

# HOLTON



# RECREATION CENTER

303 N. Eureka Avenue  
Columbus, Ohio 43204  
(614) 645-3208  
[www.columbusrecparcs.com](http://www.columbusrecparcs.com)  
[www.activenet.active.com/columbusrecparcs](http://www.activenet.active.com/columbusrecparcs)



## WINTER SESSION 2015

### *Registration week*

Tuesday, January 6th-Friday, January 9th

*Hours: 12:30-8:30pm*

Saturday, January 10th

*Hours: 9:30am-5:30pm*

### *Class Session*

Tuesday, January 13th- Saturday, March 14th

*CLOSED: JANUARY 20TH & FEBRUARY 17TH*

### HOURS OF OPERATION

*Tuesday: 12pm-9pm*

*Wednesday: 4pm- 9pm*

*Thursday: 12pm- 9 pm*

*Friday: 12pm- 9pm*

*Saturday: 9am- 6pm*

## Tuesday

Course #	Course	Start	End	Age	Instructor	Fee
28548	Health and Nutrition Class	10:15am	11:00am	18+	Jennifer Acosta	Free
28533/28536	<b>Adult Zumba</b>	<b>11:00am</b>	<b>12:30pm</b>	<b>18+</b>	<b>Esperanza Elliot</b>	<b>\$2/\$20</b>
28558	<b>S.T.R.I.D.E</b> ( <i>Strength Training Rhythmic Interval Dance Exercising</i> )	12:45pm	1:30pm	50+	Jamar Harris	Free
28559	Senior Fitness Orientation	12:45pm	1:30pm	50+	Maggie Davis	Free
28560	Senior Walking Club	1:30pm	2:30pm	50+	Maggie Davis	Free
28562	Cards Games and Table Tennis	1:30pm	2:30pm	50+	Jamar Harris	Free
28539	Children's Hunger Alliance†	4:00pm	5:00pm	5-17	Jamar Harris	Free
28564	OrganWise Nutrition	5:00pm	5:30pm	5-17	Maggie Davis	Free
28540	AfterSchool Adventures: Dodge Ball	4:00pm	5:00pm	6-12	Maggie Davis	Free
28542	Arts & Crafts	4:30pm	5:30pm	6-12	Destiny Wade	Free
28557	PK Playtime	5:30pm	6:15pm	3-5	Jamar Harris	Free
28549	PK Tiny Sculptors	6:30pm	7:15pm	3-5	Destiny Wade	Free
<b>28651</b>	<b>Strength &amp; Cardio</b>	<b>6:30pm</b>	<b>7:30pm</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>See Back</b>
<b>28565</b>	<b>Basketball Practice (12-13)<sup>2</sup></b>	<b>6:30pm</b>	<b>7:30pm</b>	<b>12-13</b>	<b>Rob Searcy</b>	<b>FULL</b>
<b>28652</b>	<b>Weights for Women</b>	<b>7:30pm</b>	<b>8:30pm</b>	<b>18+</b>	<b>Maggie Davis</b>	<b>See Back</b>
—	Youth Karate	7:30pm	8:30pm	6+	Staff	Free

## Wednesday

Course #	Course	Start	End	Age	Instructor	Fee
28539	Children's Hunger Alliance†	4:00pm	5:30pm	5-17	Jamar Harris	Free
28541	AfterSchool Adventures: Indoor Soccer	4:00pm	5:00pm	9+	Maggie Davis	Free
28564	OrganWise Nutrition	5:00pm	5:30pm	5-17	Maggie Davis	Free
28545	Ceramics, Sculpting, and Pottery	4:00pm	5:15pm	6-17	Destiny Wade	Free
<b>28577</b>	<b>Basketball Practice (6-8)<sup>4</sup></b>	<b>5:15pm</b>	<b>6:15pm</b>	<b>6-8</b>	<b>Maggie/Destiny</b>	<b>FULL</b>
<b>28577</b>	<b>Basketball Practice (6-8)<sup>4</sup></b>	<b>5:30pm</b>	<b>6:30pm</b>	<b>6-8</b>	<b>Rob</b>	<b>FULL</b>
28567	Teen Fitness	6:00pm	7:00pm	12-17	Jamar Harris	Free
<b>28568</b>	<b>Basketball Practice (9-11)<sup>3</sup></b>	<b>6:30pm</b>	<b>8:00pm</b>	<b>9-11</b>	<b>Karl/Leon</b>	<b>FULL</b>
28537/28538	<b>Adult Zumba</b>	<b>6:30pm</b>	<b>7:30pm</b>	<b>18+</b>	<b>Tiffanie Steerman</b>	<b>\$2/\$10</b>
<b>28547</b>	<b>Fitness Orientation</b>	<b>7:30p</b>	<b>8:30pm</b>	<b>18+</b>	<b>Maggie Davis</b>	<b>See Back</b>
28566	Group Games	8:00pm	8:45pm	9+	Jamar Harris	Free

