

City of Columbus Early Childhood Obesity Prevention Coalition
Steering Committee _____ Working Group 1
_____ Working Group 2 X Full Coalition

Date: April 26, 2010 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
 Meeting Room 119E
 240 Parsons Ave.
 Columbus, Ohio 43215

Facilitator: Cheryl Graffagnino MS, RD, LD

Attendees: Phyllis Pirie (OSU CPH/PRC), Grace Kolliesuah(CPH-Caring for 2), Valerie White (OSU Extension – EFNEP), Pat Riederer (OSU Extension-EFNEP), Carol Smathers (OSU PRC), Sharon Soliday (CPH-Caring for 2), Jenni Steckowski(CPH), Jenna Branski (CPH intern), Tammy Derden (OSU CPH/PRC) Carol Smathers (OSU CPH/PRC) , Doug Wolf (NCH), Sarah Lenkay (Mid Ohio Food Bank), Terri Mangano (Mid Ohio Food Bank), Barb Seckler (CPH/Institute For Active Living), Joe Mihelick (CPH intern), Ali Segna (CPH/HCHW), Dawn Sweet (CPH/WIC), Karen Dorman(CHA), Dana Ward (Mid Ohio Food Bank).

Meeting at-a-glance:

- Program updates shared
- Mid Ohio Food Bank- Child Hunger Initiatives
- ACHIEVE update
- Business Case for Breastfeeding
- Baseline Evaluation Update
- Healthy prenatal weight gain subgroup

Meeting Outcomes:

- The City of Columbus Early Childhood Obesity Prevention Plan is now on the Healthy Children, Healthy Weights website. To view the plan visit http://publichealth.columbus.gov/uploadedFiles/Public_Health/Content_Editors/Planning_and_Performance/Healthy_Children_Healthy_Weights/ECOPP%20Final%203_21_2010_formattedv2%20_2_.pdf
- Columbus Public Health will be hosting a free workshop presented by the Ohio Department of Health titled the Business Case for Breastfeeding. It will be held on May 17th, from 9:00am-10:30am in the CPH auditorium.
- The baseline evaluation team has completed data collection on local birthing hospitals current breastfeeding policies and practices.

Next Steps:

- Next meeting: Tuesday May 24, 2011 10:00am -11:30am at Columbus Public Health, Room 119E.
- Next healthy prenatal weight gain subgroup meeting: Thursday May 5, 2011 11:00am-Noon, Room N2A

Meeting Notes:

Agenda Item 1: Introductions

Cheryl Graffagnino welcomed the group.

Agenda Item 2: Program Updates

Partner/Organization	Supporting Breastfeeding	Supporting Physical Activity	Supporting Healthy Eating	Increasing Screening and Referral	Other
Ali Segna (CPH/HCHW)		Ali and Jenni have enrolled 27 early child care centers to participate in Healthy Children, Healthy Weights program. They provide technical assistance and training opportunities with the goal of creating healthy menus and physical activity/nutrition policies in the centers that they serve.			
Dawn Sweet (CPH/WIC)	10-11 peers are working in the clinics to focus on pregnant moms and talk about the importance of breastfeeding.				
Doug Wolf (NCH)			On May 6 th , beds will be constructed for the community garden that will have 300 plants. A planting event will be held on May 14 th .		
Karen Dorman (CHA)			The USDA food chart has been updated and Karen is particularly focused on the multicultural area on ethnic foods.		
Carol Smathers (OSU/PRC)		The PRC is exploring ways that they can share the focus group results with the community and keep the conversation going about the strengths and challenges surrounding healthy eating and physical activity for families of young children.			
Sarah Lenkay and Terri Mangano (Mid Ohio Food Bank)			Sarah is working on a community garden that serves about 60 Somali families. Terri just got the budget approved to expand child programs.		

