

Whetstone Community Recreation Center

3923 N. High St. Columbus, OH 43214
(614) 645-3217
Center Manager: Rick Bruhn



2016 Winter Program Session
Registration: Begins January 4, 2016 @ 9:00am
Session: January 11 - March 12, 2016

Hours of Operation:

Sunday - Closed
Monday - 6:00am to 8:45pm
Tuesday - 8:00am to 8:45pm
Wednesday - 6:00am to 8:45pm
Thursday - 8:00am to 8:45pm
Friday - 6:00am to 8:45pm
Saturday - 9:00am to 5:45pm

WWW.COLUMBUSRECPARKS.COM

Register for classes:

[APM.ACTIVECOMMUNITIES.COM/
COLUMBUSRECPARKS](http://APM.ACTIVECOMMUNITIES.COM/COLUMBUSRECPARKS)



THE CITY OF
COLUMBUS

RECREATION AND PARKS
DEPARTMENT



This institute is an equal opportunity provider and employer.

Please Visit

www.whetstonepark.org

For sport league schedules, updated class schedules and links to the class registration and sport league registrations sites. As well as to sign up for the Whetstone email list to receive emails regarding upcoming special events.

Online Registration

Most of our activities are now available for registration online. In order to register online a free account must be set up at:

<https://apm.activecommunities.com/columbusrecreparks>

Visa, Mastercard and Discover credit cards will be accepted as forms of payment both online and in person for class costs only. Class material fees and league fees are payable by cash or check only.

Please check the Active Net website for course descriptions.

All registration will be on a first come first served basis.

Class start and end dates vary. Please check your receipt for class dates

REGISTRATION POLICIES

- ◆ All programs with course numbers attached to them on the schedule can be registered for online. All others must be registered for in person. Payment price listed in the **Cost** column of the schedule may be paid for online with VISA, Mastercard or Discover card, or in person with VISA, Mastercard, Discover card, check or cash.
- ◆ Prices listed under the **fee** portion of the schedule must be paid in person with cash or check at the first class.

REFUND POLICY

- ◆ A 100% refund will be given only if you withdraw from a class before its starting date.
- ◆ If you withdraw prior to the second class a 50% refund will be given.
- ◆ No refund will be given after the second scheduled class.
- ◆ To obtain a refund for class costs, participant must inquire with Columbus Recreation staff at the office.
- ◆ Refunds will be mailed by the Columbus City Auditor to the participant mailing address in 6-8 weeks.
- ◆ **Note:** No account balances can be maintained on participants accounts.

FITNESS ROOM INFORMATION

- ◆ Cost: \$15.00/session or \$60/year for ages 15-49. Payable to City of Columbus.
- ◆ Cost: \$10.00/session or \$40/year for age 50+. Payable to City of Columbus.
- ◆ Ages 15-17 must be accompanied by a parent/guardian to use fitness room.

