

Columbus Recreation and Parks Department

# THE MOUND

Indian Mound Community Center  
3901 Parsons Avenue Columbus, Ohio 43207 \* 645-3224

## 2014 FALL II PROGRAM SCHEDULE

### FALL 2 REGISTRATION:

**BEGINS OCTOBER 28<sup>TH</sup> (IN PERSON/ONLINE)**

All participants are required to have an ActiveNet account to register for classes and programs (you must have an email address).

Online, go to <http://activenet.active.com/columbusrecparks>

**CLASSES RUN FROM NOVEMBER 4, 2014 UNTIL DECEMBER 20, 2014**  
**CLOSED: NOVEMBER 27, 2014 TO OBSERVE THANKSGIVING**

### CENTER HOURS OF OPERATION

**CLOSED: SUNDAYS & MONDAYS**

<b>TUESDAY</b>	<b>12:00PM - 8:45PM</b>
<b>WEDNESDAY</b>	<b>3:00PM - 8:45PM</b>
<b>THURSDAY</b>	<b>12:00PM - 8:45PM</b>
<b>FRIDAY</b>	<b>12:00PM - 8:45PM</b>
<b>SATURDAY</b>	<b>9:00AM - 5:45PM</b>

**HOLIDAYS: DEC. 23<sup>RD</sup> - JAN 3<sup>RD</sup> (CLOSED DEC. 25<sup>TH</sup>/JAN 1<sup>ST</sup>)**

**11A-8P TUE-FRI & 9A-6P SAT**

**Mission:** *To enrich the lives of our citizens.*

[www.columbusrecparks.com](http://www.columbusrecparks.com)



*USDA is an equal opportunity provider and employer.*

# 2014-15 BASKETBALL REGISTRATION

WEEK OF: OCTOBER 28TH TO NOVEMBER 1ST  
BOYS & GIRLS - AGES 6-18\* - FEE \$35

## CLINICS

PEE WEE COED (AGES 6-8)  
SATURDAY 10-11AM

JUNIOR (AGES 9-11)  
SATURDAY 11AM-12 PM

INTERMEDIATE & SENIOR (AGES 12-18)  
SATURDAY 12-1 PM

COACHES CLINICS  
SATURDAY 1-2 PM

\*AGE AS OF AUGUST 1, 2014

COACHES' MEETING  
6:30 PM NOVEMBER 13TH

PLAYERS DRAFTS  
6:30 PM NOVEMBER 18TH & 20TH

PARENTS' MEETING  
6:30PM NOVEMBER 21ST

**VOLUNTEER COACHES ARE NEEDED**  
(Discounted fees for Children of Coaches)



## HIP HOP DANCE Class

Tuesday 5:00-6:15 p.m.

*Boys & Girls / Men & Women Ages 10 and Up  
with Siobhan St. John, OSU Cheer Coach  
(former Brooklynettes Dancer)*

Class Fee: \$25/7-week session

## Tai Chi

Tuesday 2:00 p.m.

Class Fee: \$25/7-week session

## SELF DEFENSE CLASS

SATURDAY 11:30A-1P (ALL)  
4-5:30P (WOMEN ONLY)

Class Fee: \$25/7-week session

## Latin Fusion

Tuesday 6:30 p.m./Saturday 10a.m.

Class Fee: \$25/7-week session

## Line Dance Class

Wednesdays 6:30 p.m.

Class Fee: \$25/7-week session

## KARATE

Fridays 7:00 p.m.

Class Fee: \$25/7-week session



## WRESTLING

Tuesday & Thursday 7:00 p.m.  
\$20 (includes uniform)

# 2014 Fall II Classes & Activities

## P.L.A.Y. INFO

(Private Leisure Assistance for Youth) sponsors participants aged 17 & under needing financial help with fee-based activities. PLAY pays \$20 per child, per session.

**Fall II Deadline:**  
Thursday, November 20th

### Class & Activity Codes:

PK=Ages 3-5 E=Elementary  
M=Middle School T=Teen  
A=Adult

All=Elementary through Adult  
Numbers=Age Range  
SP=Special Permission

\*Please Note: Classes are subject to change due to staffing/enrollment.

### Tuesday

Time	Class	Age	\$
12:15-8:30	Fitness Room	A	\$5/mo
12:15-3	Senior Fitness/Basketball	50+	
12:15-2:45	Senior Arts & Ceramics	50+	
2-3	Tai Chi	A	\$25
3-4	Video Fitness Comp	E-T	
3-5	Afterschool Meals	E-T	
3-5	Open Gym/Shootout	E/T	
5-6:15	Hip Hop Dance	E-A	\$25
5-6	Homework Help	E-T	
5-6	Sports Conditioning	E-T	
5-6	Dodge Ball	E-T	
6-7	Indoor Soccer	E-T	
6-7	Weight Conditioning	M/T	
6:30	Latin Fusion	All	\$25
7-8:45	Wrestling	5-18	
7:15	Family Art/Billiards	All	

