

City of Columbus Early Childhood Obesity Prevention Coalition
Steering Committee _____ Working Group 1
_____ Working Group 2 X Full Coalition

Date: March 29, 2010 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
 Meeting Room 119E
 240 Parsons Ave.
 Columbus, Ohio 43215

Facilitator: Cheryl Graffagnino MS, RD, LD

Attendees: Phyllis Pirie (OSU CPH/PRC), Grace Kolliesuah(CPH-Caring for 2), Bobbi Shannon (YMCA), Valerie White (OSU Extension – EFNEP), Carol Smathers (OSU CPH/PRC), Sheri Sheterom (CPH-Caring for 2), Jenni Steckowski (CPH), Jenna Branski (OSU Dietetic intern), Allyse Engelder (CPH), Jacqueline Broderick-Patton (CCS), Tammy Derden (OSU CPH/PRC), Karen Gray-Medina (CPH-MCH), Bob Holomuzki (CPH), Doug Wolf (NCH), Tiffani Reid (CPH-Project LOVE) LaSandra Deat (CPH-Project Love), Dana Simms (Molina Healthcare), Matt Baldwin (CPH – Community Health)

Meeting at-a-glance:

- Program updates shared
- The new webpage reviewed
- ACHIEVE update
- Baseline evaluation update
- Healthy prenatal weight gain subgroup

Meeting Outcomes:

- The coalition reached consensus on the message of the Caring for 2 billboards about asking a healthcare provider about how much weight to gain. The final draft is due April 1, 2011.
- The new Healthy Children, Healthy Weights website is live and can be viewed at <http://publichealth.columbus.gov/healthy-children-healthy-weights.aspx>
- The baseline evaluation team has completed the development of child care surveys. A plan for administering the surveys is being developed. Distribution to childcare providers should begin in mid-April

Next Steps:

- Next meeting: Tuesday April 26, 2011 10:00am -11:30am at Columbus Public Health, Room 119E.
- Next healthy prenatal weight gain subgroup meeting: Thursday April 7, 2011 11:00am-Noon, Room N2A

Meeting Notes:

Agenda Item 1: Introductions

Cheryl Graffagnino welcomed the group.

New Attendees:

Jenna Branski-OSU intern at Columbus Public Health

- Jenna will be working with the healthy prenatal weight gain subgroup to help create patient and provider tools and resources on healthy weight gain during pregnancy.

Dana Sims—Molina Healthcare

- *Dana works in community outreach in central Ohio and specifically Franklin County. She provides guidance and management for high risk patients.*

Matt Baldwin-Columbus Public Health

- *Matt works in the community health division and facilitates the Southside and North Health Advisory Committees.*

Agenda Item 1: Program Updates

Partner/Organization	Supporting Breastfeeding	Supporting Physical Activity	Supporting Healthy Eating	Increasing Screening and Referral	Other
Doug Wolf (Nationwide Children's Hospital)		NCH is partnering with Rec & Parks to provide leisure cards to all kindergarten parents who live in 43205, 43206, and 43207. NCH is also working to expand the training and technical assistance of HCHW to childcare centers in these zip codes with the hopes that all centers will achieve Ohio Healthy Program Status by the end of 2011.	NCH is working to support a community garden and is also working to develop an email/text nutrition program called Feeding Your Kids.		
Bob Holomuzki (CPH)		Bob works in strategic nursing and is making childhood obesity prevention a priority initiative.			
Jackie Broderick-Patton (CCS)		CCS will purchase physical activity equipment for school sites that don't get P.E. This equipment will provide the students with opportunities to be physically active.			
Tammy Derden (OSU CPH/PRC)	The childcare surveys to assess current physical activity, nutrition, and breastfeeding policies/practices is in final draft form. The evaluation team is now working on a plan for survey dissemination.				
Grace Kolliesuah (CPH – Caring for 2)				Grace presented a new billboard message that encourages women to ask their healthcare provider for advice on	

