

Columbus Recreation and Parks Department

# THE MOUND

Indian Mound Community Center

3901 Parsons Avenue Columbus, Ohio 43207 \* 645-3224

## 2015 WINTER PROGRAM SCHEDULE

### WINTER REGISTRATION:

**BEGINS JANUARY 6<sup>TH</sup> (IN PERSON/ONLINE)**

All participants are required to have an ActiveNet account to register for classes and programs (you must have an email address).

Online, go to <http://activenet.active.com/columbusrecparks>

**CLASSES RUN FROM JANUARY 13, 2015 UNTIL MARCH 14, 2015**  
**CLOSED: JANUARY 20, 2015 TO OBSERVE MARTIN L. KING JR DAY**  
**CLOSED: FEBRUARY 17, 2015 TO OBSERVE PRESIDENT'S DAY**

### CENTER HOURS OF OPERATION

**CLOSED: SUNDAYS & MONDAYS**

<b>TUESDAY</b>	<b>12:00PM - 8:45PM</b>
<b>WEDNESDAY</b>	<b>3:00PM - 8:45PM</b>
<b>THURSDAY</b>	<b>12:00PM - 8:45PM</b>
<b>FRIDAY</b>	<b>12:00PM - 8:45PM</b>
<b>SATURDAY</b>	<b>9:00AM - 5:45PM</b>

**Mission:** *To enrich the lives of our citizens.*

[www.columbusrecparks.com](http://www.columbusrecparks.com)

*USDA is an equal opportunity provider and employer.*



THE CITY OF  
**COLUMBUS**  
MICHAEL B. COLEMAN, MAYOR

RECREATION AND PARKS  
DEPARTMENT

## Tai Chi

Tuesday 2 p.m./  
Saturday 11 a.m.

**Class Fee: \$25/9-week session**

## SELF DEFENSE CLASS

SATURDAY 11:30A-1P (ALL)  
4-5:30P (WOMEN ONLY)

**Class Fee: \$25/9-week session**

## CHEER & DANCE

~Competitive Teams~

Support our Boys & Girls

January 10th & March 7th

Mifflin High School



Competitions begin at 10am



Returns April 4th!  
Join us...

## CHA AFTERSCHOOL MEAL PROGRAM

CHA After School Meal Program is a program that aims to enrich the lives of its participants by *feeding* them a wholesome meal, exercising their bodies with *fitness* activities.



AGES PK-18 Tues-Fri 3:00-5:00PM  
USDA is an equal opportunity provider and employer

## Latin Fusion

Tuesday 6:30 p.m. / Saturday 10 a.m.

**Class Fee: \$25/9-week session)**

Latin Fusion is a very popular dance-based fitness class enjoyed by ALL!  
Working out has never been this fun!



## KARATE

Fridays 7:00 p.m.

**Class Fee: \$25/9-week session**

Self-Defense/Fitness  
Coordination/Confidence

## WRESTLING

\$20 (includes uniform)

Tuesday & Thursday 7:00 p.m.

See staff about Clinics & Meets

**City Tournament**

**3/21/15**

**Barack Center**



## Summer Camp Expo

Tues., March 10, 2015 5:30 - 7:30 pm

Franklin Park

## Camp Registration

Sat., March 21, 2015 10 am - 4pm

Online & Onsite at Centers

# 2015 Winter Classes & Activities

## P.L.A.Y. INFO

(Private Leisure Assistance for Youth) sponsors participants aged 17 & under needing financial help with fee-based activities. PLAY pays \$20 per child, per session.

**Winter Deadline:**  
**Thursday, January 29th**

### **Class & Activity Codes:**

PK=Ages 3-5 E=Elementary

T=Teen A=Adult

All=Elementary through Adult

Numbers=Age Range

SP=Special Permission

*\*Please Note:* Classes are subject to change due to staffing/enrollment.

## Tuesday

Time	Class	Age	\$
12:15-8:30	Fitness Room	A	\$5/mo
12:15-2	Senior Fitness/Basketball	50+	
12:15-2:45	Senior Arts & Ceramics	50+	
2:15-3	Conditioning	E-T	
3-5	Afterschool Meals	E-T	
4-5	Open Gym	E/T	
5-6	Xbox	E-T	
5-6	Sports Conditioning	E-T	
5-6	Basketball Practice	14-15	
6-7	Basketball Practice	E-T	
6-7	Weight Condition	M/T	
6:30	<b>Latin Fusion</b>	All	\$25
7:15-8:45	Wrestling	5-18	
7:15	Family Art/Billiards	All	

