

The evidence is in on crown longevity

Over the last decade, research has confirmed that most crowns last a long time. That's great news for people who currently have crowns or those who may get one in the near future.

A number of studies have established the durability and longevity of crowns, reporting 90+ percent survival rates over 10 years for both ceramic and cast gold crowns. In one study, researchers at the University of Michigan School of Dentistry examined more than two million crowns over 12 years of service and found that only eight-tenths of 1 percent of the crowns in the sixth year of service needed replacement. After that, fewer than 1 percent of the crowns needed replacement in any given year. These studies confirm that most crowns last beyond the typical time limitation.

As the leader in dental benefits, Delta Dental closely monitors and assesses scientific research. That way, as we work to promote oral health, we can offer updates to plan designs that are based on evidence.

Based on this information, your employer has opted to limit the coverage of crowns provided by your Delta Dental plan to once in seven years instead of five years.

Talk to your dentist if you have questions about crowns. He or she can help you determine the most appropriate treatment based on your health and history.