Grace Kolliesauh (CF2)	Grace and her team will be traveling to Washington D.C. on May 18 th to report on the collaboration between her project and the coalition. A poster presentation has been developed			
Jenni Steckowski(CPH/HCHW)	Jenni completed the telephone hospital breastfeeding surveys and has given the data to the PRC for data analysis.	Jenni has been helping Ali with the policy side of the technical assistance visits to childcare centers. She is also scheduling and registering center staff for HCHW training. This training is a prerequisite to apply for Ohio Healthy Program. She is also responsible for ordering the center's physical activity and nutrition equipment order.		
Valerie White (EFNEP)	EFNEP is now approved to directly engage pregnant teenagers and can now actively provide programming to this population.			
Barb Seckler(CPH/Institute for Active Living)		The Healthier Choices Initiative has acquired students to calculate nutrition information on food items at local restaurants. They are working with restaurants to promote a few healthier items. Barb has been reviewing community garden grants and the grant announcements were made on Sunday April 24 th . 60 gardens are being funded with \$60,000. The Healthy Places Initiative has created business cards that advertise Art Walks and the Get Active Columbus Website.		

Agenda Item 2: Mid Ohio Food Bank- Child Hunger Initiatives

Terri Mangano works with the Child Hunger Corps with the goal of feeding more hungry children. She also works to increase awareness about nutrition and increase the amount of healthy food in the food bank. Terri conducted a needs assessment and looked at food insecurity and poverty to see where the greatest unmet needs remain.

Dana Ward is working at the Battelle Center for Hunger and Nutrition to develop a curriculum on nutrition education. She completed a community needs assessment to find out what the community wants to know about nutrition.

Sarah Lenkay's project is focused on produce distribution. The produce is coming from Ohio growers who are subsidized to harvest their surplus produce. Sarah has identified areas of food imbalance, places that have lack of access to healthy foods, and has focused the produce distribution to the Hilltop, Linden, Southwest Columbus and Near East Side locations. This mass giveaway of produce happens twice a month and serves about 300 people. Sarah is talking with possible host sites and is seeking other partners for collaboration.

Agenda Item 3: ACHIEVE Grant Update

Currently, Doug and Cheryl are working on creating a Community Health Action Response Team (CHART). This team must include members of the community and the co-coaches are recruiting people who live in the community. So far, they have a representative from Recreation and Parks, the OSU PRC, Columbus City Schools, CPH, NCH, and an Eastside resident committed to the CHART. They are still waiting to hear from the Mayor's office. The biggest challenge has been getting community representatives from the Southside and Cheryl is welcome to any ideas or suggestions. The first meeting for the CHART is May 10th.

Agenda Item 4: Business Case for Breastfeeding

This free session, presented by the Ohio Department of Health and hosted by Columbus Public Health's Creating Healthy Communities Network, is designed to train businesses on practical ways to implement breastfeeding-friendly policies in the workplace. The session will be on Tuesday, May 17th from 9:00am-10:30am in the Columbus Public Health Auditorium. The session is free but you must register by May 9th. Contact Laurie Smith lasmith@columbus.gov.

Agenda Item 5: Baseline Evaluation Update

The evaluation team created a hospital breastfeeding survey that collects data on current practices and policies that support breastfeeding in local birthing hospitals. Jenni Steckowski completed all 8 surveys in April and has passed the data on to the PRC to analyze and report the results. The evaluation team has created 2 childcare surveys; 1 for licensed childcare centers and 1 for certified type B home providers. The team has started to mail out and pick up these surveys. The surveys will be picked up in-person and the participant will receive a Kroger gift card as an incentive to complete the survey. The survey pick-ups should be completed by the end of May.

Agenda Item 6: Healthy Prenatal Weight Gain Subgroup

The group has created drafts of a patient tool that has questions that are important to ask her healthcare provider about gaining a healthy weight during pregnancy. The group is also working on a draft of a provider tool that will help answer those questions and is based on the 5 A's. Jenna Branski, an OSU Dietetic intern has joined the group to work on these tools as well as developing a presentation that connects maternal weight gain to childhood obesity. Cheryl will use that to present at the Council on Healthy Mothers and Babies in May 2011.