

# FOLLOW THE LEADER



A Publication for the employees of the Columbus Recreation and Parks Department

OCTOBER, 2014



It's hard to believe the 2014 summer season is over. We had a great summer. Recently we pulled together some numbers that show the impact Recreation and Parks has in the community. They are impressive.

- ⇒ 4,245 registrants in our recreation camps
- ⇒ 876 registrants in outdoor education camps
- ⇒ 725 registrants in therapeutic recreation camps
- ⇒ 1,251 participants in the Hershey track meets
- ⇒ 808 attended the Clippers game
- ⇒ 1,366 attended the trip to Zoombezi Bay
- ⇒ 2,216 participated in trips to the Zoo
- ⇒ 66,574 trips through the turnstiles at our pools
- ⇒ **630,920 meals served up from 482,739 in 2013**
- ⇒ 1,382 rentals in our complexes
- ⇒ 115 volunteers helped improve 13 playgrounds
- ⇒ 4,800 new trees were planted
- ⇒ 350,000 attended the Jazz and Rib Fest
- ⇒ 30,000 attended the Rhythm on the River series
- ⇒ Over 80,000 visits to Berliner Park for tournament and leagues



Alan D. McKnight

Director

There was much more going on, these are just some of the highlights. All of you should be proud of the work you do.

On September 25, we announced the plans for the Gregory S. Lashutka Event Center at Griggs Reservoir. The Richards House, also known as the Dam Keepers House, will be renovated and meeting/banquet space will be added to the building. Former Mayor Lashutka attended the event along with many former city staff that worked during his administration. It was a wonderful event and we look forward to the completion of the improvements next year.

Fall programming is starting and we continue to make improvements to our facilities. The renovations to the Westgate Community Center are nearing completion and dedication is scheduled for October 16, work has begun on the replacement for Lincoln Pool and the replacement of Glenwood Recreation Center should start soon. We have also submitted our budget for 2015. The budgets look good as we move forward. While there is not a lot of growth, we will continue all of the programs from 2014, with some minor adjustments.



Thank you for all that you do!

# CRPD STAFF NEWS ...

Thoughts go to **Bill Stischok** (Raymond Memorial Mnt.) on the loss of his mother-in-law in May.

Congratulations to **Terri Hoffman** (Raymond Memorial Golf Course) on the May birth of her first grandchild, Hannah Grace Eing!

Congrats to **Erika Myers**, LSW (COAAA), on her June 27 marriage to Kalih M. West!

The brother of **Manney Clark**, Douglas Recreation Center, passed away in early August. Our sincere condolences go out to Manney and his family.

Condolences to **Steve Hiland**, Fiscal, on the loss of his grandmother in August.

Welcome to new Beatty Capital Kids team member, **Stephanie Wade**. She can be reached at 614.645.3635 or [stwade@columbus.gov](mailto:stwade@columbus.gov).

Our condolences to the family of **Hubert "Coach" Glanton** who passed away in August. He was the boxing coach at Dodge Recreation Center.

Congratulations to **Tom Murphy**, Maintenance, both on becoming a grandpa for the 1st time on August 17 to Ella Lynn Murphy, and on his promotion to Irrigation Specialist.

**Tom Murphy** also wants to give a shout out to our electricians, **Scott Stone**, **Brain Scanlon** and **Larry Perkinson** who are a great help whenever he calls them. Kudos to them and all the behind the scenes staff who contribute to the mission every day!!

Welcome to new employee, **Nathan Weaver**, who is an Irrigation Specialist.

Our condolences to the family of **Darius Leftenant**, park maintenance, who passed away recently.

Welcome to our new employees who have joined **Community Recreation:**

**Charnon Barnes**-Rec Supervisor, Whetstone, **David Pace**-Rec Supervisor, Milo Grogan, **Kimberly Wheeler**-Rec Supervisor, Sullivant Gardens, **James Smoot**-Rec Supervisor, William H. Adams, **Asha Burney**-Rec Leader, William H. Adams, **Deshaunta Drew**-Rec Leader, Marion Franklin, **Scott Sheets**-Rec Leader Marion Franklin, **Jamar Harris**-Rec Leader, Holton, **Lori Poindexter**-Rec Leader, Beatty, **Jessica Pallante**-Rec Leader, Indian Mound, **Alex Nichols**-Rec Leader, Brentnell, **Nathan Lapish**-Rec Supervisor, Tuttle, **Olivia Atley**-Rec Supervisor, Lazelle, **Alfonzo Clarkson**-Custodian, Beatty, **Jonte' Jones**-Custodian, Howard, and **Jaqueline Jones**-Custodian, Martin Janis. Welcome to the CRPD family!