### Wednesday

Time	Class	Age	\$
3:30-8:30	Fitness Room	A	\$5/mo.
3-5	Afterschool Meals	E/T	
3:15	Teen Weights	T	
4-5	Open Gym	E-T	
5-6	Crafts	All	
5-6	Form Running	E-T	
5:15	Girls Variety	E-M	
6-7	Teen Time	T	
6-7:30	Motivational Tools for Teens	T	
7:15	Game Night		
6-7:30	Weigh to Go! (weight loss class)	T/A	
6:30-7:30	Line Dance (new)	T/A	\$25
7-8	Video Game Tourney	All	
7:15-8	Game Night	E-T	

### Thursday

Time	Class	Age	\$
12:15-8:30	Fitness Room	A	\$5/mo
12:15-3	Senior Fitness/Basketball	50+	
12:15-2:45	Senior Arts & Ceramics	50+	
2:15	Toddler Fun Time	PK	
3-5	Afterschool Meals	E-T	
3-5	Open Gym/Shootout	E/T	
5-5:30	Cheer Conditioning		
5-6	Homework Help	E-T	
5-6	Sports Conditioning	E-T	
5-6	Dodge Ball	E-T	
6-7	Weight Conditioning	M/T	
6:30-8	Cooking with Colin	M/T	
7-8	Hardcore Training	All	
7-8:15	Xbox Tournament	All	
7-8:15	Seasonal Art	All	
7-8:45	Wrestling	5-18	

### Friday

Time	Class	Age	\$
12:15-8:30	Fitness Room	A	\$5/mo
12:15-3	Senior Fitness/Basketball	50+	
12:15-2:45	Senior Arts & Ceramics	50+	
3-4	Bball Shooting Drill	E/T	
4-5	Open Gym	All	
3-5	Afterschool Meals	E-T	
5-5:45	Agility Training	All	
6-7	PS3 Tournament	All	
6-7:30	Cardio Club	T/A	
6-9	Fun Trips (biwkly)	All	\$
6:15-7:15	Weigh to Go! (weight loss class)	T/A	
6:30	Open Art (biwkly)	All	
7:15-	Team Sports	M/T	
7-8:30	Karate	7 and Over	\$25
7-8:45	Adult Basketball	A	

### Saturday

Time	Class	Age	\$
9:15-5:30	Fitness Room	A	\$5/mo
9:15-10	Walking Class	A	
9:15-10	Open Gym	E-T	
10-11	Latin Fusion	All	\$25
10-12	Ceramics	All	
10-11	Basketball	6-8	
11-12	Skills & Drills	9-11	
12-1		T	
11:30-1	Self Defense	All	\$25
1-2	Coaches Clinic	T/A	
1-2	Girl Up! (Girls Club)	E/M	
2:15	Indoor Soccer	All	
2:30	Hardcore Training		
3:30-5	Boys Club	T	
3:30	Baking	All	
4-5:30	Intermediate Cheer	9-13	\$
4-5:30	Self Defense for Women	A	\$25



# ELKS HOOP SHOOT FREE THROW CONTEST

**Saturday, November 15th**

**@ Begins at 12pm**

**AGES 8-13 (as of April 1, 2015)**

**WINNERS advance to  
Sectional on 11/29/2014 at Westgate Center &  
Citywide on 12/6/2104 at Dodge Center**

**GET FIT SOUTHSIDE!!**

Cardio Club - Fri 6:30pm / Sat 12pm  
 Hardcore (abs) - Thu 7pm / Sat 2:30pm  
 Latin Fusion - Tue 6:30pm / Sat 10am  
 Line Dance - Wed 6:30pm  
 Senior Fitness - Tue, Wed, Fri 12:15pm  
 Sports Conditioning - Tue, Thu 5pm  
 Tai Chi - Tue 2pm  
 Teen Weightlift - Wed 3pm / Tue, Thu 6pm  
 Weigh to Go! (weight loss) - Wed 6:15pm

**CHA AFTERSCHOOL MEAL PROGRAM**

After School Program aims to enrich the lives of participants by *feeding* a wholesome meal, exercising their bodies with *fitness* activities.

**AGES PK-18 Tues-Fri 3:00-5:00PM**  
 USDA is an equal opportunity provider and employer



*Find your place to fit in...*

**BOYS CLUB SAT 3:30PM**  
**GIRL UP! (GIRLS CLUB) SAT 1PM**  
**GIRLS VARIETY Wed 5:15p**  
**MOTIVATIONAL TOOLS FOR TEENS Wed 6p**

**Boys & Girls Clubs and Teen Group  
 Sessions with Snacks. Join!**

# WINTERFEST

**Friday, December 19th @ 6pm**  
**11 and Under**  
 \* Seasonal Games \* Gifts \* Vist Ol' Nick \*

**Malik A. Willoughby , Center Manager**  
**B. Shaun Ballard, Recreation Supervisor**  
**Jessica Pallante, Recreation Leader**

Recreation Instructors  
 John Davis, Gaile Johnson,  
 Colin Kaltenecker, Vanessa Ladd, Brandon Madry

ISAs  
 Gloria Howard, **Latin & Line** Aaron Clayborn, **Defense**  
 Darryl Green, **Tai Chi** Siobhan St. John, **Hip Hop Dance**  
 Armondo Washington, **Karate**

Indian Mound Community Recreation Council  
 Becky Walcott, **President**  
 Ruth McMann, **Vice President**  
 Lenada Backus, **Treasurer**  
 Wendy Roy, **Secretary**

Custodian  
 Lorenzo Bundy