

Adam's Community Center

854 Alton Ave Columbus, Ohio 43219

614-645-3051

Winter Program Schedule

Class Registration/ Sign Up

Tues	Jan. 7	4:00-8:00pm
Wed	Jan. 8	4:00-8:00 pm
Thurs	Jan. 9	4:00-8:00 pm
Fri	Jan. 10	4:00-8:00 pm
Sat	Jan. 11	4:00-8:00 pm

Winter Session

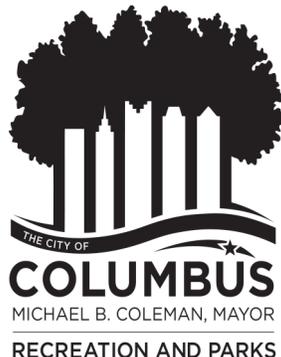
January 14th, 2014—March 15th 2014

Hours of Operation

Tuesday– Friday 4:00pm to 9:00pm

Saturday 10:00-2:00pm

Closed Sundays & Mondays



Class Codes

E Elementary Ages 6-12
T Teens Ages 13-17
A Adults 18 & Over

Thursday

<u>Time</u>	<u>Program</u>	
4:00-5:00	Street Hockey	(E/T)
4:00-5:00	Teen Fitness	(T/A)
5:00-6:00	Basketball Practice	(6-8,9-11)
6:00-7:00	CHA Hot meal program	(E/T)
7:30-8:30	Hip Hop abs	(E/T/A)
7:00-8:45	Open Basketball	(T/A)
7:00-8:45	Open Game room	(T/A)
4:00-8:00	Weight room	(members only)

Tuesday

<u>Time</u>	<u>Program</u>	
4:00-5:00	Street Hockey	(E/T)
4:00-5:00	Teen Fitness	(T/A)
5:00-6:00	Basketball Practice	(6-8,9-11)
6:00-7:00	CHA Hot meal program	(E/T)
7:30-8:30	Hip Hop abs	(E/T/A)
7:00-8:45	Open Basketball	(T/A)
7:00-8:45	Open Game room	(T/A)
4:00-8:00	Weight room	(members only)

Friday

<u>Time</u>	<u>Program</u>	
4:00-5:00	Group Games	(E/T)
4:00-5:00	Beginning Piano	(E/TA)
5:00-6:00	Wrestling	(E/T)
5:00-6:00	Basketball	(12-13,14-15)
6:00-7:00	CHA Hot meal program	(E/T)
6:00-7:00	Open Art	(E/T)
7:00-8:00	Line Dance	(T/A)
7:00-8:45	Open Game room	(E/T/A)
7:30-8:45	Open Basketball	(T/A)
4:00-8:00	Weight room	(members only)

Wednesday

<u>Time</u>	<u>Program</u>	
4:00-5:00	Group Games	(E/T)
4:00-5:00	Beginning Piano	(E/TA)
5:00-6:00	Wrestling	(E/T)
5:00-6:00	Basketball	(12-13,14-15)
6:00-7:00	CHA Hot meal program	(E/T)
6:00-7:00	Open Art	(E/T)
7:00-8:00	Line Dance	(T/A)
7:00-8:45	Open Game room	(E/T/A)
7:30-8:45	Open Basketball	(T/A)
4:00-8:00	Weight room	(members only)

Saturday

<u>Time</u>	<u>Program</u>	
10:00 – 11	Cardio Club	(E/T)
11:00-1	Open Game room/Games	(E/T/A)
12:00-1	Skills & Drills	(E/T/A)
1:00-2	Open Basketball	(T/A)
10:00-2:00	Weight room	Members Only (T/A)



Children's Hunger Alliance

**CHA be sponsoring hot meals to school age kids after school here
at our Center on**

Tuesday through Friday

From 6:00 pm till 7:00 pm

We have limited spots so it will go by first sign up bases.

Application and daily attendance is required

Volunteers Wanted.....

**Art, Music, Sports, Volleyball, Dance,
Cheer any activity**

**Please see staff for additional information– Volunteer application with background
check must be complete before you are able to volunteer.**

Weight Room Information

Anyone interested in using the equipment in the weight room must purchase a

Weight Room Membership

\$15 every 3 months or \$2.00 a day



For more information call the Center
614-645-3051



Columbus Public Health
offers **FREE STD/HIV** testing every 2nd Wednesday
of each month.

From 5 to 6:45pm here at
W.H Adam's Center

Must be 13 years or older to participate

May everyone have a safe & Happy Holiday!!
2014 is going to be awesome at the Adam's Center,

we look forward to seeing you.

Adam's Community Center Staff:

Tomeka Whitehead – Center Manager

Robert Taylor – Custodian

Rick Lipson – Recreation Leader

Tyjuan Childers – Recreation Leader

Jason Redman – Recreation Leader

USDA is an equal opportunity provider and employer