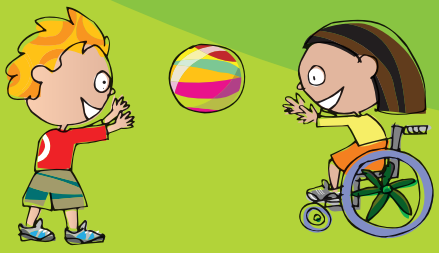
Bilaash ah oo Ammaan Leh

Xagaagu Waa Xilli Leh Maaweelo, Saaxiibo & Cunto

Xagaaga ka Dhig Mid Tirada Ugu Jira Ilmahaaga.

Firfircooni bilaash ah*, saaxiibo, iyo waliba cunto bilaash ah, ayaa laga heli karaa goobo la maareynayo oo agtaada ah.



Ogow dheeraad.
www.fns.usda.gov/summerfoodrocks

Soo wac maanta.
1-866-3-Hungry (866.348.6479)

* qaddarka barnaamijyada jira way ku kala duwan yihiin goobuhu. Booqo goobta xaafaddaada si aad u heshid faahfaahin dheeraad ah.

Xeryaha la maareynayo* iyo barnaamijka kulan-iyo-cunto waxay u furan yihiin caruurta Badhtamaha Ohio laga bilaabo horaanta Bisha Lixaad ama Juun illaa badhtamaha Bisha Sideedaad ama Oogost.

Shuraako

THE CITY OF COLUMBUS
ANDREW J. GINTHER, MAYOR
RECREATION AND PARKS DEPARTMENT

Children's Hunger Alliance

USDA

Ohio Department of Education

COLUMBUS CITY SCHOOLS

U hubso in caruurtaadu ammaan yihiin inta ay ku istareexayaan siyaabo maaweelo leh oo wax lagu barto, lagu helo caafimaad, oo ay helayaan cunto bilaash ah.

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USDA waa bixiyo fursado iyo shaqo loo siman yahay.