

HOLTON



RECREATION CENTER

303 N. Eureka Avenue
Columbus, Ohio 43204
(614) 645-3208
www.columbusrecparcs.com
www.activenet.active.com/columbusrecparcs



WINTER SESSION 2015

Registration week

Tuesday, January 6th-Friday, January 9th

Hours: 12:30-8:30pm

Saturday, January 10th

Hours: 9:30am-5:30pm

Class Session

Tuesday, January 13th- Saturday, March 14th

CLOSED: JANUARY 20TH & FEBRUARY 17TH

HOURS OF OPERATION

Tuesday: 12pm-9pm

Wednesday: 4pm- 9pm

Thursday: 12pm- 9 pm

Friday: 12pm- 9pm

Saturday: 9am- 6pm

Tuesday

| Course # | Course | Start | End | Age | Instructor | Fee |
|--------------|--|----------------|----------------|--------------|-------------------------|-----------------|
| 28548 | Health and Nutrition Class | 10:15am | 11:00am | 18+ | Jennifer Acosta | Free |
| 28533/28536 | Adult Zumba | 11:00am | 12:30pm | 18+ | Esperanza Elliot | \$2/\$20 |
| 28558 | S.T.R.I.D.E (<i>Strength Training Rhythmic Interval Dance Exercising</i>) | 12:45pm | 1:30pm | 50+ | Jamar Harris | Free |
| 28559 | Senior Fitness Orientation | 12:45pm | 1:30pm | 50+ | Maggie Davis | Free |
| 28560 | Senior Walking Club | 1:30pm | 2:30pm | 50+ | Maggie Davis | Free |
| 28562 | Cards Games and Table Tennis | 1:30pm | 2:30pm | 50+ | Jamar Harris | Free |
| 28539 | Children's Hunger Alliance† | 4:00pm | 5:00pm | 5-17 | Jamar Harris | Free |
| 28564 | OrganWise Nutrition | 5:00pm | 5:30pm | 5-17 | Maggie Davis | Free |
| 28540 | AfterSchool Adventures: Dodge Ball | 4:00pm | 5:00pm | 6-12 | Maggie Davis | Free |
| 28542 | Arts & Crafts | 4:30pm | 5:30pm | 6-12 | Destiny Wade | Free |
| 28557 | PK Playtime | 5:30pm | 6:15pm | 3-5 | Jamar Harris | Free |
| 28549 | PK Tiny Sculptors | 6:30pm | 7:15pm | 3-5 | Destiny Wade | Free |
| 28651 | Strength & Cardio | 6:30pm | 7:30pm | 18+ | Jamar Harris | See Back |
| 28565 | Basketball Practice (12-13)² | 6:30pm | 7:30pm | 12-13 | Rob Searcy | FULL |
| 28652 | Weights for Women | 7:30pm | 8:30pm | 18+ | Maggie Davis | See Back |
| 28566 | Group Games | 8:00pm | 8:45pm | 9+ | Staff | Free |

Wednesday

| Course # | Course | Start | End | Age | Instructor | Fee |
|--------------|---|---------------|---------------|-------------|--------------------------|-----------------|
| 28539 | Children's Hunger Alliance† | 4:00pm | 5:30pm | 5-17 | Jamar Harris | Free |
| 28541 | AfterSchool Adventures: Indoor Soccer | 4:00pm | 5:00pm | 9+ | Maggie Davis | Free |
| 28564 | OrganWise Nutrition | 5:00pm | 5:30pm | 5-17 | Maggie Davis | Free |
| 28545 | Ceramics, Sculpting, and Pottery | 4:00pm | 5:15pm | 6-17 | Destiny Wade | Free |
| 28577 | Basketball Practice (6-8)⁴ | 5:15pm | 6:15pm | 6-8 | Maggie/Destiny | FULL |
| 28577 | Basketball Practice (6-8)⁴ | 5:30pm | 6:30pm | 6-8 | Rob | FULL |
| 28567 | Teen Fitness | 6:00pm | 7:00pm | 12-17 | Jamar Harris | Free |
| 28568 | Basketball Practice (9-11)³ | 6:30pm | 8:00pm | 9-11 | Karl/Leon | FULL |
| 28537/28538 | Adult Zumba | 6:30pm | 7:30pm | 18+ | Tiffanie Steerman | \$2/\$10 |
| 28547 | Fitness Orientation | 7:30p | 8:30pm | 18+ | Maggie Davis | See Back |
| 28566 | Group Games | 8:00pm | 8:45pm | 9+ | Jamar Harris | Free |

