# **NEAR EAST HEALTHY LIFESTYLES CENTER**



### **BLOCK WATCH WALKS**

- Get involved in your local block watch.
- Start a block watch walk for physical activity and safety.

#### **PEDESTRIAN AND BIKE SAFETY**

- Bicycles should ride in the direction of traffic.
- Bicyclist over 10 years old should ride on the street and not on sidewalks. Bicyclists have the same rights and responsibilities as motorists.
- All bicyclists should wear a helmet and children under the age 18 are required to wear a helmet.
- · Pedestrians (people walking) should walk on sidewalks or walk facing traffic.
- Pedestrians should cross the street at traffic signals, crosswalks or at an intersection.
- At an intersection with a pedestrian signal, cross the street when the signal shows "WALK" or a symbol of a walking person. Wait if the sign shows or is flashing "DON'T WALK" or a symbol of an open hand.
- You are less visible in the dark and when wearing dark clothing, so be extra careful!

#### **IMPORTANT NUMBERS**

- Complaint for dangerous or rabid animal: 614-645-6134
- For more information about the walking map: 614-645-5318
- For neighborhood concerns, contact the Southfield Block Watch: 614-491-2806
- All other concerns about streets, sidewalks, safety, or housing: 614-645-3111

## HEALTHY PLACES PROGRAM

Visit us online to find dozens of neighborhood walking maps, art walk maps, safe walking tips, and more... http://publichealth.columbus.gov/healthy-places.aspx



www.publichealth.columbus.gov