MONDAY

CLASS START AND END DATES MAY VARY, PLEASE CHECK YOUR RECEIPT FOR OFFICIAL START AND END DATES

Time	Course #	Course	Age	Instructor	Room	Cost	Fee
PRESCHOOL							
8:45 - 9:30	35908	Parent/Child Play Gymnastics	2 - 4	Sanzo	Multi-Purpose	\$28	
9:30 - 10:15	35914	Parent/Child Play Gymnastics	2 - 4	Sanzo	Multi-Purpose	\$28	
10:00 - 10:45	36241	Parent/Child Sports Jam	3 - 6	Vokac	Gym	\$30	
10:30 - 11:15	36652	Preschool Gymnastics	3 - 6	Ms. Sunnie	Multi Purpose	\$40	
11:00 - 11:45	36407	Parent/Child Arts and Crafts	4 - 6	Vokac	Classroom A	\$30	\$5
11:15 - 12:00	36653	Preschool Gymnastics	3 - 6	Ms. Sunnie	Multi Purpose	\$40	
4:00 - 4:30	36097	PK Piano	4 - 6	Morrison	Library	\$25	\$3
4:30 - 5:00	36096	PK Piano	4 - 6	Morrison	Library	\$25	\$3
5:00 - 5:40	35577	PK Tumbling	4 - 5	Casterline	Multi Purpose	\$27	
5:45 - 6:25	35578	PK Tumbling	4 - 5	Casterline	Multi Purpose	\$27	
ELEMENTARY, TEEN							
4:30 - 5:30	36630	Fun Fitness for Kids	11 - 18	McCullum	Auditorium	\$30	
5:00 - 5:30	36090	Beginning Piano Level 1	7+	Morrison	Library	\$25	\$3
5:30 - 6:00	36094	Int. Piano Levels - 6 - 10	7+	Morrison	Library	\$25	\$3
6:00 - 6:30	36095	Int./Advanced Piano - Levels 11+	7+	Morrison	Library	\$25	\$3
6:30 - 7:00	36093	Beginning Piano Levels 3 - 5	7+	Morrison	Library	\$25	\$3
6:30 - 7:30	35575	Beg./Int. Tumbling	6 - 9	Casterline	Multi Purpose	\$29	
7:00 - 7:30	36092	Beginning Piano Level 2	7+	Morrison	Library	\$25	\$3
7:30 - 8:00	36089	Beginning Guitar Level 3	9+	Morrison	Library	\$25	\$3
7:30 - 8:30	35576	Int. Tumbling	10 - 17	Casterline	Multi Purpose	\$29	
ADULT							
8:15 - 9:30	NA	Adult Walking	50 +	NA	Gym	NA	
9:15 - 10:15	36619	Full Body Conditioning	18+	Barnes	Auditorium		\$30
1:30 - 3:30	NA	Canasta	50+	NA	Community	NA	
2:00 - 4:30	36106	Sculpture, Paper Mache, Mixed Media	18+	Holtrey	Art Room	Free	
6:00 - 7:00	36074	Beginning Taiji (T'ai Chi)	18+	Duncanson	Classroom B	\$35	
6:00 - 7:00	36621	Pilates	18+	Costello	Dance	\$27	
6:00 - 7:00	36648	Beginners Yoga	17+	Drumm	Community	\$28	
7:00 - 8:00	36076	Continuing T'ai Chi	18+	Duncanson	Classroom B	\$35	
7:00 - 8:45	NA	Whetstone Folk Dancers	18+	Rouch	Dance	Free	

