

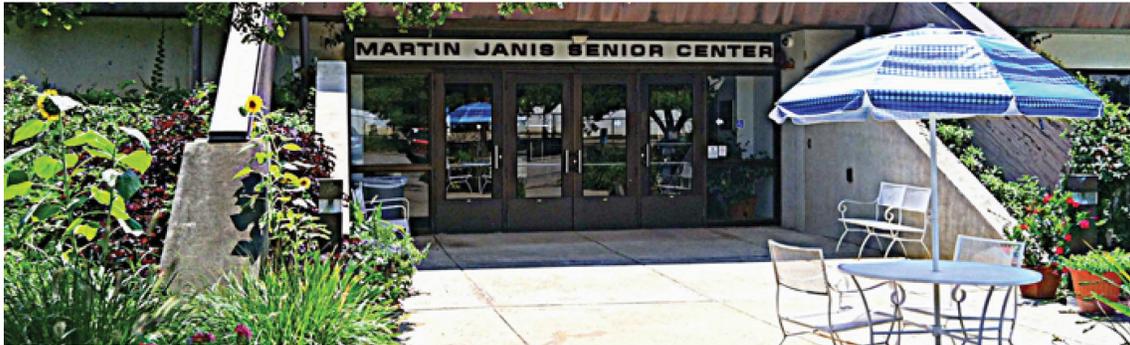
# Martin Janis Community Senior (50+) Center

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600 E. 11th Ave. Columbus, OH 43211

(614) 645-5954

Center Manager: Doreen Gosha



## 2017 Winter Session

Registration: Tuesday, January 3, 2017

Session: January 9 - March 10, 2017

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## Hours of Operation:

Sunday - Closed

Monday - 8:00am to 5:00pm

Tuesday - 8:00am to 5:00pm

Wednesday - 8:00am to 5:00pm

Thursday - 8:00am to 8:30pm

Friday - 8:00am to 5:00pm

Saturday - Closed

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[WWW.COLUMBUSRECPARKS.COM](http://WWW.COLUMBUSRECPARKS.COM)

*Register for classes:*

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THE CITY OF  
**COLUMBUS**  
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS  
DEPARTMENT



*This institute is an equal opportunity provider and employer.*

## **MONDAY**

- 9-3:30 Stained Glass (\$15 two months) *Learn how to make beautiful stain glass pieces.*
- 9-3:30 Wood Shop (\$15 per session. \$3 per day.)
- 9:30-12:30 Wheel Throwing (\$15 Material fee )
- 12:30-1:30 Digital Photography Club *Take, view, talk and critique photos.*
- 12:30-2:00 Beginning Piano *Learn basic piano skills.*
- 1:30-4:30 Wheel Throwing (\$15 Material fee)

## **TUESDAY**

- 9:15-10:15 Beginning Yoga
- 9-3:30 Wood Shop (\$15 Material fee or \$3 per day)
- 10:15-11:00 Silver sneakers Classic *This class is a low impact exercise routine to music, with weights, bands and balls.*
- 10:30-12:30 Multi-media Sculpture/mobiles (\$15 Material fee .)
- 1:00 Coloring with Gena and Jack. *Join us for our adult coloring group.*
- 1-2 Aerobic Stretch *This class is set up to do personal training in the fitness room.*
- 1:00 Lampworking (\$45 material fee) *Learn how to make glass beads and beyond.*

## **WEDNESDAY**

- 9:30-11:30 Workshop Wednesday different workshop every week unless project cannot be completed in one week. Class meets on first floor. Projects TBA though they will be creative and fun at a minimal cost if any. Workshops will be advertised in the newsletter, at the front desk and throughout the center at least two weeks ahead of time to generate interest.
- 9-3:30 Wood Shop (\$15 Material fee or \$3 per day)
- 9-3:30 Stained Glass *Learn how to make beautiful stain glass pieces.*
- 9:30-1:30 Lapidary (\$2 per class) *The art of cutting and polishing stone.*
- 9-12 Painting and Drawing (\$15 Material fee) *Join Dianne for painting or drawing in this class for beginners to DaVinci's.*
- 10-2 Model Railroad \$25 Club Fee
- 10-11 Chair Fitness *This is a comprehensive workout routine 90% of which is performed in a chair.*

### **WEDNESDAY (Cont.)**

- 11-12 Hot Licks (drum group) *This group class utilizes 5 gallon buckets and drum sticks to play different sounds and rhythms in a group setting.*
- 12:30-3:30 Drawing and Painting (\$15 Material fee) *Join Dianne for painting or drawing in this class for beginners to DaVinci's.*
- 2-2:30 Tai Chi *Join our group for meditation in motion.*
- 2:30-4:30 Goodwill Clay (Closed Class)
- 2:30- 4:30 Square Dance (Caller Fee) *Come join in for our weekly square dance fun. No experience necessary.*

### **THURSDAY**

- 9:15-10:15 Beginning Yoga
- 9-3:30 Wood Shop (\$15 Material fee or \$3 per day)
- 10:15-11:00 Silver Sneakers Classic *This class is a low impact exercise routine to music, with weights, bands and balls.*
- 10-2 Lapidary (\$2 per class) *The art of cutting and polishing stone.*
- 10:30-12:30 Wheel Throwing (\$15 Material Fee)
- 1-2 Aerobic Stretch *This class is set up to do personal training in the fitness room.*
- 1:00 Lampworking (\$45 Material fee) *Learn how to make glass beads and beyond.*
- 12:30- Beginning Piano
- 1:30-4:45 OPEN Studio for students in MJ ceramic classes. (Must currently be enrolled in another clay class.)
- 3-8:30 Model RR \$25 Club Fee
- 3:30-8:30 Stained Glass *Learn how to make beautiful stain glass pieces.*
- 6-8:30 Lapidary (\$2 per class) *The art of cutting and polishing stone.*

## **FRIDAY**

- 9-3:30 Stained Glass (call ahead) *Learn how to make beautiful stain glass pieces.*
- 9-2 Lapidary (\$2 per class) *The art of cutting and polishing stone.*
- 9-3:30 Wood Shop (\$15 Material fee or \$3 per day)
- 9:15 30 min walk *Speak with Greg*
- 9:30 Painting Studio (\$15 Material fee) *Join us for this studio class with painters of all levels and mediums*
- 10-11 Chair Fitness *This is a comprehensive workout routine 90% of which is performed in a chair.*
- 11:00-12:30 Beginning Italiano
- 12-2 Needlework Group
- 12:30 Beginning Piano
- 1:00 Belly Dancing *A benefit of the mind, body & spirit. (Donations accepted.)*
- 2:00-4:30 Hand building with Clay (\$15.Material fee. )

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*CLASSES SUBJECT TO CHANGE OR CANCELLATION DUE TO  
PARTICIPATION AND/OR INTEREST.*