

# Holton Community Recreation Center

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303 N. Eureka Ave. Columbus, OH 43204  
(614) 645-3208  
Center Manager: Bryana Ross



**2016 Winter Program Session**  
Registration: Begins January 5, 2016  
Session: January 12 - March 12, 2016

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## Hours of Operation:

Sunday - Closed  
Monday - 5:30pm to 9:00pm  
Tuesday - 10:00am to 9:00pm  
Wednesday - 3:00pm to 9:00pm  
Thursday - 11:00am to 9:00pm  
Friday - 12:00pm to 9:00pm  
Saturday - 9:00am to 6:00pm

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[WWW.COLUMBUSRECPARKS.COM](http://WWW.COLUMBUSRECPARKS.COM)

**Register for classes:**

[APM.ACTIVECOMMUNITIES.COM/  
COLUMBUSRECPARKS](http://APM.ACTIVECOMMUNITIES.COM/COLUMBUSRECPARKS)



*This institute is an equal opportunity provider and employer.*

## REGISTRATION POLICIES

- ⇒ Everyone 6 years and older must have a leisure card to enter the building or register for classes. Cards are \$1.00 for a one-year membership. If lost within 1 year, there is a \$1.00 replacement fee.
- ⇒ All payments must be received at time of registration or at check in for per class fees in order to participate or to secure the class spot.
- ⇒ Registration can also be done online at <https://apm.activecommunities.com/columbusrecparks>
- ⇒ Cash, checks, and credit cards are accepted for classes **EXCEPT MATERIALS FEE (Mtls.) CLASSES.** Checks for classes are made payable to City of Columbus. There is an additional 20% class fee for NON-RESIDENTS. **Material fees (Mtls.) are to be paid at the front desk by cash only.**
- ⇒ Ages are determined as of the first meeting of the class, unless otherwise noted. Any exceptions need to be made by the instructor and center manager.
- ⇒ **Parents must remain in the building during class time for children ages 5 and under. NO EXCEPTIONS!**
- ⇒ Scholarships for children are available, depending on family income, through the P.L.A.Y. program. This program does **not** cover youth athletic leagues or material fees. This program will pay up to \$20 of one class's fee per child per session. The scholarship money may **not** be split to pay part of two or more classes. Applications must be submitted by **January 30th.**

## CLASS DESCRIPTIONS

**After School Adventures— (Tues-Fri— 4p)** This is a FREE afterschool scheduled program that each day provides various games and activities. It starts with an after school hot meal through the Children's Hunger Alliance. Games and creative arts will include, teen basketball, arts & crafts, ceramics, NCAA game tournaments, indoor tennis, and gym games.

**Beginner Gymnastics— \$\$ (Mon— 5:45p)** This class is for Level 1 and Level 2 ability. Beginner gymnastics allows participants to build up their skills to hopefully make the competitive team. The coach will make evaluations on level of skill. Participants part of the beginner gymnastics class are more than welcome to attend the competitions to watch and learn from other gymnasts. They will not be able to compete until they have been added to the team roster.

**CycleBox— \$\$ (Wed— 6:30-7:30p)** This class will combine the cardio of cycling for 30 minutes with the cardio and upper body work of boxing. We will be hitting boxing bags and strengthen our core for quick and powerful moves. Bring your own wraps and gloves or purchase from the center. Registration and payment of fees well in advance will allow for your wraps to be available for the first day of class. *Space is limited!*

**Cycle & Burn— \$\$ (Sat— 9:30a)** This class focuses on the entire body in all aspects: cardio, weight training, and core strength. This class is intense and will push you to new limits. Starting January 16th each week will alternate between cycling and core, cardio, and burn. You pay for the entire class as a whole not for each individual week. *Space is limited!*

**Mini Hoopers— \$\$ (Tues— 6:00pm)** This 45-minute program is an extension of the Mini Hoopers program from the Fall 2 session. There are 2 mini sessions, 3 weeks each. Your child, age 3-5 years old, will learn fundamentals of basketball: dribbling, passing, positions, defense, and shooting. Each three (3) week session is \$3 separately or \$5 combined. Please ask staff for more information.

