

IMPORTANT NOTICE

Please tell staff immediately if you have flu symptoms.

Flu symptoms include:

- Fever
- Cough
- Sore throat
- Headache
- Tiredness
- Runny or stuffy nose
- Body aches
- Chills and sweats



COVER YOUR COUGH.

- Use the sleeve of your clothes, elbow or shoulder to cover your cough or sneeze.
- You may also cover your nose and mouth with a tissue, then throw the tissue away and wash your hands.

WASH YOUR HANDS.

- Wash your hands often, especially after you cough or sneeze.
- Use soap and warm water, washing for 20 seconds, and use a towel or elbow to handle the faucet and doorknob.