

Milo Grogan Community Recreation Center

862 E. 2nd Ave. Columbus, OH 43201
(614) 645-7376
Center Manager: Nathan Lapisch



2016 Spring Program Session
Registration: Begins March 15, 2016
Session: March 22 - May 21, 2016

Hours of Operation:

Sunday - Closed
Monday - Closed
Tuesday - 12:00pm to 8:45pm
Wednesday - 3:00pm to 8:45pm
Thursday - 12:00pm to 8:45pm
Friday - 12:00pm to 8:45pm
Saturday - 9:00am to 5:45pm

WWW.COLUMBUSRECPARKS.COM

Register for classes:

[APM.ACTIVECOMMUNITIES.COM/
COLUMBUSRECPARKS](http://APM.ACTIVECOMMUNITIES.COM/COLUMBUSRECPARKS)



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS
DEPARTMENT



This institute is an equal opportunity provider and employer.

The Milo Way

At Milo, we want to set the precedent of what is expected of those that visit our Community Center. This is especially true for the youth and those that represent our Community while participating on our sport teams. Our goal is not to just offer programs, but to use the programs to teach life lesson and instill long-lasting character. Through all of our programs you will see sewn these common threads: Responsibility, Respect, Hard Work, and Attitude. Combined, these qualities combined make up the "Milo Way".

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| <p>1. <u>Responsibility:</u>
- Take care of your business and go above what is expected.</p> <p>2. <u>Respect:</u>
- Authority, Each other, Yourself and Property</p> | <p>3. <u>Attitude:</u>
- A bad attitude is like a flat tire, can't go anywhere until you change it!</p> <p>4. <u>Hard work:</u>
- Your dreams don't work unless you do!</p> |
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Tuesday Class Schedule

Time	Class	Age	Instructor	Class #	Fee
12:00-1:30p	Tea, Walk, and Talk	40+	Weaver	37073	Free
12:30-1:30p	Senior Billiards	50+	Lamar	37227	Free
12:30-2:30p	Milo Adult Basketball	18+	Lapish	36990	Free
1:30-2:30p	Sr. Game Room Activities	50+	Lamar	37226	Free
2:30-3:30p	Senior Walking	50+	Lamar	37234	Free
4:00-4:45p	Mustang Weight Training	12-17y	Lapish	36985	Free
5:00 -6:00p	Bingo/Lettering Art	6-12y	Weaver	37074	Free
5:00-6:00p	Advance Mustang Basketball	9-11y	Flemister	36972	\$5
6:00-8:00p	Advance Mustang Basketball	12-17y	Flemister	36974	\$5
6:00-7:00p	Youth Polynesian Dance	6-17y	Morris	37078	Free
6:00-8:00p	Open Art	6-17	Weaver	37075	Free
7:00-8:00p	Adult Polynesian Dance	18y +	Morris	37079	Free

Wednesday Class Schedule

Time	Class	Age	Instructor	Course	Fee
4:00-4:45p	Mustang Speed and Agility	9-12y	Flemister	36980	Free
5:00-5:45p	Mustang Speed and Agility	13-17y	Flemister	36982	Free
5:00-6:00p	Hip Hop Dance	6-17y	O.D.E	Drop In	Free
5:00-6:00p	Painting	6-12y	Weaver	37077	Free
6:00-7:00p	Painting 1	6-12y	Weaver	37076	Free
6:30-8:30p	Adult Open Volleyball	18+	Lapish	36984	\$10.00
7:00-8:00p	Painting 2	6-12y	Weaver	37198	Free

Thursday Class Schedule

Time	Class	Age	Instructor	Course	Fee
12:00-1:30p	Tea, Walk, and Talk	40+	Weaver	37073	Free
12:30-1:30p	Senior Billiards	50+	Lamar	37227	Free
12:30-2:30p	Milo Adult Basketball	18+	Lapish	36990	Free
2:30-3:30p	Senior Walking	50+	Lamar	37234	Free
3:00-4:00p	Tongue Twister Art	6-13y	Weaver	37199	Free
4:00-4:45p	Mustang Weight Training	12-17y	Lapish	36985	Free
4:00-5:00p	Milo's Rising Stars	12-17y	Eli	37667	Free
5:00p-6:00p	Kido's Cooking Class	6-12	Eli	37668	\$5:00
5:00-6:00p	Lady Mustang Basketball	9-17y	Flemister	36991	Free
5:00-6:00p	Clay Day	6 y +	Weaver	37200	Free
6:00-8:00p	Girl Empowerment INC.	16-21Y		Drop In	Free
6:00-6:30p	Tiny Mustang Dribblers	3-6y	Flemister	36992	Free
6:30-8:30p	Adult Pottery	18+	Weaver	37201	\$10.00
6:30-8:00p	Mustang Baseball	9-14y	Lapish	36986	Free
7:00-8:00p	Tai Chi	18y +			\$25.00

Milo's Foundations Class

Milo's Foundations is a class for those seeking help with homework or those needing tutoring in reading, writing, math, and science. This class will be facilitated by OSU students/graduates and other college graduates. This is a free class; however, we do require that you register in person at Milo Grogan Community Center by March 22, 2016. **This class will be offered, Tuesday, Wednesday, and Friday from 5p-6p.** If you have any questions please feel free to give us a call at 614.645.7373.