## Thursday

Course #	Course	Start	End	Age	Instructor	Fee
28533/28536	<b>Adult Zumba</b>	<b>11:00am</b>	<b>12:30pm</b>	<b>18+</b>	<b>Esperanza Elliot</b>	<b>\$2/\$20</b>
28547	<b>Fitness Orientation</b>	<b>1:00pm</b>	<b>2:30pm</b>	<b>18+</b>	<b>Maggie Davis</b>	<b>See Back</b>
28569	Homeschool Phys. Ed.	1:00pm	1:50pm	6-12	Jamar Harris	Free
28540	AfterSchool Adventures: Dodge Ball	4:00pm	5:00pm	6-12	Rob Searcy	Free
28539	Children's Hunger Alliance†	4:00pm	5:00pm	5-17	Jamar Harris	Free
28564	OrganWise Nutrition	5:00pm	5:30pm	5-17	Maggie Davis	Free
28572	Mini Sports	5:30pm	6:30pm	5-8	Jamar Harris	Free
<b>28612</b>	<b>Ballet and Jazz Fusion++</b>	<b>6:00pm</b>	<b>6:45pm</b>	<b>4-6</b>	<b>Kayla Ridley</b>	<b>\$35</b>
<b>28651</b>	<b>Strength &amp; Cardio</b>	<b>6:30pm</b>	<b>7:30pm</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>See Back</b>
<b>28652</b>	<b>Weights for Women</b>	<b>7:30pm</b>	<b>8:30pm</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>See Back</b>
<b>28565</b>	<b>Basketball Practice (12-13)<sup>2</sup></b>	<b>6:30pm</b>	<b>7:30pm</b>	<b>12-13</b>	<b>Rob Searcy</b>	<b>FULL</b>
<b>28611</b>	<b>Mini Tappers++</b>	<b>6:45pm</b>	<b>7:30pm</b>	<b>6-9</b>	<b>Kayla Ridley</b>	<b>\$35</b>
—	Youth Karate	7:30pm	8:30pm	6+	Staff	Free
28566	Group Games	8:00pm	8:45pm	9+	Rob Searcy	Free

## Friday

Course #	Course	Start	End	Age	Instructor	Fee
<b>28547</b>	<b>Fitness Orientation</b>	<b>1:00pm</b>	<b>2:30pm</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>See Back</b>
28570	Preschool Movement Madness	1:00pm	1:50pm	3-5	Maggie Davis	Free
28549	Preschool Tiny Sculptors	2:00pm	2:50pm	3-5	Maggie Davis	Free
28539	Children's Hunger Alliance†	4:00pm	5:00pm	5-17	Jamar Harris	Free
28564	OrganWise Nutrition	5:00pm	5:30pm	5-17	Maggie Davis	Free
28545	Ceramics, Sculpting, and Pottery	4:00pm	5:15pm	6+	Destiny Wade	Free
28579	AfterSchool Adventures: Table Games	4:00pm	5:15pm	6+	Jamar/Maggie	Free
<b>28511</b>	<b>Cooking, Baking &amp; More</b>	<b>5:30pm</b>	<b>6:30p</b>	<b>6-17</b>	<b>Jadyn Leftridge</b>	<b>\$10 Mtls</b>
<b>28577</b>	<b>Basketball Practice (6-8)</b>	<b>5:15pm</b>	<b>6:15pm</b>	<b>6-8</b>	<b>Maggie/Destiny</b>	<b>FULL</b>
<b>28577</b>	<b>Basketball Practice (6-8)</b>	<b>5:30pm</b>	<b>6:30pm</b>	<b>6-8</b>	<b>Rob Searcy</b>	<b>FULL</b>

## Saturday

Course #	Course	Start	End	Age	Instructor	Fee
28546	Core and Cardio Burn	9:15am	10:00am	18+	Jamar Harris	Free
—	ICBL Games (6-8)	9:30am	1:00pm	6-8	Staff	Free
28542	Arts & Crafts	11:30am	12:30pm	6-17	Jadyn Leftridge	<b>Free</b>
<b>28552</b>	<b>Young Scientists</b>	<b>12:30pm</b>	<b>1:00pm</b>	<b>6-9</b>	<b>Jadyn Leftridge</b>	<b>\$10 Mtls</b>
28587	Table Game Tournaments	1:30pm	2:15pm	6-8	Jadyn Leftridge	Free
28588	Table Game Tournaments	2:15p	3:00pm	9+	Jadyn Leftridge	Free
28589	Mini Hooper Game Play	2:00pm	3:30pm	3-5	Rob/Maggie/Jamar	Free
28566	Group Games	3:30pm	5:00pm	4-17	Rob/Jamar	Free