## What's All the Buzz About the Farm?

### Fall Harvest Jamboree

at **Smith Farms**

**Saturday, October 11**

**Noon to 5:00 p.m.**

**FREE Admission/Parking \$5.00**

Join us on the farm for...

*Corn Maze*

*Hay Rides*

*Children's Farm Games*

*Art Activities*

*Country Foods for Sale*

*1 Pumpkin per child while they last*

*Climbing Wall \$2 per climb*

*Horseback Rides \$5*

**...and much, much, more.**



## Team Boccia in China

**Luke Edelbrock**, Therapeutic Rec, announced that **Cornelius Oatis** and **Marck Harrison** will be representing the United States Boccia team at the World Championship in Beijing, China. Cornelius and Marck left Sept. 18 and the competition began Sept. 22. Team USA is ranked 14<sup>th</sup> in the world. USA was ranked 26<sup>th</sup> in the world two short years ago. This team, in this short time, has put the USA Paralympic Boccia team in great position to qualify for the 2016 Rio de Janeiro Paralympic Games. They met their fund raising goal of \$16,000. If you would like to learn more about our Boccia program and help support, please contact Luke at 5-0257. We wish these gentlemen great success as well as Team USA Boccia. Go Team USA, USA, USA!!!!



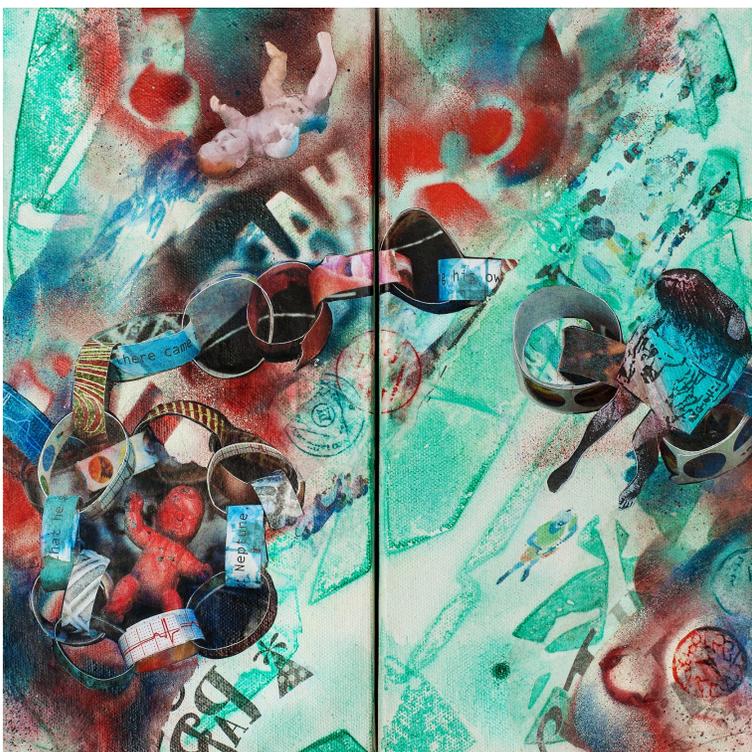


## TAKE A BREAK FOR YOUR CREATION DESTINATION AT A CULTURAL ARTS CENTER WORKSHOP THIS FALL

It's *Always the Write Time*, a day of creative writing with Mimi Chenfeld only \$15, November 22, 10 am-2 pm.

*Redesign Patterns Like the Pros Do*, and make your clothes fit with Nina Bagley only \$100 for 5 classes, Tuesdays 6:30-9:30pm, September 30, & October 7, 14, 21, 28. Class limited to 10 students.

*Get Hammering: Blacksmithing 101*— Instructor Paul Ailing will help you make a simple decorative object and will have you bending hot steel into artful objects. Only \$150 for two days-9 am -3 pm; Oct. 11-12 or Oct. 25-26 or Nov 1-2. Sessions limited to 4 students.