## Wednesday

Time	Class	Age	\$
3:30-8:30	Fitness Room	A	\$5/mo
3-4	Study Table	E-T	
3-5	Afterschool Meals	E-T	
4-5	Open Gym	E-T	
4-5	Weightlifting	M/T	
5-6	Crafts	All	
5:15	Girls Variety	E-M	
6-7	Teen Time	T	
6-7:30	Weigh to Go! (weight loss class)	T/A	
6-8:30	<b>Basketball League Games</b>	12/13 Boys	
7-8	Game Night	E-T	



## Thursday

Time	Class	Age	\$
12:15-8:30	Fitness Room	A	\$5/mo
12:15-3	Senior Fitness/Basketball	50+	
12:15-2:45	Senior Arts & Ceramics	50+	
2:15	Toddler Fun Time	PK	
3-4	Teen Weights	T	
3-5	Afterschool Meals	E-T	
3-5	Open Gym/Shootout	E/T	
5-6	Xbox	E-T	
5-6	Sports Conditioning	E-T	
530-7	Intermediate Cheer	9-13	
6-7	Weight Conditioning	M/T	
530-830	<b>Basketball Games (away)</b>	14/15 Boys	
7-8	Hardcore Training	All	
7-815	Xbox Tournament	All	
7-830	Ceramics	All	
7-845	Wrestling	5-18	

## Friday

Time	Class	Age	\$
12:15-8:30	Fitness Room	A	\$5/mo
12:15-2:30	Senior Fitness/Basketball	50+	
12-2	Senior Walking	50+	
2:15-3	Toddler Art	PK	
3-4	Flag Football	E-T	
3-5	Afterschool Meals	E-T	
4-5	Open Gym	All	
5-545	Agility Training	All	
6-7	PS3 Tournament	All	
6-730	Cardio Club	T/A	
6-9	Fun Trips (biwkly)	All	\$
6:15-8:30	Basketball Practice (see schedule)	6-8 9-11	
6:30	Open Art (biwkly)	All	
7-8:30	<b>Karate</b>	7 and Over	\$25

## Saturday

Time	Class	Age	\$
9:15-5:30	Fitness Room	A	\$5/mo
9-11 11-1	<b>Basketball League Games</b>	6-8 9-11	
915-10	Open Gym	E-T	
10-11	<b>Latin Fusion</b>	All	\$25
11-12	<b>Tai Chi</b>	All	\$25
12-1	Crocheting	All	
1-2	Girls Club	E/M	
130-230	Weightlifting		
2-315	Indoor Soccer	All	
230-3	Hardcore Ab Training		
3-4	Xbox	All	
330-5	Billiards/Board Game	T	
330	Baking Fun	All	\$10
330-530	Intermediate Cheer	9-13	
4-530	<b>Self Defense</b>	A	\$25

# THE MOUND

Indian Mound Basketball

**REGULAR SEASON: JANUARY 10TH TO FEBRUARY 14TH**

## **2015 BASKETBALL GAMES**

**\*REGISTRATION IS CLOSED\***

**PEE WEES COED (AGES 6-8)**

**SATURDAY 9-11 AM**

**JUNIORS (AGES 9-11)**

**SATURDAY 11:15AM-1 PM**

**INTERMEDIATES AGES (12-13)**

**WEDNESDAY 6-9 PM**

**SENIORS (AGES 14-15)**

**THURSDAY 6-9 PM (AWAY)**

**TEAM PICTURE DAY**

**JANUARY 30, 2015 @ 6:00 PM**

**TOURNAMENTS**

**LATE FEBRUARY & MARCH (SCHEDULE TBA)**

**AWARDS**

**MARCH 14, 2015 @ 1:00 PM**



**January 10th 10:00am-2:00pm  
Westgate Recreation Center 455 S. Westgate Avenue (43204)**

Let Columbus Recreation and Parks help you get fit in 2015! You will have an opportunity to sample classes that we offer throughout our 30 fitness facilities. There will be health screenings, nutrition advice offered. Sample a few of our programs and become eligible to win some great prizes!

**"Those who can, do. Those who can do more, VOLUNTEER" *Come help your CRC...***

**Malik A. Willoughby, Center Manager  
Shaun Ballard, Recreation Supervisor  
Jessica Pallante, Recreation Leader**

**Recreation Instructors**

**John Davis, Gaile Johnson,  
Colin Kaltenecker, Vanessa Ladd, Brandon Madry**

**ISAs**

**Aaron Clayborn, Self-Defense Darryl Green, Tai Chi  
Gloria Howard, Line Dance  
Armondo Washington, Karate**

**Indian Mound Community Recreation Council**

**Becky Walcott, President  
Ruth McMann, Vice President  
Lenada Backus, Treasurer  
Wendy Roy, Secretary**

**Custodian**

**Lorenzo Bundy**