Thursday

| Course # | Course | Start | End | Age | Instructor | Fee |
|--------------------|--|----------------|----------------|--------------|-------------------------|-----------------|
| 28533/28536 | Adult Zumba | 11:00am | 12:30pm | 18+ | Esperanza Elliot | \$2/\$20 |
| 28547 | Fitness Orientation | 1:00pm | 2:30pm | 18+ | Maggie Davis | See Back |
| 28569 | Homeschool Phys. Ed. | 1:00pm | 1:50pm | 6-12 | Jamar Harris | Free |
| 28540 | AfterSchool Adventures: Dodge Ball | 4:00pm | 5:00pm | 6-12 | Rob Searcy | Free |
| 28539 | Children's Hunger Alliance [†] | 4:00pm | 5:00pm | 5-17 | Jamar Harris | Free |
| 28564 | OrganWise Nutrition | 5:00pm | 5:30pm | 5-17 | Maggie Davis | Free |
| 28572 | Mini Sports | 5:30pm | 6:30pm | 5-8 | Jamar Harris | Free |
| 28612 | Ballet and Jazz Fusion⁺⁺ | 6:00pm | 6:45pm | 4-6 | Kayla Ridley | \$35 |
| 28651 | Strength & Cardio | 6:30pm | 7:30pm | 18+ | Jamar Harris | See Back |
| 28652 | Weights for Women | 7:30pm | 8:30pm | 18+ | Jamar Harris | See Back |
| 28565 | Basketball Practice (12-13)² | 6:30pm | 7:30pm | 12-13 | Rob Searcy | FULL |
| 28611 | Mini Tappers⁺⁺ | 6:45pm | 7:30pm | 6-9 | Kayla Ridley | \$35 |
| 28566 | Group Games | 8:00pm | 8:45pm | 9+ | Rob Searcy | Free |

Friday

| Course # | Course | Start | End | Age | Instructor | Fee |
|--------------|---|---------------|---------------|-------------|------------------------|------------------|
| 28547 | Fitness Orientation | 1:00pm | 2:30pm | 18+ | Jamar Harris | See Back |
| 28570 | Preschool Movement Madness | 1:00pm | 1:50pm | 3-5 | Maggie Davis | Free |
| 28549 | Preschool Tiny Sculptors | 2:00pm | 2:50pm | 3-5 | Maggie Davis | Free |
| 28539 | Children's Hunger Alliance [†] | 4:00pm | 5:00pm | 5-17 | Jamar Harris | Free |
| 28564 | OrganWise Nutrition | 5:00pm | 5:30pm | 5-17 | Maggie Davis | Free |
| 28545 | Ceramics, Sculpting, and Pottery | 4:00pm | 5:15pm | 6+ | Destiny Wade | Free |
| 28579 | AfterSchool Adventures: Table Games | 4:00pm | 5:15pm | 6+ | Jamar/Maggie | Free |
| 28511 | Cooking, Baking & More | 5:30pm | 6:30p | 6-17 | Jadyn Leftridge | \$10 Mtls |
| 28577 | Basketball Practice (6-8) | 5:15pm | 6:15pm | 6-8 | Maggie/Destiny | FULL |
| 28577 | Basketball Practice (6-8) | 5:30pm | 6:30pm | 6-8 | Rob Searcy | FULL |
| — | ICBL Games (12-13) | 6:30pm | 8:30pm | 12-13 | Staff | Free |

Saturday

| Course # | Course | Start | End | Age | Instructor | Fee |
|--------------------|-------------------------|----------------|----------------|------------|------------------------|------------------|
| 28546 | Core and Cardio Burn | 9:15am | 10:00am | 18+ | Jamar Harris | Free |
| — | ICBL Games (6-8) | 9:30am | 1:00pm | 6-8 | Staff | Free |
| 28543/28544 | Balanced Fit | 10:00am | 11:00am | 18+ | Chanel Woods | \$45/\$10 |
| 28542 | Arts & Crafts | 11:30am | 12:30pm | 6-17 | Jadyn Leftridge | Free |
| 28552 | Young Scientists | 12:30pm | 1:00pm | 6-9 | Jadyn Leftridge | \$10 Mtls |
| 28587 | Table Game Tournaments | 1:30pm | 2:15pm | 6-8 | Jadyn Leftridge | Free |
| 28588 | Table Game Tournaments | 2:15p | 3:00pm | 9+ | Jadyn Leftridge | Free |
| 28589 | Mini Hooper Game Play | 2:00pm | 3:30pm | 3-5 | Rob/Maggie/Jamar | Free |
| 28566 | Group Games | 3:30pm | 5:00pm | 4-17 | Rob/Jamar | Free |

SPECIAL EVENTS:

Fitness Resolution Solution

January 10, 2015

10am-2pm

Westgate Recreation Center

Youth, Adults, & Seniors are WELCOMED!!!

