

LifeCare Alliance

Meal Tasting – Martin Janis Center

Please come and join us for a hot, nutritional lunch provided by LifeCare Alliance's Meals-on-Wheels program. We are more than just a meal.

Tuesday, October 11, 2016

At 12NOON

Host: Joe Ingram

Location

600 E. 11th Avenue, Columbus, OH

Free tasting for all building residents!

Please sign up with your Site Coordinator no later than:

Monday, October 10, 2016



A client favorite - Salisbury steak, herb beef gravy, mashed potatoes and buttered corn and cinnamon applesauce.

Why should I choose LifeCare Alliance?

- **Choice:** We offer a variety of meal types customized for your preferences. Frozen meal clients can select their entrees, fruits, beverages and snacks every week.
- **365 days a year:** We are the only meal provider that offers daily delivery 365 days a year!
- **Guaranteed nutritious:** Our meals are planned by our chefs and approved by a registered dietitian.
- **More than just a meal:** LifeCare Alliance offers special services to our customers, including free pet food and pet care programs.
- **Choose local:** We prepare and distribute our meals right here in central Ohio.

Looking for a fulfilling way to serve? Call us now at 614.437.2859 or find us at www.lifecarealliance.org



Thank you for helping us Nourish the Human Spirit.

About LifeCare Alliance



Formed in 1898, **LifeCare Alliance** is central Ohio's first in-home health care agency, Ohio's first agency to provide visiting nurses, and the nation's second agency to deliver Meals-on-Wheels. LifeCare Alliance is a not-for-profit organization that provides a comprehensive array of health and nutrition services to older adults and medically challenged or homebound residents of central Ohio through its signature programs: Meals-on-Wheels, Senior Dining Centers, Wellness Centers, Help-at-Home, Visiting Nurses, The Columbus Cancer Clinic, Project OpenHand-Columbus, Groceries-to-Go, IMPACT Safety and Senior PetCare. The Agency's mission is to lead the community in identifying and delivering health and nutrition services to meet the community's changing needs.

LifeCare Alliance has emerged as a national leader in merger collaborations and program assumptions, having successfully completed numerous combinations including Meals-on-Wheels of Madison, Marion, Logan and Champaign Counties, Project OpenHand-Columbus, The Columbus Cancer Clinic and IMPACT Safety. These mergers have eliminated or reduced costs and the redundancy of services in central Ohio, resulting in more funds for programs, enhanced services and an increase in client access to basic needs.

LifeCare Alliance has begun several social entrepreneurship endeavors to provide added funding for our clients, including L.A. Catering, meal sales, corporate wellness programs, immunizations and travel vaccines.

Meals-on-Wheels provides nourishing food and conversation to homebound older adults, the disabled, and the medically challenged 365 days a year. Meal options include hot, cold, frozen, diet, kosher, vegetarian, pureed and mechanical soft.

Administrative Offices

1699 W. Mound Street
Columbus, OH 43223
(614) 278-3130 - Services
(614) 444-MEAL - Volunteer Opportunities
(614) 278-3143 - Fax

www.lifecarealliance.org

Follow us on Facebook, Twitter, and Instagram!