TUESDAY

PLEASE CHECK YOUR RECEIPT FOR CLASS START AND END DATES

Time	Course #	Course	Age	Instructor	Room	Cost	Fee
PRESCHOOL							
9:00 - 9:45	35902	Parent/Child Play Gymnastics	1.5 - 3	Sanzo	Multi Purpose	\$33	
11:15 - 12:00	35903	Parent/Child Play Gymnastics	2.5 - 5	Sanzo	Multi Purpose	\$33	
12:00 - 12:45	36631	PK Picasso's	3 - 5	Ms. Char	Classroom B		\$20
ELEMENTARY, TEEN							
4:30 - 5:30	36605	Parkour (One Day Pass)	5 - 12	Coach Theo	Multi-Purpose	\$10/ class	
5:00 - 5:30	35698	Beginning Ballet	5 - 13	Ms. Nicole	Dance	\$32	
5:30 - 6:00	35699	Beginning Tap	5 - 13	Ms. Nicole	Dance	\$32	
5:30 - 6:30	36079	Beginning Guitar (4 weeks - 1/12 - 2/2)	6 - 12	Silver	Library	\$50	
5:30 - 6:30	36087	Beginning Guitar II (4 weeks - 2/16 - 3/8)	6 - 12	Silver	Library	\$50	
6:00 - 6:30	35700	Jazz Dance	5 - 13	Ms. Nicole	Dance	\$32	
6:30 - 7:00	35714	Tap I	9 - 13	Ms. Nicole	Dance	\$32	
6:30 - 7:30	36080	Beginning Guitar (4 weeks -1/12 - 2/2)	13+	Silver	Library	\$50	
6:30 - 7:30	36088	Beginning Guitar (4 weeks - 2/16 - 3/8)	13+	Silver	Library	\$50	
6:40 - 8:10	36649	Beginning Tae Kwon Do (Tue/Sat)	10+	Hulslander	Multi Purpose	\$45	
7:00 - 7:30	35696	Ballet	8 - 13	Ms. Nicole	Dance	\$32	
7:30 - 8:00	35712	Tap	8 - 13	Ms. Nicole	Dance	\$32	
ADULT							
9:00 - 10:00	NA	Senior Low Impact Aerobics	50+	Volunteers	Community	Free	
10:00 - 11:45	36105	Handmade Bookmaking	18+	Holtrey	Art Room	Free	
10:00 - 12:00	NA	Wii Bowling	50+	Rizzo	Community	Free	
11:30 - 1:30	NA	Water Color Open Studio	50+	Curry	Classroom A	Free	
1:00 - 3:00	NA	Bid Euchre	50+	NA	Community	Free	
1;15 - 2:30	35448	Lampworking (Glass Bead Making)	18+	Terry	Classroom C		\$40
1:30 - 4:00	36104	Glass Fusing (purchase own supplies)	18+	Holtrey	Art Room		\$25
5:30 - 6:30	35573	Adult Tumbling	18+	Casterline	Multi Purpose	\$36	
6:30 - 8:30	35446	Adult Clay	18+	Terry	Ceramics		\$48
6:40 - 8:10	36654	Advanced Tae Kwon Do (Tue/Thur/Sat)	10+	Huslander	Multi Purpose	\$50	
6:45 - 8:00	36403	Zumba w/ Lisa + Abs and Toning	12+	Towner	Auditorium	\$27	

The Body Shop Workout Bundle - 10, 20 or 30 class pass (passes expire at end of winter session)

Allows attendance to any The Body Shop Workout classes - **Inst. Michael Johnson**

Tuesday and Thursday: 3:45 pm, 4:45 pm and 5:45 pm

Saturday: 9:15 - 10:15 am

1 class pass - \$10 - #36654; 10 classes - \$70 - #36655; 20 classes - \$120 - #36656; 30 classes - \$150 - #36657

WEDNESDAY

CLASS START AND END DATES MAY VARY, PLEASE CHECK YOUR RECEIPT FOR OFFICIAL START AND END DATES

Time	Course #	Course	Age	Instructor	Room	Cost	Fee
PRESCHOOL							
9:30 - 10:15	35915	Parent/Child Play Gymnastics	1.5 - 3	Sanzo	Multi Purpose	\$33	
10:30 - 11:15	35909	Parent/Child Play Gymnastics	2 - 5	Sanzo	Multi Purpose	\$33	
11:00 - 11:30	35704	Pre Ballet	3 - 6	Ms. Nicole	Dance	\$32	
11:30 - 12:00	35706	Pre Tap	3 - 6	Ms. Nicole	Dance	\$32	
5:00 - 5:30	35702	Pre Ballet	3 - 6	Ms. Nicole	Dance	\$32	
5:30 - 6:00	35707	Pre Tap	3 - 6	Ms. Nicole	Dance	\$32	
ELEMENTARY, TEEN							
4:00 - 5:30	36357	Exel League Gymnastics	10+	Gray	Multi-Purpose	\$50	
5:45 - 6:30	36611	Gymnastics Level 1	5-6	Maynard	Multi Purpose	\$34	
6:00 - 6:30	35705	Pre Ballet/Beg Ballet	4 - 8	Ms. Nicole	Dance	\$32	
6:30 - 7:15	36612	Gymnastics Level 1	7-8	Maynard	Multi Purpose	\$34	
6:30 - 7:30	36626	Beginners Kung Fu	6 - 10	Brown	Classroom B	\$40	
7:15 - 8:00	36613	Gymnastics Level 1	9-18	Maynard	Multi Purpose	\$34	
ADULT							
8:00 - 9:15	NA	Open Walking	50+	NA	Gym	Free	
9:15 - 10:15	36616	Full Body Conditioning	18+	Char	Auditorium		\$30
9:00 - 11:30	36102	Beginning Glass Fusing (purchase supplies)	18+	Holtrey	Art Room		\$25
10:00-11:00	36208	Gentle Yoga	18+	French	Community	\$50	
11:15 - 11:45	36207	Chair Yoga	40+	French	Community	\$30	
1:00 - 3:00	NA	Current Events Round Table	50+	Lacher	Community	Free	
1:30 - 4:30	36107	2 and 3 Dimensional Collage	18+	Holtrey	Art Room	Free	
6:00 - 7:00	36620	Pilates	18+	Costello	Community	\$32	
6:30 - 7:45	35449	Lampworking (Glass Bead Making)	18+	Terry	Classroom C		\$40
7:15 - 8:15	36209	Gentle Yoga	18+	French	Community	\$50	

