<table>
<thead>
<tr>
<th>Agency</th>
<th>Services</th>
<th>Telephone</th>
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</table>
| Franklin County WIC Programs: Columbus Public Health Nationwide Children’s Hospital | At WIC Clinic:  
- Phone and clinic consults  
- Breastfeeding classes  
- Hand pumps  
Breastfeeding Helpline:  
- Message line for breastfeeding questions/concerns  
- Electric pumps for work/school | Call your WIC clinic and ask for your Breastfeeding counselor  
645-7065 |
| Nationwide Children’s Hospital Lactation Department | Services for hospitalized infants at Nationwide Children’s  
Outpatient consults with physician referral | 722-5228 |
| Doctor’s West Hospital Lactation Department |  
- Phone consults  
- Outpatient services  
Breastfeeding classes  
Limited pump rental | 544-2111 |
| OSU Hospital Lactation Department |  
- Phone consults  
Breastfeeding classes | 293-8910  
293-5123 to register |
| Riverside Hospital Lactation Helpline |  
- Phone/outpatient services  
- Sliding fee scale, no Medicaid  
Support group  
Breastfeeding supplies, classes | 566-3434 |
| Grant Hospital Lactation Department |  
- Phone consults  
- Breastfeeding supplies for purchase  
Pump rentals/purchase  
Free baby weight checks  
Breastfeeding classes/support groups | 566-9008 |
| Dublin Methodist Hospital |  
- Phone consults  
Breastfeeding classes | 544-8002  
443-2584 |
| Mother’s Milk Bank |  
- Donor milk available with doctor’s prescription  
- Breastmilk donations accepted from screened mothers | 544-0813 |
| Mount Carmel Helpline for: Mt Carmel East  
Mt Carmel West  
St Ann’s |  
- Support groups (East & West)  
- Phone, outpatient services  
Pump rentals/purchase  
Breastfeeding supplies  
Bra fittings/sales  
Breastfeeding classes | 234-MILK |
### Books

- The Baby Book: Everything You Need To Know About Your Baby- From Birth To Age Two by William and Martha Sears
- The Womanly Art of Breastfeeding by La Leche League
- Breastfeeding Made Simple by Kathleen Kendall-Tackett and Nancy Mohrbacher
- The Nursing Mother’s Companion by Kathleen Huggins
- The Breastfeeding Café: Mothers Share the Joys, Challenges, and Secrets of Nursing by Barbara Behrmann
- Mothering Multiples by Karen Gromada
- Nursing Mother, Working Mother by Gale Pryor
- Breastfeeding Your Premature Baby by Gwen Gotsch
- Nighttime Parenting by William Sears
- Nursing Mother’s Guide to Weaning by Kathleen Huggins and Linda Ziedrich

### Websites

- [www.breastfeeding.com](http://www.breastfeeding.com)
- [www.breastfeedingonline.com](http://www.breastfeedingonline.com)
- [www.kellymom.com](http://www.kellymom.com)
- [www.askdrsears.com](http://www.askdrsears.com)
- [www.lowmilksupply.org](http://www.lowmilksupply.org)
- [www.lalecheleague.org](http://www.lalecheleague.org)
- [www.promom.org](http://www.promom.org)
- [www.4women.gov](http://www.4women.gov) (Helpline in English, Spanish 1-800-994-9662)
- [www.BFAR.org](http://www.BFAR.org) (breastfeeding after reduction surgery)
- [www.kellymom.com](http://www.kellymom.com) (Spanish, Somali)