

City of Columbus Early Childhood Obesity Prevention Coalition
Steering Committee _____ Working Group 1
_____ Working Group 2 X Full Coalition

Date: March 27, 2012 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
 Meeting Room 119E
 240 Parsons Ave.
 Columbus, Ohio 43215

Facilitator: Autumn Trombetta, Columbus Public Health
 Cheryl Graffagnino, Columbus Public Health

Attendees: Sherry Liu (OSU CPH/PRC), Andrea Lourie (NCH, Center for Healthy Weight and Nutrition), Bobbi Shannon (YMCA), Karyn Tucker (CHA/Intern), Shelby Sutphen (CHA), Cheryl Graffagnino (CPH), Carol Smathers (OSU CPH/PRC), Grace Kolliesuah (CPH-Caring for 2), Sheri Sheterom (CPH-Caring for 2), Doug Wolf (NCH), Autumn Trombetta (CPH), Candice Taylor (Mt. Carmel Church Partnerships), Phyllis Pirie (OSU CPH/PRC), Bob Holomuzki (CPH SNT), Kendall Leser (OSU CPH/PRC)

Meeting at-a-glance:

- NACCHO ACHIEVE Update
- Steering Committee Update
- Healthy Prenatal Subgroup Update
- Early Childhood Obesity Prevention Speaker’s Bureau Update
- Trike event ideas

Meeting Outcomes:

- The coalition took away several ideas from Vedette’s presentation to apply to ACHIEVE and various coalition activities
- The coalition learned more about the overweight and obesity trends in Columbus City Schools
- Letter of Recognition nomination forms were passed out at the meeting
- Coalition members will present on their organizations at future Coalition meetings

Next Steps:

- Next meeting: Tuesday April 24, 2012 10:00am -11:30am at Columbus Public Health, Room 119E.

Announcements:

- Minority Health Month Kickoff – Skip the Violence: Exercise Instead and Skip the Bad Stuff: Healthy Eating
Saturday March 31, 2012 from 11 am-2pm at Glenwood Rec Center, 1925 W. Broad St
- Healthy Policies for Healthy Children Action Institute
Friday April 27, 2012 from 8am-12:30pm at CPH’s Auditorium, 240 Parsons Ave

Agenda Item 1: NACCHO ACHIEVE Update

1. Healthy Policies for Healthy Children Action Institute
 - a. Friday April 27th 8am-12:30pm, CPH Auditorium
 - b. Speakers include: Phyllis Pirie, Jason Reece (OSU Kirwan Institute), and Andy Wapner (ODH)
 - c. Facilitator Services – pending
 - d. NCH to provide healthy breakfast
 - e. PA break with Rec and Parks and CUL Head Start Staff
 - f. Evaluation of event – in process
 - g. Announcement emailed to coalition
 - h. Event is kickoff and mandatory to be eligible for technical assistance
 - i. CHART Team to provide technical assistance to non-profit organizations in successful environmental and policy changes to provide healthier environments for pregnant women and children
 - j. Future meetings and mentoring amongst the group will be established
 - k. Organizations requesting technical assistance will be asked the number of pregnant women and children under the age of 6 they currently and/or intend to serve in order to ensure our resources are focused on early childhood obesity prevention

Agenda Item 2: Steering Committee Update

1. The Steering Committee meets on a quarterly basis and last met on March 15th
 - a. Letter of Support criteria was established and simplified for easy use by other organizations interested in receiving a LOS from the Steering Committee
 - b. Completed 1st draft of a visual of the Plan to be used as a display and also tear-offs to convey the Plan with other organizations and residents
 - c. Decision made to create logo for Coalition
 - d. Next Steering Committee Meeting: June 21st from 9-11am

Agenda Item 3: Healthy Prenatal Subgroup Update

1. The Prenatal Subgroup has completed patient surveys
2. The Subgroup is working with Capital University Nursing Students to create a healthcare provider survey to inform the creation of provider education and tools
 - a. It was suggested that Ohio Nursing Association (Bob Holomuzki) could be a possible distribution list
 - b. Also suggested was the Council on Healthy Mothers and Babies (Grace Kolliesuah) as a list to gain survey feedback

Agenda Item 4: Early Childhood Obesity Prevention Speaker's Bureau Update

1. The Speakers bureau's first meeting was held March 8th
2. Attendees included Chi Eta Phi Sorority, WIC, OSU Ext EFNEP, CHA, and CPH
3. Other possible partners suggested were YMCA, Junior League, Medical Reserve Corp, OSU Med Diet Interns
4. Outputs will include a display board, nutrition education, play tunnel, handouts, tips for home environment, training for trainers (ppt), WIC focus groups with exit interviews
5. Next Meeting: Thursday April 12th

Agenda Item 5: Trike event ideas

1. This year's Neighborhood Pride Events will have a Healthy Wednesday that will include an evening Mayor's Bike Ride
2. The idea of a 'trike rodeo' had been discussed as a possible event prior to the Mayor's Bike Ride to engage young children in biking and physical activity
3. St. Jude's Trike-A-Thon was mentioned as a possible model

4. Creating stations for children to drive from one to another
 - a. Decorating trikes or t-shirts
 - b. Water First for Thirst station with free water bottles
 - c. Hour a Day for Play
5. Helmets are needed for 2-5 year olds – actively seeking
6. Using the Imagination Playground in replacement of a trike rodeo was discussed or perhaps the kids build the course from the Imagination Playground pieces