Total Conditioning W/ Shelli - 10, 20 or 30 class passes (passes expire one year from issue date)

Allows admittance to any of the Total Conditioning classes - **Inst. Shelli Sanzo**

Monday, Wednesday and Friday - 6:15 am - 7:00 am

Tuesday and Thursday - 9:15 am - 10:00 am

1 class pass - \$7 - #35913; 10 classes - \$50 - #35910; 20 classes - \$90 - #35911; 30 classes - \$120 - #35912

THURSDAY

CLASS START AND END DATES MAY VARY, PLEASE CHECK YOUR RECEIPT FOR OFFICIAL START AND END DATES

Time	Course #	Course	Age	Instructor	Room	Cost	Fee
PRESCHOOL							
9:30 - 10:00	36409	Music and Movement - Babies	6 mos. — 1.5	Van Bibber	Classroom B	\$50	
10:10 - 10:40	36412	Music and Movement - Toddlers	1.5 - 3	Van Bibber	Classroom B	\$50	
10:15 - 11:00	35905	Parent/Child Play Gymnastics	1 - 3	Sanzo	Multi Purpose	\$33	
10:50 - 11:20	36411	Music and Movement - Toddlers	1.5 - 3	Van Bibber	Classroom B	\$50	
11:00 - 11:30	35703	Pre Ballet	4 - 8	Ms. Nicole	Dance	\$32	
11:15 - 12:00	35904	Parent/Child Play Gymnastics	2 - 4	Sanzo	Multi Purpose	\$33	
11:30 - 12:00	36410	Music and Movement - Preschoolers	3 - 6	Van Bibber	Classroom B	\$50	
11:30 - 12:00	35708	Pre Tap	4 - 8	Ms. Nicole	Dance	\$32	
11:45 - 12:45	35674	Pee Wee Pottery Wheel and Handbuilding	2 - 5	Ms Shonda	Ceramics	\$32	\$15
4:00 - 4:40	36360	Preschool Gymnastics	3 - 5	Gray	Multi Purpose	\$35	
6:00 - 7:15	35673	MudPies Family Fun	2+	Ms Shonda	Ceramics	\$32	\$15
ELEMENTARY, TEEN							
10:00-10:45	35614	Home School Gym	5-6	Quickert	Gymnasium	\$60	
10:45 - 11:45	35580	Home School Art II	9 - 12	Cruickshank	Classroom A	\$45	\$10
11:00-11:45	35611	Home School Gym	7-8	Quickert	Gymnasium	\$60	
12:00-12:45	35610	Home School Gym	9-10	Quickert	Gymnasium	\$60	
12:00 - 1:00	35579	Home School Art I	5 - 9	Cruickshank	Classroom A	\$45	\$10
1:00-1:45	35612	Home School Gym	11-12	Quickert	Gymnasium	\$60	
1:45 - 3:00	35672	Home School Pottery and Hand Building	5 - 17	Ms Shonda	Ceramics	\$32	\$15
2:00-2:45	35613	Home School Gym	13-18	Quickert	Gymnasium	\$60	
4:00 - 5:00	36650	Improv—Grades 4,5 & 6	10 - 13	Sabo	Classroom B	\$32	
4:40 - 5:30	36356	Beg./Int. Gymnastics	6 - 12	Gray	Multi Purpose	\$42	