Friday Class Schedule

Time	Class	Age	Instructor	Course	Fee
12:00-1:00p	Walking Fun Relay	40+	Weaver	37202	Free
12:30-2:30p	Senior Open Gym	50y +	Lamar	37289	Free
3:00-4:00p	Color Contest	6-12	Weaver	37203	Free
4:00-4:45p	Mustang Weight Training	12-17y	Lapish	36985	Free
5:00-6:00p	Nature Art	6-12	Weaver	37204	Free
5:00-6:00p	Mustang Dodgeball	8-17y	Lapish	37080	Free
6:00-8:30	Teen Club/Open Gym	13-17	Woods	37968	Free
6:00-8:00p	Open Art	6-17	Weaver	37075	Free

Saturday Class Schedule

Time	Class	Age	Instructor	Course	Fee
9:30-10:30a	Milo Fishing Adventures	9-13y	Lapish	36993	Free
10:00-11:00a	Milo Family Art	All Ages	Weaver	37290	Free
10:30-11:00a	Pre School Karate	3-5y	Mr. Green	Green	
11:00-1:00p	Gardening Art/Club	6+	Weaver	37205	Free
12:00-2:00p	Girl Empowerment INC.	16-21Y	Glenn	Drop In	Free
2:00-3:00p	Eco Art	6-12y	Weaver	37929	Free
2:30-3:00p	Youth Polynesian Dance	7-17y	Morris	37078	Free
3:00-4:00p	Story Telling	6-12y	Weaver	37928	Free
3:00-4:30	Adult Polynesian Dance	18y+	Morris	37079	Free

UPCOMING DATES TO REMEMBER

Spring Session Reg. March 15-19
 Spring Session Dates March 22-May 21
 Summer Session Dates June 13 - August 19

Community Center Staff

Nathan Lapish	Center Manager
Dwight Lamar	Recreation Supervisor
Pamela Weaver	Recreation Leader
Billy Nicholson	Sports Instructor
DeShaun Flemister	Sports Instructor
Ben Woods	Sports Instructor
Xitlali Morris	Fine Arts/Dance
Elijah Glass IV	Cooking/Sports
Jeremy Neely	Sports/Desk Attendant

C.H.A MEAL PROGRAM

Every Tues-Friday 4p-4:45p/Sat. 12-1p



Mid-Ohio Food Bank Produce Drop

Every Other Friday Starting 4/1/16 and
 Ending at 9/16/16. Drops will be at 3pm.

Call For Additional Info

Youth Open Gym

Tuesday	(None)
Wednesday	6-12y (4p-5:30p) 13-17y(5:30p-6:30p)
Thursday	(None)
Friday	6-12y (3:30-5p) 13-17y(6-8:45)
Saturday	6-12y (12-3p) 13-17y(3-5:30p)



Milo Mustangs Youth Sports

The Milo Mustangs are actively seeking participants for our youth sport teams. All practices are held at Milo, unless otherwise noted. Games are played throughout the city's recreation centers and parks. We are currently forming, for the first time ever, a boy's baseball team. Additionally, we are offering advance basketball training, speed and agility, and track and field.

Mustang Basketball:

Advance Mustang Basketball Training is for those players looking to gain an edge on the court and sharpen their fundamentals and team play skills. This class is a fast pace, up tempo class that will employ the latest drills and teaching tactics. **THIS CLASS IS NOT FOR THE FAINT OF HEART!** Your young athlete does not want to miss out on this opportunity! Athletic clothing required. There will be a \$5 material fee paid on the first day of class. If you have any questions please do not hesitate to call us at 614.645.7376.

9-11 Boys (Active Net I.D. 36972)

12-17y Boys (Active Net I.D. 36974)

8-14y Girls: (Active Net I.D. 36991)

This class is for young ladies looking to gain skill in the game of basketball and is for both the beginning and experienced players. Fundamentals and team play will be our main focus. So if you have a young lady interested in learning the game of basketball this class is for her. This class will not only serve as a skill builder for each participant, but will also lay the foundation for Milo as we look to add a girls' team into the ICBL league next winter.

Mustang Baseball:

The Milo Mustangs are offering an Introduction to Baseball class for the Spring Session to teach the fundamentals of the game. This class will lay the ground work for our new program, which will ultimately lead to the forming of our team. (Active Net I.D. 36676)

Mustang Speed and Agility:

Mustang Speed and Agility will focus on building speed, agility, as well conditioning the young athlete for multiple sports. Footwork, balance, coordination and injury resistance will be enhanced through various drills and plyometric exercises. This class is for beginners and for those looking to gain an edge on the court. (Active Net I.D. 9-12Y - 36980, 13-17Y - 36982)



Presented by



April 9th

Local Site at Tuttle (1pm)

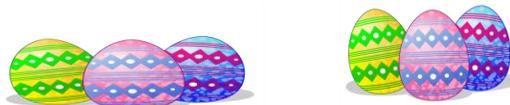
Call 614.645.7376 to Sign up!

We are meeting at 12:00p at Milo and will be leaving shortly after.

We will be providing transportation.

Activenet I.D. 37969

MILO GROGAN EGG HUNT MARCH 26 AT 10AM 12 AND UNDER



Special Event Committee

Ages 13-17y

- Build Your Volunteer Hours
- Learn Basic Party Skills
- Serve your community

For additional info give us a call at 614.645.3613 and ask for Ms. Weaver!

The Ohio Diamond Elites Dance Team

We are always looking for new talent. If interested please email us at ohiodiamondelites@gmail.com or like us on Facebook at "The Ohio Diamond Elites /Gisha Ohiodiamondelites Wells"

We are also offering free classes to the public at Milo Grogan Community Center every Wednesday from 5-6p and Saturday from Noon-1p.

Call 614.645.7376 for more details

Milo Grogan's Young at Heart

The Young at Heart club is specifically designed for the senior's citizens that live in our area. We will offer special programming, special events, and fitness room discounts

Please see the above schedule for programming and call for any additional questions that you might have