

Upset stomach? It may be more than that.

Columbus is having an outbreak of Shigella, a germ that causes a diarrhea illness that can lead to dehydration and hospitalization.

It spreads easily and is most common among 2 - 4 year olds who are not fully toilet-trained, their family members, child care providers and playmates.

What To Look For

- Diarrhea
- Fever
- Stomach Cramps
- Nausea or Vomiting

What You Can Do To Stop It

- Wash hands often, especially after going to the bathroom or changing diapers, before eating and before making food or drinks.
- Stay home when sick.
- See a medical provider for testing and diagnosis.

Learn More

www.publichealth.columbus.gov



Shigella

Know it. Stop it. Prevent it.