5:00 - 6:00	36651	Improv for Grades 7 - 12	13 - 17	Sabo	Classroom B	\$32	
4:15 - 5:30	35675	Pottery and Hand Building Open Studio	5 - 16	Ms Shonda	Ceramics	\$32	\$15
5:30 - 6:30	36355	Advanced Gymnastics/Preteam	7-13	Gray	Multi Purpose	\$42	
ADULT							
12:00 - 3:00	NA	Progressive Bridge	50+	NA	Community Room	Free	
1:00 - 3:00	NA	Poetry and Prose	50+	Volunteers	Classroom C	Free	
1:30 - 4:30	36101	Jewelry Making and Beading (provide own supplies)	18+	Holtrey	Art Room	Free	
5:30 - 8:45	36645	Adult Performance Improvisation I	18+	Sabo	Library	\$100	
5:45 - 6:45	35547	Beginning Ballroom Dance	18+	Dieringer	Dance	\$33	
6:00 - 7:00	36075	Beginning/Continuing Qigong (Ch'i Kung)	18+	Duncanson	Classroom B	\$40	
6:00 - 7:00	36398	Beginning/Intermediate Tap	18+	Bova-Ervin	Community	\$35	
7:00 - 8:00	36399	Cardio Line Dance	18+	Bova-Ervin	Community	\$35	
7:00 - 8:00	36073	Advancing Tai Chi	18+	Duncanson	Classroom B	\$40	
6:45 - 7:45	35550	Intermediate Ballroom Dance	18+	Dieringer	Dance	\$33	
6:45 - 8:00	36404	Zumba w/ Lisa + Abs and Toning	12+	Towner	Auditorium	\$27	

FRIDAY

CLASS START AND END DATES MAY VARY, PLEASE CHECK YOUR RECEIPT FOR OFFICIAL START AND END DATES

Time	Course #	Course	Age	Instructor	Room	Cost	Fee
PRESCHOOL							
9:30 - 10:15	35906	Parent/Child Play Gymnastics	1.5 - 2.5	Sanzo	Multi Purpose	\$33	
11:30 - 12:15	35907	Parent/Child Play Gymnastics	2 - 5	Sanzo	Multi Purpose	\$33	
ELEMENTARY, TEEN							
5:00 - 7:30	36259	Gymnastics Team	8 - 16	Gray	Multi-Purpose	\$100	
7:30 - 8:30	36358	Gymnastics Open Gym	6 - 16	Gray	Multi-Purpose	\$7/class	
ADULT							
9:00—11:45	36103	Acrylic Painting	18+	Holtrey	Art	Free	
9:15-10:15	36614	Full Body Conditioning	18+	Char	Auditorium		\$30
10:30 - 11:30	36238	Fearless Falling (Adult Safety Skills)	18+	Grigsby	Multi Purpose	\$30	
10:30 - 12:30	35447	Adult Clay	18+	Terry	Creamics		\$48
2:00 - 4:00	NA	Open Art Studio	18+	Holtrey	Art Room	NA	
6:00 - 7:00	36408	Flamenco Dance	15+	Pontones	Dance	\$25	

Open Playtime Gymnastics - ages 1 - 5

Come enjoy open playtime in the Whetstone Gymnastics room. Stations will be set up and parents will be able to enjoy open playtime with their little ones. The room will be supervised by an instructor.

