## CAPITOL SAUARE

# COLUMBUS ART WALKS



Visit us online... http://publichealth.columbus.gov/artwalk.aspx







1393



Map Developed in Partnership with:







#### DISCOVER COLUMBUS ON YOUR OWN TWO FEET

Columbus Art Walks are self-guided walking maps and audio tours of several districts in Columbus. These unique tours are an easy way for residents, visitors, and families to get active while seeing great art, architecture, and historical sites around Columbus.

Use the map to choose how long and far you want to walk.

Use a phone or media device to listen to site descriptions.

- DIAL-IN AUDIO TOUR: To hear site descriptions over the phone, call the main number (614) 645-2646 and enter the site's 3-digit extension number to hear specific site information.
- MOBILE APPLICATION: Download the MyColumbus Mobile App and have all of the Art Walks right on your phone.



### THE ART OF WALKING

Walking is a great way to keep your body at a healthy weight! Physical activity is important for good health and can prevent or reduce obesity. The US Surgeon General recommends 60 minutes of physical activity for children and 30 minutes for adults, each day.

#### WALK SAFE

- · Use crosswalks and stay on sidewalks.
- · Remember to look both ways, and never jaywalk.
- · Obey traffic signs and signals.
- · Wear light colored clothing, day and night, to be easily seen.
- · The majority of the route is accessible and flat.

For assistance during the walk, please call the Clean and Safe Team at (614) 228-5718. If you have an emergency, please call 911.

To include more sites on the map, share feedback about your Columbus Art Walk experience, or download additional art walks, please visit the Art Walk web site: <a href="http://publichealth.columbus.gov/artwalk.aspx">http://publichealth.columbus.gov/artwalk.aspx</a>



