2014 Spring Schedule

Tuesday		Registration #:
12:00-3:00	Fitness Program (A)	23042
	Weight training (A)	
	Basketball (A)	
12:00-3:00	Ceramics (A)	23046
3:00-4:00	3 on 3 B-ball (organize team) (E/T)	
4:00-8:00	A & L Homework/Tutoring (6-18 yrs.)	23054
4:00-5:00	Afterschool Meals (E/T)	23051
	Ceramics (E/T)	23107
4:00-6:00	3 on 3 B-ball (T)	23055
	Wrestling (E/T)	23052
6:00-7:00	Aerobics (A) $25	23112
6:00-7:15	Basketball A (5-8 yrs.)	23091
6:00-8:00	Step Team (10-13 yrs.)	23102
7:00-8:00	Karate (E/T/A) $20	23140
7:00-8:30	Line Dance Team (18-49)	23109
	Game room activities (T/A)	23108
7:15-8:30	Basketball B (5-8 yrs.)	23091

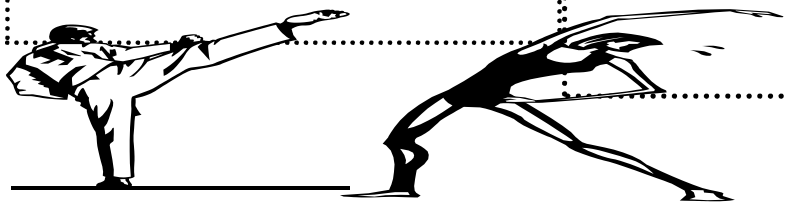
Wednesday		Registration #:
12:00-3:00	Workshops/Meetings (A)	
3:00-4:00	Softball (E/T)	23049
	Gardening club (E/T/A)	23050
4:00-5:00	Afterschool Meals (E/T)	23051
4:00-5:30	Tennis (E/T)	23053
4:00-6:00	Conditioning w/Kids $20 (E/T)	23113
	3 on 3 B-ball (9-11 yrs.)	23056
	Step Team (10-13 yrs.)	23102
5:30-7:00	Synergy Dance Team Practice	
6:00-7:30	50+ Line Dance Team (A)	23111
7:00-8:30	VIP Drill Team Practice (E/T)	
	Weight training (T/A)	23101
	Backgammon club (T/A)	23104
7:30-8:45	"Sports & More" (T/A)	23110

Thursday		Registration #:
12:00-3:00	Fitness Program (A)	23042
	Weight training (A)	
	Basketball (A)	
12:00-3:00	Ceramics (A)	23046
3:00-4:00	3 on 3 B-ball (organize team) (E/T)	
4:00-8:00	A & L Homework/Tutoring (6-18 yrs.)	23054
4:00-5:00	Afterschool Meals (E/T)	23051
	Ceramics (E/T)	23107
4:00-6:00	3 on 3 B-ball (T)	23055
	Wrestling (E/T)	23052
5:00-7:00	Teen club (T)	23105
6:00-7:00	Aerobics (A) $25	23112
6:00-7:15	Basketball C (9-11 yrs.)	23098
7:00-8:00	Karate (E/T/A) $20	23140
7:00-8:30	Line Dance Team (18-49)	23109
	Game room activities (T/A)	23108
7:15-8:30	Basketball D (9-11 yrs.)	23098

E Elementary

T Teen

A Adult



"Our mission is to enrich the lives of our citizens"

Friday		Registration #:
12:00-3:00	Adult Fitness Program (A)	23042
	Weight training (A)	
	Basketball (A)	
3:00-4:00	Softball (E/T)	23049
4:00-5:00	Afterschool Meals (E/T)	23051
4:00-5:30	Tennis (E/T)	23053
	Indoor Flag Football (E/T)	23142
6:00-7:30	Soul "Fit" Line Dance (A) $25	23139
7:00-8:30	VIP Drill Practice (E/T)	
	Weight training (T/A)	23101
	Game room activities (T/A)	23108
7:30-8:45	"Sports & More" (T/A)	23110

Saturday		Registration #:
9:00-10:30	Line Dance Team 50+	23111
9:00-12:00	Synergy Dance Practice (T)	
	Spring Gardening Club (E/T/A)	23050
12:00-1:30	VIP Drill Practice (E/T)	
9:30-11:00	Line Dance Team (18-49 yrs.)	23109
11:00-5:00	B-ball League play (until 4/19/14)	
	3 on 3 B-ball (E)	23056
	3 on 3 B-ball (T)	23055
1:30-2:30	"Zumba"(A) $25	23737
3:00-5:00	Pazia Hadara Dancers	
	Step Team (10-13 yrs.)	23102

Center Rules:

No hats, scarves, wave caps, bandanas worn in the building.

An adult must accompany children under 6 years of age.

Tennis shoes, shorts, or sweat pants must be worn for physical activities in the gym.

No loitering or hanging out in the hallways or in front of the building.

Please be courteous and respectful of others and their belongings.

No smoking in or in front of the building.

City of Columbus issued leisure cards are required. Please scan your card.

No profanity, abusive or vulgar language.

Do not abuse or deface City property or equipment.

No food, gum, candy or drinks in the gym.

No horseplay in hallways or building.

Weight room open to participants 13 yrs. and above with proper supervision.