# SPECIAL EVENTS:

## *Fitness Resolution Solution*

*January 10, 2015*

*10am-2pm*

*Westgate Recreation Center*

*Youth, Adults, & Seniors are WELCOMED!!!*

### *SUMMER CAMP EXPO 2015*

*Tuesday, March 10th*

*5:30-7:30pm*

*Franklin Park Adventure Center*

*1747 E. Broad St., 43203*

*Registration begins- Saturday, March 21st*

*\*Please Note: This does not include Summer  
Rec Club here at Holton.*

### *Fitness Room Policy:*

- ⇒ *Ages 18yrs.+*
  - ⇒ *Free for 13-17 with adult.*
  - ⇒ *Must pay \$5.00 per program session.*
  - ⇒ *Must purchase a leisure card for \$1.00.*
  - ⇒ *Must fill out fitness room release form*
  - ⇒ *Must wear closed toe shoes.*
  - ⇒ *Hours of operation:*
    - *Tuesday, Thursday, and Friday- 12:30- 8:45pm*
    - *Wednesday- 4:30-8:45pm*
    - *Saturday- 9:00-5:45pm*
- Strength & Cardio, Weights 4 Women, and Fitness  
Orientation require a fitness room pass.*
- For any more information please speak  
with a Holton staff person.*

*Children's Hunger Alliance*

*After School Food Program*

*For kids grades K-12*

*Tuesday-Friday: 3:30-5:30pm*

*Children must be registered and participate in  
Holton's classes and programs.*

*\*USDA is an equal opportunity provider and employer.*

*Center Manager:*

*Bryana A. Ross*

*Recreation Supervisor:*

*Maggie Davis*

*Recreation Leader:*

*Jamar Harris*

*Recreation Aids:*

*Jadyn Leftridge*

*Rob Searcy*

*Destiny Wade*

*Contract Instructors:*

*Esperanza Elliot*

*Kayla Ridley*

*Chanel Woods*

*Tiffanie Steerman*



This institution is an equal opportunity provider.

# NEW PROGRAMS!

**50+ Programs are HERE!**

**PROGRAMS ARE TUESDAYS BETWEEN 12:30-2:30pm**

***\*Check the schedule for specific times for each program.\****

## **S.T.R.I.D.E.— Strength Training Rhythmic Interval Dance Exercise**

*This is a great way to get your groove on while getting a great workout!*

### **Senior Fitness Orientation**

*Learn how to begin a workout routine for your needs or work with groups to challenge yourself.*

### **Senior Walking Club**

*Accumulate walking miles and reach new milestones to get you in great shape!*

### **Card Game, Table Tennis, & Billiards Tournaments**

*Enjoy the fun of playing spades, bid wist, euchre, table tennis, and pool against your friends and see who can rule the tables.*

## **Start the New Year off right...Adult Fitness Classes!**



**Tuesday & Thursday**

11am-12:30pm

***\$2 per class or \$20 for all classes***

**Wednesday**

6:30p-7:30pm

***\$2 per class or \$10 for all classes.***

*\*Payment in one class doesn't cover payment in another class.\**

### **Core, Cardio, and Burn!!!**

*Get a great sweat in, define those abs, and burn a lot of calories!*

Saturdays

9:15am-10am

**FREE**

### **Strength & Cardio Class**

*Start the new year off right by increasing your strength and cardio and meet your new fitness goals!*

**Tuesday & Thursday— 6:30-7:30pm**

***\$5 fitness room fee for 9 weeks.***

### **Balanced Fit**

*Center your mind while stretching and relaxing your body.*

**Saturdays**

10am-11am

***\$10 per class or \$45 for all classes.***

### **Weights 4 Women**

*A class geared towards women looking to improve fitness goals and have a great workout!*

**Tuesday & Thursday— 7:30-8:30pm**

***\$5 fitness room fee for 9 weeks.***

### **Fitness Orientation**

*Get help with learning to use the fitness room and reach your fitness goals.*

**Wednesday— 7:30-8:30**

**Thursday & Friday— 1:00-2:30pm**

***\$5 Fitness Room Fee***

## REGISTRATION POLICIES

- ⇒ Everyone 6 years and older must have a leisure card to enter the building or register for classes. Cards are \$1.00 for a one-year membership. If lost within 1 year, there is a \$1.00 replacement fee.
- ⇒ All payments must be received at time of registration or at check in for per class fees in order to participate or to secure the class spot.
- ⇒ Registration can also be done online at <http://activenet.active.com/columbusrecparks>.
- ⇒ Cash, checks, and credit cards are accepted for classes **EXCEPT MATERIALS FEE (Mtl.) CLASSES**. Checks for classes are made payable to City of Columbus. There is an additional 20% class fee for NON-RESIDENTS. **Material fees (Mtls.) are to be paid at the front desk by cash only.**
- ⇒ Ages are determined as of the first meeting of the class, unless otherwise noted. Any exceptions need to be made by the instructor and center manager.
- ⇒ ***Parents must remain in the building during class time for children ages 5 and under. NO EXCEPTIONS!***
- ⇒ Scholarships for children are available, depending on family income, through the **P.L.A.Y.** program. This program does **not** cover youth athletic leagues or material fees. This program will pay up to \$20 of one class's fee per child per session. The scholarship money may **not** be split to pay part of two or more classes. Applications must be submitted by **January 24, 2015**.