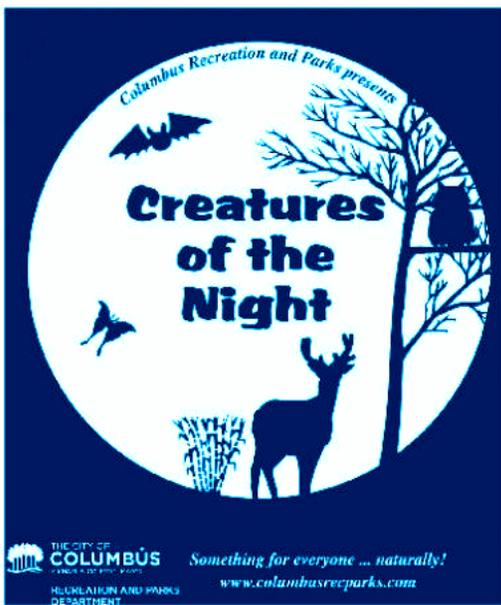


## CAC'S "CONVERGING BOUNDARIES" CLOSES SATURDAY

The Cultural Arts Center's exhibit featuring the works of Christine Guillot-Ryan, "Converging Boundaries," will close October 4. Be sure to stop by and take in this exciting exhibit while it is here. "Christine's work draws her viewer into a self-made affecting realm," said Geoff Martin. "They are able to use the bits and pieces in the collages to understand their internal world."

"I use mixed media to explore the subjective nature of perception, and express the tension between the material and the intangible," said Guillot-Ryan. "Taking fragments of the external world, I merge them with paint to capture visions of morphing inner realities."

For more information, visit [CulturalArtsCenter-Online.org](http://CulturalArtsCenter-Online.org) or call 645-7047.



Join us for a night full of adventure at Indian Village Outdoor Education Center.

Enjoy a guided night walk where you will meet native nocturnal "animals". Each animal will be eager to tell its own tale of nightly adventures and survival!

Finish off the evening with hot cocoa and non-scary stories by the campfire.

This is a non-scary event geared toward families with young children.

Saturday, October 18, 2014

7 PM - 9 PM

Admission: \$3.00 per person

Children 2 and under are free. Pre-registration is available [HERE](#).

Groups leave every 15 minutes

Last group leaves at 8:30 PM

Indian Village Outdoor Education Center  
3200 Indian Village Rd.  
Columbus, OH 43221  
614.645.3380  
[columbus.gov/outdooreducation](http://columbus.gov/outdooreducation)



## CRPD HOSTS EMPTY BOWL EVENTS

Columbus Recreation and Parks will be hosting our annual Empty Bowls events. Empty Bowls is a project where Community Center participants, local organizations/churches and community members make ceramic bowls during classes and workshops. The bowls are then distributed amongst the participating sites where the public can come to select a bowl and sit down for a delicious meal of soup and bread for a donation of \$10. The "Empty Bowl" is yours to keep as a reminder of the meal's intent. The soups are made by the host site's volunteers while the bread and drinks are donated by local businesses. All proceeds benefit the Mid-Ohio Foodbank.

This is a wonderful collaboration between local businesses and churches, the Mid-Ohio Foodbank and Columbus Recreation and Parks which benefits the Central Ohio Community.

### Want to get involved?

Join us at one of the following events:

Sat, Nov 1, First Unitarian Universalist Church, 93 W. Weisheimer Rd., 43214

Wed, Nov 5, Martin Janis 50+ Center, 600 E. 11<sup>th</sup> Ave., 43229

Fri, Nov 7, Gillie 50+ Center, 2100 Morse Rd., 43229

Fri, Nov 7, Whetstone Community Center, 3923 N. High St., 43214

Sat, Nov 8, St. Luke Lutheran Church, 4456 Morse Rd., 43230

Sat, Nov 8, Woodward Park Community Center, 5147 Karl Rd., 43229

Sun, Nov 9, North Unitarian Universalist Congregation, 1574 Franklin St. Lewis Center, 43035

More events will be added. Continue to check our website for updates.

**OR** Come make a bowl at one of our Community Centers. Also, Marcy's Clayground in Powell has bowls that can be painted (call 932-3000 for more information). Call Wendy Frantz at 614-645-7427 for more information.