SUMMER CAMP EXPO 2015

Tuesday, March 10th

5:30-7:30pm

Franklin Park Adventure Center

1747 E. Broad St., 43203

Registration begins- Saturday, March 21st

**Please Note: This does not include Summer
Rec Club here at Holton.*

Fitness Room Policy:

- ⇒ *Ages 18yrs.+*
- ⇒ *Free for 13-17 with adult.*
- ⇒ *Must pay \$5.00 per program session.*
- ⇒ *Must purchase a leisure card for \$1.00.*
- ⇒ *Must fill out fitness room release form*
- ⇒ *Must wear closed toe shoes.*
- ⇒ *Hours of operation:*
 - *Tuesday, Thursday, and Friday- 12:30- 8:45pm*
 - *Wednesday- 4:30-8:45pm*
 - *Saturday- 9:00-5:45pm*

*Strength & Cardio, Weights 4 Women, and Fitness
Orientation require a fitness room pass.*

*For any more information please speak
with a Holton staff person.*

Children's Hunger Alliance

After School Food Program

For kids grades K-12

Tuesday-Friday: 3:30-5:30pm

*Children must be registered and participate in
Holton's classes and programs.*

**USDA is an equal opportunity provider and employer.*

Center Manager:

Bryana A. Ross

Recreation Supervisor:

Maggie Davis

Recreation Leader:

Jamar Harris

Recreation Aids:

Jadyn Leftridge

Rob Searcy

Destiny Wade

Contract Instructors:

Esperanza Elliot

Kayla Ridley

Chanel Woods

Tiffanie Steerman



This institution is an equal opportunity provider.

NEW PROGRAMS!

50+ Programs are HERE!

PROGRAMS ARE TUESDAYS BETWEEN 12:30-2:30pm

****Check the schedule for specific times for each program.****

S.T.R.I.D.E.— Strength Training Rhythmic Interval Dance Exercise

This is a great way to get your groove on while getting a great workout!

Senior Fitness Orientation

Learn how to begin a workout routine for your needs or work with groups to challenge yourself.

Senior Walking Club

Accumulate walking miles and reach new milestones to get you in great shape!

Card Game, Table Tennis, & Billiards Tournaments

Enjoy the fun of playing spades, bid wist, euchre, table tennis, and pool against your friends and see who can rule the tables.

Start the New Year off right...Adult Fitness Classes!



Tuesday & Thursday

11am-12:30pm

\$2 per class or \$20 for all classes

Wednesday

6:30p-7:30pm

\$2 per class or \$10 for all classes.

Payment in one class doesn't cover payment in another class.

Core, Cardio, and Burn!!!

Get a great sweat in, define those abs, and burn a lot of calories!

Saturdays

9:15am-10am

FREE

Strength & Cardio Class

Start the new year off right by increasing your strength and cardio and meet your new fitness goals!

Tuesday & Thursday— 6:30-7:30pm

\$5 fitness room fee for 9 weeks.

Balanced Fit

Center your mind while stretching and relaxing your body.

Saturdays

10am-11am

\$10 per class or \$45 for all classes.

Weights 4 Women

A class geared towards women looking to improve fitness goals and have a great workout!

Tuesday & Thursday— 7:30-8:30pm

\$5 fitness room fee for 9 weeks.

Fitness Orientation

Get help with learning to use the fitness room and reach your fitness goals.

Wednesday— 7:30-8:30

Thursday & Friday— 1:00-2:30pm

\$5 Fitness Room Fee

REGISTRATION POLICIES

- ⇒ Everyone 6 years and older must have a leisure card to enter the building or register for classes. Cards are \$1.00 for a one-year membership. If lost within 1 year, there is a \$1.00 replacement fee.
- ⇒ All payments must be received at time of registration or at check in for per class fees in order to participate or to secure the class spot.
- ⇒ Registration can also be done online at <http://activenet.active.com/columbusrecparks>.
- ⇒ Cash, checks, and credit cards are accepted for classes **EXCEPT MATERIALS FEE (Mtl.) CLASSES**. Checks for classes are made payable to City of Columbus. There is an additional 20% class fee for NON-RESIDENTS. **Material fees (Mtls.) are to be paid at the front desk by cash only.**
- ⇒ Ages are determined as of the first meeting of the class, unless otherwise noted. Any exceptions need to be made by the instructor and center manager.
- ⇒ ***Parents must remain in the building during class time for children ages 5 and under. NO EXCEPTIONS!***
- ⇒ Scholarships for children are available, depending on family income, through the **P.L.A.Y.** program. This program does **not** cover youth athletic leagues or material fees. This program will pay up to \$20 of one class's fee per child per session. The scholarship money may **not** be split to pay part of two or more classes. Applications must be submitted by **January 24, 2015**.