**Team Gymnastics—\$\$ (Mon— @ Holton 6:30p/Fri— @Westgate 7:30p)** This is a competitive team gymnastics program. Participants of this team will compete at meets December through May against other recreation centers in hopes of winning in individual or team competition. Level of skill is determined by the coach. This program takes dedication and commitment. Attendance to practice is required to compete in the meets. There is a \$50 fee that can be used with P.L.A.Y. This fee does not cover costs of uniforms or any other needs. Fundraisers and other opportunities will be made available. **\*\*Please Note:** Registration will not be available for the team after the January 23rd meet. Ask staff for more information.

**Wellness Lifestyle— (Tues/Thurs 6:15p)** Wellness Lifestyle is an active process of becoming aware of and making choices toward a healthy and fulfilling life. "...a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity." In this class, participants will cover healthy eating tips, daily planners, and setting short and long term goals for your health. Each week will provide weigh-ins to keep you on top of your journey and achievement of goals.

# Monday

Course #	Course	Start	End	Age	Instructor	Fee
35985	Beginner Gymnastics (See Descriptions)	5:45p	6:30p	4-14	Natascha Cook	\$25 P.L.A.Y.
35987	Youth Basketball (6-8)	6:00p	6:45p	6-8	Rob Searcy	FULL
35988	Team Gymnastics (See Descriptions)	6:30p	8:00p	5-18	Natascha Cook	\$50 P.L.A.Y.
35989	Youth Basketball (12-13)	7:30p	8:30p	12-13	Rob Searcy	FULL

# Tuesday

Course #	Course	Start	End	Age	Instructor	Fee
35991	Health and Nutrition Class	10:00a	11:00a	18+	Jennifer Acosta	Free
35994/35998	Zumba	11:15a	12:15p	18+	Esperanza Elliot	\$5/\$25
35999	Adult Basketball	12:30p	3:30p	18+	Maggie Davis	Free
36001	Fitness Orientation	1:00p	3:00p	18+	Jamar Harris	\$5 FIT PASS
36002	OrganWise Nutrition	4:00p	4:30p	5-17	Maggie Davis	Free
36003	Children's Hunger Alliance†	4:00p	5:00p	5-17	Jamar Harris	Free
36005	AfterSchool Adventures: NCAA Game Tournaments	5:00p	6:30p	6-12	Rob Searcy	Free
36006	AfterSchool Adventures: Ceramics	4:30p	6:00p	6-12	Ms. Anderson	Free
36007/36008	Mini Hoopers (See Descriptions)	6:00p	6:45p	3-5	Staff	\$3/\$5
36009	Karate	6:30p	7:30p	6+	Ellis Jennings, Jr.	\$30 P.L.A.Y.
36013	Wellness Lifestyle	6:15p	6:45p	18+	Jamar Harris	Free
36011	Core, Cardio, & Burn	6:45p	7:45p	18+	Jamar Harris	\$5 FIT PASS

# Wednesday

Course #	Course	Start	End	Age	Instructor	Fee
36003	Children's Hunger Alliance†	4:00p	5:00p	5-17	Jamar Harris	Free
36002	OrganWise Nutrition	4:30p	4:00p	5-17	Maggie Davis	Free
36001	AfterSchool Adventures: Arts & Crafts	4:30p	6:00p	6+	Maggie Davis	Free
36015	AfterSchool Adventures: Teen Basketball	4:30p	6:00p	12+	Jamar Harris	Free
36014	Youth Basketball (9-11)	6:00p	7:30p	9-11	Karl & Leon	FULL
36016	CycleBox (8 weeks— Class runs 1/20-3/9)	6:30p	7:30p	18+	Bryana Ross	\$20 Cash Only
35989	Youth Basketball (12-13)	7:30p	8:30p	12-13	Rob Searcy	FULL

†Children's Hunger Alliance is a **FREE** food program for children in grades K-12 that are registered and participate in our classes and programs.