## Grand Illumination Ceremony

Bicentennial Park

Friday, December 5

5 p.m. Holiday Activities

6 p.m. Ceremony Begins

Mayor Michael B. Coleman invites you to celebrate the holiday season and Grand Illumination of Bicentennial Park and the Scioto Mile. Activities begin at 5:00 p.m. with the ceremony beginning at 6:00 p.m.

Enjoy traditional carols, a custom light show choreographed to seasonal music, and a special appearance by Santa! In the spirit of giving, support the Empty Bowls project by purchasing a piece of handcrafted pottery and receive a bowl of hearty chicken and dumpling soup compliments of Milestone 229. All proceeds benefit the Mid-Ohio Foodbank.

Complimentary cookies and hot cocoa will be available immediately following the ceremony.

For more information visit: [www.SciotoMile.com](http://www.SciotoMile.com) or 'Like' us on Facebook



## Grand Illumination

Downtown Columbus

December 5, 2014 through January 10, 2015, Nightly

Celebrate the season as Downtown Columbus comes alive during the holidays. Stroll along the illuminated Scioto Mile Promenade to Bicentennial Park where visitors can enjoy the stunning holiday light display. The Scioto Mile features over 200,000 holiday lights as well as dynamic seasonal imagery projected onto the Scioto Mile Fountain, creating a one-of-a-kind visual experience. Stop in Milestone 229 to warm up with a hot beverage and dinner while enjoying a panoramic view of the park and downtown skyline.

For more information visit [www.SciotoMile.com](http://www.SciotoMile.com) or 'Like' us on Facebook

## MOORE'S MINUTE - by Tom Moore, Safety

### Do you know - - - about BACK INJURIES



Occupational back injuries still account for approximately 20 percent of all occupational injury cases. Every year hundreds of thousands of disabling back injuries occur at work. Costs for back injuries usually range in the thousands of dollars. Back aches are responsible for a large percentage of the recorded absences in the workplace each year. Rehabilitation for back injuries is sometimes a long process, however, it is clear that the longer a person is out because of a back injury, the harder it is to return to be a productive worker.

### **HAZARD**

Causes of back injuries are often believed to be: lack of physical fitness, lack of abdominal muscle strength, physically heavy work, stationary work postures, frequent bending and twisting, lifting and forceful movements, exposure to repetitive work, exposure to vibrations, and a history of back pain are four times greater than those individuals with no prior history.

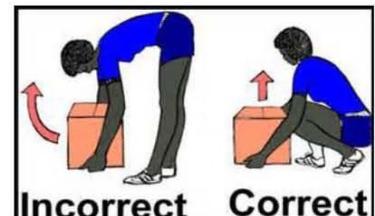
Efforts to prevent serious back injury in the workplace should include:

1) Learning how the back works, how to take care of the back, and how to lift safely. 2) Realizing personal responsibility for helping to prevent back injury and perform safe lifting techniques. Taking time to “size up” the situation and apply your knowledge and training, to perform that job safely and without injury, when rules given do not apply for a particular condition or situation. You may not always be able to BEND YOUR KNEES, but use your common sense and find the safest way to lift. 3) Learning the importance of a healthy back through exercise.



### **ABATEMENT**

Some other methods to help reduce back injuries are: 1) To correctly place a lifted load on an elevated surface, place the object on the edge of the table, bench or shelf or other elevated surface, then slide it into position. 2) To lift something over shoulder height, pick up the object safely and set it onto a lower shelf, on your leg or hip, get a better grip on the object, so you can get more weight centered under mid-line so you can use your legs to do the work. 3) Do not twist and strain during a lift. 4) Assess if something looks heavy, awkward or hard to handle and get help before you attempt to lift it yourself. 5) If possible, get mechanical help when lifting. 6) Understand that if you are going to push something, you need to push with your legs and not your back. 7) If you cannot push a load and must pull it, be sure to bend your elbows and knees. Put one foot back for balance. Pull with your forward leg while taking short, steady steps. Don't arch your back. Get help if the load is heavy!



**Incorrect Correct**  
AFTER TESTING ITS  
WEIGHT,  
SWUAT TO LIFT A  
HEAVY, LOW OBJECT.