				how much weight to gain during pregnancy. The final draft is due April 1 and the billboards will be going up in the next few weeks.	
<i>Sherri Sheterom(CPH-Caring for 2)</i>			Caring for 2 nurses have been completing a nutrition/healthy weight gain survey with their clients. Data is being collected and analyzed and will be shared with the coalition at a later date.		
<i>Ali Segna(CPH-Healthy Children, Healthy Weights)</i>		Ali has been scheduling and completing technical assistance visits with early childcare centers to help them create healthier menus and adopt healthy policies. This assistance is focused on helping the centers meet the criteria to apply for Ohio Healthy Program designation.			
<i>Jenni Steckowski(CPH-Healthy Children, Healthy Weights)</i>	Jenni has been working to complete the hospital breastfeeding telephone survey to all 8 local birthing hospitals. She has completed 5 out of 8.	Jenni has been helping Ali with the policy side of the technical assistance in addition to scheduling and registering center staff for HCHW training. This training is a prerequisite to apply for Ohio Healthy Program.			.
<i>Tiffani Reid (CPH-Project Love)</i>					Tiffani is working in immunizations, but reaches out to the same target population and is seeking collaboration for an upcoming immunization clinic.

Agenda Item 2: Healthy Children, Healthy Weights Website Reveal

Cheryl provided a visual presentation of the website changes that have been made. Now there are 3 tabs which the searcher can click on, depending on what information they are looking for. The first tab is focused on educators and childcare centers. It includes information about how to register for training and technical assistance as well as helpful resources for the center to use with their children. This page also has a link on how to become an Ohio Healthy Program. The second tab is focused on parents and includes HCHW parent handouts, healthy eating resources, healthy activity resources, and healthy pregnancy resources. The third tab is focused on community partners and provides a description of the coalition, how to get involved, coalition meeting schedule, coalition meeting minutes and resources that helped provide framework for the plan. The plan is in its final form and will also be available on this page in the next few weeks.

Agenda Item 3: ACHIEVE Grant Update

Cheryl and Doug Wolf are the co-coaches for the grant and traveled to Atlanta at the beginning of the month for training. The purpose of the grant is to prevent childhood obesity through policies, systems, and environmental change. There will be \$25,000-30,000 available in September to implement the plan in the targeted locations of 43205, 43206, and 43207. Currently, Doug and Cheryl are working on creating a Community Health Action Response Team (CHART). This team must include members of the community and the co-coaches are recruiting people who live in the community. More updates are to come as the CHART is developed.

Agenda Item 4: Baseline Evaluation Update

For the last 9 months, the evaluation team has been creating 2 childcare surveys; 1 for licensed childcare centers and 1 for certified type B professional home providers. The team is almost ready to launch the survey to a random sample of 150 centers and 150 type B home providers. Collecting information on type B home providers is unique because not many people are collecting data on this subset of the childcare industry. A worksite wellness survey was completed in October 2010, but the team wants to get a broader sample of worksites and disseminate the survey again.

The evaluation team also created a survey to collect data on current practices and policies that support breastfeeding in local birthing hospitals. The survey was designed to be administered over the phone and Jenni Steckowski has taken the lead on collecting this information. As of March 28, 2011, she has connected with all 8 of the nursing managers and completed 5 out of 8 surveys. She hopes to complete the final 3 surveys by the beginning of April and work with the PRC to analyze and interpret the data.

Agenda Item 5: Healthy Prenatal Weight Gain Subgroup

The subgroup first convened in January 2011 to work on appropriate prenatal weight gain messages for Caring For 2's billboard. After the first meeting, the group compiled resources that were currently being used and came to the conclusion that there was a lack of resources regarding healthy weight gain during pregnancy, especially avoiding excess weight gain. Currently, the group has created drafts of a patient tool with important questions to ask a healthcare provider about gaining a healthy weight during pregnancy. Also, the group has created a draft of a provider tool that will help answer those questions and is based on the 5 A's. Jenna Branski will be joining the group to work on these tools as well as developing a presentation that connects maternal weight gain to childhood obesity. Cheryl Graffagnino will present the PowerPoint presentation at the Council on Healthy Mothers and Babies event in early May, 2011.