## Thursday

Course #	Course	Start	End	Age	Instructor	Fee
<b>35994/35998</b>	<b>Zumba</b>	<b>11:15a</b>	<b>12:15p</b>	<b>18+</b>	<b>Esperanza Elliot</b>	<b>\$5/\$25</b>
36108	Senior Trips, Fitness, and Activities	12:30p	2:30p	50+	Staff	Free
35999	Adult Basketball	12:30p	3:30p	18+	Jamar Harris	Free
<b>36001</b>	<b>Fitness Orientation</b>	<b>1:00p</b>	<b>3:00p</b>	<b>18+</b>	<b>Maggie Davis</b>	<b>\$5 FIT Pass</b>
36003	Children's Hunger Alliance <sup>†</sup>	4:00p	5:00p	5-17	Jamar Harris	Free
36002	OrganWise Nutrition	4:00p	4:30p	5-17	Maggie Davis	Free
<b>36017</b>	<b><i>AfterSchool Adventures: Archery Runs Jan. 14th-Feb. 4th</i></b>	<b>5:00p</b>	<b>6:00p</b>	<b>6-12</b>	<b>Jamar Harris</b>	<b>\$20 P.L.A.Y.</b>
36111	<i>AfterSchool Adventures: Indoor Tennis Runs Feb. 18th-Mar. 10th</i>	5:00p	6:00p	6-12	Jamar Harris	FREE
36006	<i>AfterSchool Adventures: Ceramics</i>	5:00p	6:30p	6+	Ms. Anderson	Free
36018	Sisters With Choices	5:30p	7:30p	13-17	Charde Harris	Free
<b>36009</b>	<b>Karate</b>	<b>6:30p</b>	<b>7:30p</b>	<b>6+</b>	<b>Ellis Jennings, Jr.</b>	<b>\$30 P.L.A.Y.</b>
<b>36013</b>	<b>Wellness Lifestyle</b>	<b>6:15p</b>	<b>6:45p</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>Free</b>
<b>36011</b>	<b>Core, Cardio &amp; Burn</b>	<b>6:45p</b>	<b>7:45p</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>\$5 FIT PASS</b>

## Friday

Course #	Course	Start	End	Age	Instructor	Fee
<b>36001</b>	<b>Fitness Orientation</b>	<b>1:00p</b>	<b>3:00p</b>	<b>18+</b>	<b>Jamar Harris</b>	<b>\$5 FIT Pass</b>
36003	Children's Hunger Alliance <sup>†</sup>	4:00p	5:00p	5-17	Jamar Harris	Free
36002	OrganWise Nutrition	4:00p	4:30p	5-17	Maggie Davis	Free
36001	<i>AfterSchool Adventures: Arts &amp; Crafts</i>	5:00p	6:00p	6+	Maggie Davis	Free
36024	<i>AfterSchool Adventures: Gym Games</i>	4:30p	6:00p	9+	Jamar Harris	Free
<b>36014</b>	<b>Youth Basketball (9-11)</b>	<b>6:00p</b>	<b>7:00p</b>	<b>9-11</b>	<b>Karl &amp; Leon</b>	<b>FULL</b>
36019	Youth Boxing	6:00p	8:00p	8+	Terence Hines, Sr.	Free
<b>35987</b>	<b>Youth Basketball (6-8)</b>	<b>7:00p</b>	<b>8:00p</b>	<b>6-8</b>	<b>Rob Searcy</b>	<b>FULL</b>
<b>35988</b>	<b>Team Gymnastics (@ Westgate)</b>	<b>7:30p</b>	<b>8:30p</b>	<b>5-18</b>	<b>Natascha Cook</b>	<b>\$50 P.L.A.Y.</b>

## Saturday

Course #	Course	Start	End	Age	Instructor	Fee
<b>36020</b>	<b>Cycle &amp; Burn (See Descriptions)</b>	<b>9:30a</b>	<b>10:30a</b>	<b>18+</b>	<b>Bryana/Jamar</b>	<b>\$20 Mtls. Cash Only</b>
<b>35987</b>	<b>ICBL (6-8) Games</b>	<b>10:00a</b>	<b>1:00p</b>	<b>6-8</b>	<b>Staff</b>	<b>—</b>
<b>36021/36022</b>	<b>Zumba</b>	<b>10:30a</b>	<b>11:30a</b>	<b>18+</b>	<b>Richelle Ginn</b>	<b>\$5/\$25</b>
36023	Youth Dance Session	11:30a	12:30p	6+	Myleiah Thomas	Free
36019	Youth Boxing	12:30p	2:30p	8+	Terence Hines, Sr.	Free
35999	Adult Basketball Open Gym	2:00p	4:00p	18+	Staff	Free
36025	Group Gym Games	4:00p	5:45p	6+	Randy West	Free

