

## Breastfeeding/Pregnant Moms Groups in Central Ohio

### **La Leche League of Gahanna\*:**

When: Every first Wednesday at 7:00pm

Where: Gahanna Library,  
310 Granville St., Gahanna

Leaders: Barb: 614-269-7181, [bibcare@gmail.com](mailto:bibcare@gmail.com)  
Lisa: 612-644-6604

### **La Leche League of Hilliard\*:**

When: Every third Tuesday at 7:00pm

Every second Wednesday at 10:00am

Where: Scioto Ridge United Methodist Church  
4343 Dublin Rd, Hilliard

Leaders: Allyson: 740-710-1378/ Chris: 761-9798

### **La Leche League of Reynoldsburg\***

When: Every Second Tuesday at 7:30pm

Where: Reynoldsburg United Methodist Church  
1636 Graham Rd., Reynoldsburg

Leaders: Charlene: 614-864-1949/ Rachel: 592-9963  
Christina: 740-927-5323/ Heather 937-542-9276

### **La Leche League of Northland\***

When: Every Third Wednesday at 9:30am

Where: Ascension Lutheran Church East entrance  
(ring bell) 1479 Morse Rd. Columbus

Leader: Connie: 614-301-3430

**\*\*\*La Leche League is a great place for pregnant moms to learn about breastfeeding\*\*\***

**\*\*Para ayuda en Español, llame a Jennifer al 740-739-9828**



### **St Ann's Hospital BF Moms Group**

When: Every Wednesday 10:00-11:00am

Where: St. Ann's Maternity Pavilion

Contact number: 234-MILK

### **Mt. Carmel East BF Moms Group**

When: Every Tuesday 2:00-3:00 pm

Where: Mt. Carmel East Hospital Maternity Floor  
(4<sup>th</sup> floor of the Heart Center)

Contact number: 234-MILK

### **Mt. Carmel West BF Moms Group**

When: Every Friday 11:00 am-12:00 pm

Where: Mt Carmel West, 777 West State St

Contact number: 234-MILK

### **Riverside Hospital BF Moms Group:**

When: Every Thursday at 1:30-2:30 pm

Where: Riverside Hospital Women's Center, yellow entrance

Contact number: 566-3434

### **Riverside Hospital New Mom Group:**

**(not just for breastfeeding mothers!)**

When: Every Monday and Tuesday 1:30pm- 2:30pm

Where: The Riverside Hospital Women's Center  
(yellow entrance) Contact number: 566-4446

### **Grant Hospital BF Moms Group:**

When: Every Tuesday 2:00- 3:00 pm

Where: Grant Hospital 4<sup>th</sup> floor classroom

Contact number: 566-9008