"USDA is an Equal Opportunity Provider and Employer"

2014 HOWARD SPRING QUARTERLY

Howard Recreation Center
2505 N. Cassady Avenue
Columbus, Ohio 43219
Phone: (614) 645-3713
www.columbusrecparks.com

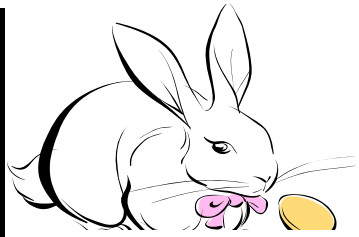
News, Events, Special Programs for Howard Recreation Center & Northeast Area

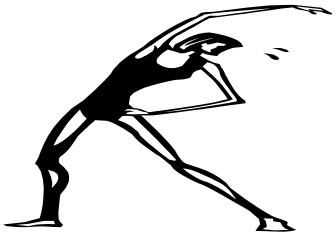
March 25, 2014 - May 17, 2014 **Volume 4, Spring**

The staff of Howard Recreation Center invites you to register for the Spring session of scheduled activities. Registration begin March 15 - March 22, 2014 in-person or online; until spaces fill-up.

Please create your on-line account by going to:
activenet.active.com/columbusrecparks

All participants, ages 6 to adults, in Columbus Recreation and Parks programs must obtain a Leisure Card valid for one year ($1.00 fee) and an Activenet on-line account.

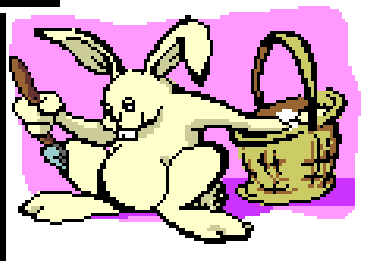




HOURS OF OPERATION:

Sunday……..…...Closed
Monday……..……..Closed
Tuesday……..….12-9:00
Wednesday……...….3-9:00
Thursday……....12-9:00
Friday……....12-9:00
Saturday……...9-6:00

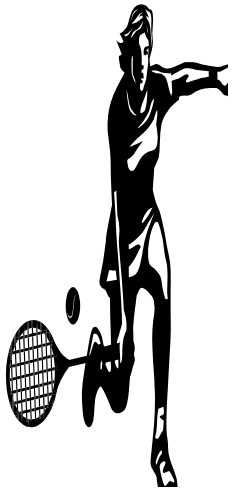
April 19, 2014 10:00 AM
Join the Howard Staff and Volunteers
16th Annual Easter Egg & Candy Hunt/
All-Star Basketball Saturday
Sponsored by Capital Transportation, Inc.



CRC/Volunteers:
We are presently looking for volunteers to help with center events. All volunteers must complete Back Ground check on-line and enter info with:

WWW.Opportunities.averity.com/crpd

2014 SPRING SEASONAL SPORTS & ACTIVITIES



Register for the following seasonal sports and activities. Team and individual activities are offered to beginners and experienced participants.

Saturday Basketball League Play ages 5-11 years
Karate $20/8 week session (E/T) PLAY applications available for children

Adult Competitive Line Dance teams ages 18 - 49 yrs. & 50+

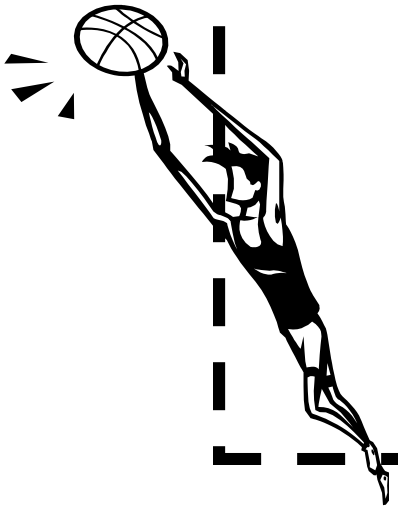
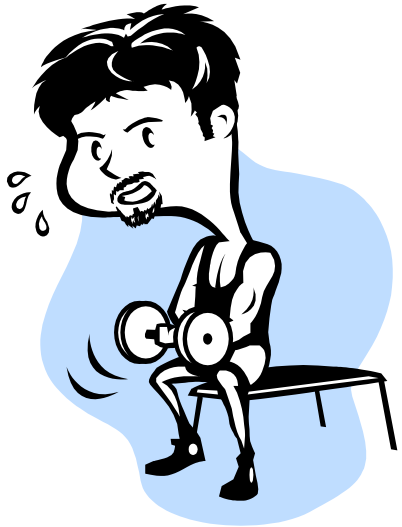
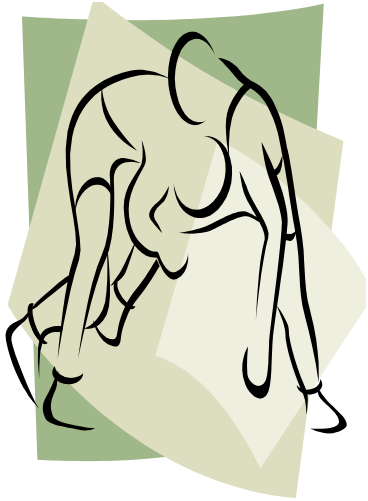
Weight Training ages 13 yrs. - Adult

Aerobics $25/8 week session (A)

Instructional Line Dance $25/8 week session (A)

Conditioning w/Kids Fitness Program $20/8 week session (E/T) PLAY applications available for children

Competitive Volleyball (T/A)

Competitive Dance & Step Teams (E/T)

Lead-up drills for Wrestling/Tennis/Softball (E/T)