18+	Monica	\$27.00
PlayStation Fun	6:30-7:30 PM	8+	Corrial	Free
Martial Arts: New Student	6:30-7:30 PM	4-14*	Scott	\$30.00
Weightlifting	7:00-8:00 PM	16+	Zach	Free
Kickboxing: Intermediate	7:00-8:00 PM	13+	Bill	Free
Strength Boxing	7:30-8:30 PM	18+	Kenny	Free- \$20 Materials
Teen Body Pump	7:30-8:30 PM	13+	Corrial	Free
Martial Arts: Returning	7:30-8:30 PM	4-14*	Scott	\$30.00
WEDNESDAY				
Baseball	4:00-5:00 PM	10+	Zach	Free
Floor Hockey	5:00-6:00 PM	10+	Jeremy	Free
Soccer Clinic	6:00-7:00 PM	6-7	Zach	Free
Strength & Conditioning	6:00-7:00 PM	18+	Kenny	Free
Self Defense	6:00-7:00 PM	6+	Bill	Free
Women's Self Defense	7:00-8:00 PM	18+	Bill	Free
Weightlifting	7:00-8:00 PM	16+	Zach	Free
Pilates	7:00-8:00 PM	18+	Elaina	Free
Zumba/Zumba Toning	7:00-8:00 PM	18+	Nicole	\$30.00

Fall II Meal Program

Anyone ages **5-12** is able to join us for a free dinner, Tuesday thru Friday in our meeting room.

Dinner will be served from **5:00-6:00 p.m.** or until meals run out for the day.



Empty Bowls Luncheon

Saturday, Nov 8th from 11:00a.m.-1:00p.m.

For \$10 enjoy a delicious bowl of homemade soup and choose a hand crafted pottery bowl.

All proceeds donated to the Mid-Ohio Food Bank

THURSDAY	TIME	AGE	STAFF	FEE
Gym Jams	1:00-2:00 PM	3-5*	Kenny	Free
Homework Help	3:30-4:30 PM	12-	Corrial	Free
Art Fun	4:30-5:00 PM	6+	Zach	Free
Kickball	5:00-6:00 PM	8+	Zach	Free
Jazz Dance	5:30-6:30 PM	6+	Leslie	Free
Game Room Fun	5:30-6:30 PM	8+	Corrial	Free
Cardio Boxing	6:00-7:00 PM	18+	Kenny	Free- \$20 Materials
Soccer Clinic	6:00-7:00 PM	8-9	Zach	Free
Line Dance	6:00-7:00 PM	18+	Monica	\$27.00
Playstation Fun	6:30-7:30 PM	8+	Corrial	Free
Martial Arts: New Student	6:30-7:30 PM	4-14*	Scott	\$30.00
Ceramics	7:00-8:00 PM	18+	Michael	Free
Weightlifting	7:00-8:00 PM	16+	Zach	Free
Volleyball	7:00-8:00 PM	18+	Zach	Free
Martial Arts: Returning	7:30-8:30 PM	4-14*	Scott	\$30.00
Teen Body Pump	7:30-8:30 PM	13+	Corrial	Free
Strength Boxing	7:30-8:30 PM	18+	Kenny	Free- \$20 Materials

FRIDAY				
Homework Help	3:30-4:30 PM	12-	Corrial	Free
Strength & Conditioning	6:00-7:00 PM	18+	Kenny	Free
Playstation Fun	6:30-7:30 PM	8+	Corrial	Free
3-on-3 Basketball	7:30-8:30 PM	10+	Corrial	Free

SATURDAY				
Pre K Basketball Fun	9:30-10:30 AM	3-5*	Corrial	Free
Basketball Skills N' Drills	10:30-11:30 AM	6-10	Corrial	Free
Cardio Boxing	10:00-11:00 AM	18+	Kenny	Free- \$20 Materials
Pilates	10:00-11:00 AM	18+	Elaina	Free
Sporties For Shorties	10:00-11:00 AM	3-5*	Zach	Free
Tennis	11:00-12:00 PM	10+	Zach	Free
Girls Basketball Skills N' Drills	12:00-1:00 PM	6-9	Corrial	Free
Zumba/Zumba Toning	11:30-12:30 PM	18+	Nicole	\$30.00
Girls Basketball Skills N' Drills	1:00-2:00 PM	10-12	Corrial	Free
Hip-Hop Dance	1:00-2:00 PM	8+	Leslie	Free
Weightlifting	2:00-3:00 PM	16+	Zach	Free
Jr. Basketball Clinic	3:00-3:30 PM	7-11	Kenny	Free
Tap Dance	3:00-4:00 PM	8+	Leslie	Free
Fundamentals of Boxing	3:30-4:00 PM	7-11	Kenny	Free
Preschool Martial Arts	4:00-5:00 PM	3-6*	Scott	\$30.00

****Children under the age of 6 must be with a responsible adult at all times in the building.***

FEDDERSEN RECREATION CENTER STAFF

Tommy Brown.....Center Manager

Jeremy McElwain.....Recreation Instructor

Michael Dominguez.....Supervisor

Leslie Smith.....Recreation Instructor

Kenny Langhorne.....Recreation Leader

Connie Ferguson.....Recreation Instructor

Corrial Simpson.....Recreation Instructor

Elaina Biffle.....Pilates Instructor

Zach Davis.....Recreation Instructor

Monica Coleman.....Line Dance Instructor

Bill Casey.....Recreation Instructor

Nicole Glover.....Zumba Instructor

Ben Woods.....Recreation Instructor

Scott Green.....Karate Master