Purchase class passes at the front desk:

1 class - \$4; 10 classes - \$30; 20 classes - \$50 (passes expire 6 months from issue date)

Wednesday, Thursday and Friday - 12:30 - 2:00

Introduction to Stiltwalking

Local performers "The Amazing Giants" will be offering two clinics to learn the art of stiltwalking. Learn how to get up on stilts, walk, fall, move and dance. Start on 18" stilts and work your way up to 3'.

Saturday 1/16/16—Ages 10 - 17. 1:00pm - 3:30 pm - cost: \$40.00 - course # 36622

Saturday 1/23/16 - Ages 18+ - 1:00 pm - 3:30 pm - cost: \$40.00 - course # 36623

Ground Work & Stilt Tips and Tricks

Saturday - 2/13/16 - Ages 18+ - 1:00 pm - 3:30 pm - cost - \$25.00 - # 36624

Kids Stilts Level 2

Saturday - 2/20/16 - Ages 10 - 17 - 1:00 pm - 3:30 pm - cost - \$25.00 - #36625

SATURDAY

CLASS START AND END DATES MAY VARY, PLEASE CHECK YOUR RECEIPT FOR OFFICIAL START AND END DATES

Time	Course #	Course	Age	Instructor	Room	Cost	Fee
PRESCHOOL							
ELEMENTARY, TEEN							
10:00 - 12:00	36628	Beginners Kung Fu	11+	Brown	Classroom B	\$40	
12:00 - 1:00	36627	Beginners Kung Fu	6 - 11	Brown	Classroom B	\$40	
ADULT							
9:45 - 9:45	35574	Adult Tumbling	18+	Casterline	Multi Purpose	\$36	
10:00 - 12:00	36645	Adult Performance and Improvisation I	18+	Sabo	Classroom B		
10:15 - 11:30	36402	Zumba W/ Lisa + Abs and Toning	12+	Towner	Auditorium	\$27	
1:00 - 2:00	36629	Women's Self Defense	11+	Brown	Classroom B	\$40	
3:00 - 4:00	35548	Beginning Ballroom Dance	18+	Dieringer	Classroom B	\$33	
4:00 - 5:00	35549	Intermediate Ballroom Dance	18+	Dieringer	Classroom B	\$33	

Parkour Drop In Classes - \$10.00 per class - #36605 - 10 class pass \$75 - #36606

Time	Day	Course	Age	Instructor	Room
PARKOUR DROP IN CLASSES - \$10.00 PER CLASS					
4:30 - 5:30	Tuesday	Kids Parkour	5 - 12	Torchia	Multi Purpose
12:00 - 1:00	Saturday	Preschool Parkour	3 - 5	Torchia	Multi purpose
1:30 - 2:30	Saturday	Kids Parkour	6 - 11	Torchia	Multi Purpose

Zumba Fitness Bundles - 2 days or 3 days a week - 7 week session

Pick any two or three days a week at attend Zumba fitness classes - **Inst. Lisa Towner**

Tuesday and Thursday - 6:45 pm - 8:00 pm and Saturday - 10:30 - 11:45

2 days a week - \$47—#36405 ; 3 days a week - \$53 - #36401

Full Body Conditioning Bundle - Monday, Wednesday & Friday

Take all three days Monday, Wednesday and Friday, Full Body Conditioning Classes - **Inst. Char Barnes**

Monday, Wednesday and Friday - 9:15 - 10:15 - **Cost: \$60 - #36618**

Any two days - 9:15 - 10:15 - **Cost: \$50 - #36617**

Open Pickleball Schedule

Purchase a one year pickleball pass for \$20.00

Beginner/Intermediate - Monday, Tuesday and Friday - 11:00 - 1:00

Advanced - Monday and Friday - 1:00 - 3:00

All Levels - Monday & Wednesday - 6:15 am - 8:00 am

(days and times are subject to change session to session)