# SPECIAL EVENTS & PROGRAMMING:

## TEEN NIGHT SPRING FLING

*March 25th*

*6:30pm-8:00pm*

*Kids 13-17yrs. old*

*Games, candy, & fun for teens!*

## SPRING FLING EGG HUNT!

*March 26th*

*10am-11:30am*

*Kids 12 and Under*

*Candy, Games, Prizes, and FUN!*



# *Fitness* **RESOLUTION** **SOLUTION**

**JANUARY 9, 2016**

**10:00am-2:00pm**

**SCHILLER COMMUNITY CENTER**

**1069 Jaeger St., Columbus, OH 43206**

- ◇ **FREE Family-friendly event!**
- ◇ **Sample fitness activities and become eligible to win great prizes!**
- ◇ **With the most participants in attendance, Holton could win new fitness equipment!**

# SENIOR PROGRAMS

## 50+ Programs & Events are HERE!

**\*\*Transportation is available, first come first serve for up to 12 people. \*\***  
**For any questions or more information please speak with Holton Staff.**

**January 6th— Breakfast for Lunch at Martin Janis Center**

**\*\*Must pay for your own lunch.\*\***

**January 14th— Senior Bowling @ Holiday Lanes AND Golden Corral**

**\*\*Ask staff for details of cost for bowling and meal.\*\***

**Additional Dates and Events will be added on an ongoing basis. Please ask Holton staff for updated information or go online to our website to look for our flyers.**

**<https://www.columbus.gov/recreationandparks/recreation-centers/Holton-Community-Recreation-Center/>**

### Recreation Staff:

**Center Manager: Bryana A. Ross**

**Recreation Supervisor: Maggie Davis**

**Recreation Leader: Jamar Harris**

**Recreation Instructor: Ms. Anderson**

**Recreation Instructor: Terence Hines, Sr.**

**Recreation Instructor: Randy West**

**Recreation Aid: Robert Searcy**

**Recreation Aid: Myleiah Thomas**

**Custodian: Jessie Tatum**

### Contract Instructors:

**Natascha Cook— Beginner Gymnastics &  
Team Gymnastics Coach**

**Esperanza Elliot— Zumba (Tuesday & Thursday)**

**Richelle Ginn— Zumba (Saturday)**

**Ellis Jennings, Jr. — Karate**

### Volunteers:

**Karl Wilson— Youth Basketball Coach (9-11)**

**Leon Ross— Youth Basketball Coach (9-11)**

### CRC Volunteers:

**Michelle Phillips— President**

**Charde Harris— Vice President**

**Suni Bible— Treasurer**

**Michelle Pritchett— Secretary**

**Viola Anderson— Member**

**Sharry Carrey— Member**

**Children's Hunger Alliance  
After School Food Program  
For kids grades K-12  
Tuesday-Friday: 4:00p-5:00pm  
Children must be registered and participate in  
Holton's classes and programs.**

**\*USDA is an equal opportunity provider and employer.**

### Fitness Room Policy:

- ⇒ **Ages 18yrs.+**
- ⇒ **Free for 13-17 with adult.**
- ⇒ **FIT Pass fee \$5.00 per quarterly session.**
- ⇒ **Must purchase a leisure card for \$1.00.**
- ⇒ **Must fill out fitness room release form**
- ⇒ **Must wear closed toe shoes.**
- ⇒ **Hours of operation:**
  - **Monday— 5:30pm-8:45pm**
  - **Tuesday, Thursday, and Friday- 12:30- 8:45pm**
  - **Wednesday— 3:30-8:45pm**
  - **Saturday— 9:00-5:45pm**

**Core, Cardio, & Burn and**

**Fitness Orientation require a FIT Pass.**

**For any more information please speak with a  
Holton staff person.**