

## Consumer Comments

*Y. E.S. group helps me shine with happiness... stand tall with wonderness. It helps me have great feelings.*

*- Elementary Student*

*Y.E.S. has a good variety of activities and the staff works to make sure the activities fit the needs of the students.*

*- School Counselor*

*Y.E.S. gives children who have similar problems at home a chance to talk about it. It also teaches strategies on how to cope with those problems.*

*- School Counselor*

*Y.E. S. staff is great, the students cannot wait for them to come for the program We even added an extra group!*  
*School Counselor*

*The curriculum is so well organized and you have covered everything.*

*- Prevention Specialist*



*Mural created by Y.E.S. participants*



**Michael B. Coleman**  
Mayor

**Teresa C. Long, M.D., M.P.H.**  
Health Commissioner

City of Columbus is an Equal Opportunity Provider of Services/EEO Employer

Ohio Dept. of Alcohol and Drug Addiction Services  
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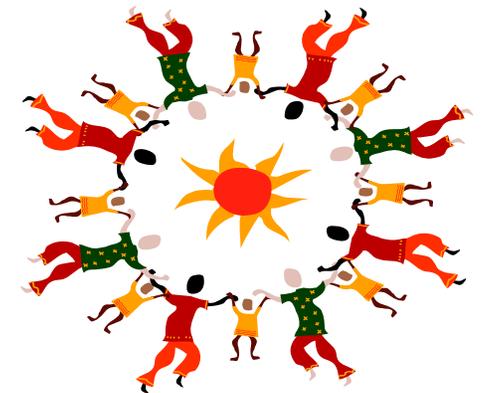
ADAMH Board of Franklin County Provider



## *Alcohol & Drug Abuse Programs*

**Y. E. S.**  
*You're Extra Special*

## *Family Intervention Groups*



**240 Parsons Ave.**  
**Columbus, Ohio**  
**43215**

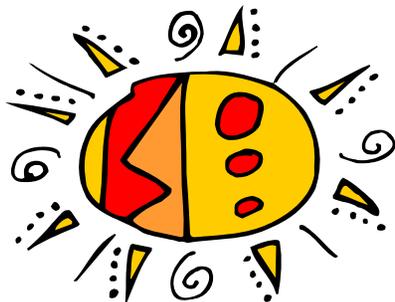
**(614) 645-7306**

## WHAT IS Y.E.S.?

### **YOU'RE EXTRA SPECIAL**

You're Extra Special (Y.E.S.) is a child-centered supportive education prevention program for children whose lives have been affected by alcohol and other drug use. It focuses on the needs, feelings, and perceptions of the child. Y.E.S. is for children:

- ◆ Whose parent (s) are in recovery
- ◆ Who love and care about someone who uses or abuses alcohol and other drugs
- ◆ Who live in foster care or adoptive families, due to alcohol and other drug use.



## HOW DOES FAMILY INTERVENTION GROUP (FIG ) WORK?

A 15 session support and education group for children ages 8-15 including 3 sessions with parents/guardians.

Y.E.S. groups utilize play and art expression.

Topics include:

- ◆ Understanding feelings
- ◆ Understanding one's own risk for addiction
- ◆ Understanding that alcohol & drug use is not the child's fault
- ◆ Self worth
- ◆ Alcohol and other drug use and its effects on children and families
- ◆ Anger management
- ◆ Safety

Parents and guardians will join in three sessions that will focus on:

- ◆ Feelings
- ◆ Alcohol and other drug education
- ◆ Communication

## Y.E.S. IMPACT

Y.E.S. was designed by the Alcohol and Drug Abuse Prevention Program to meet the following specific prevention objectives:

1. Increase participants' knowledge of how family dynamics are affected by alcohol and other drug abuse.
2. Increase participants' awareness that they may have an increased biological risk for alcohol and other drug addiction, and what they can do to reduce their risk.
3. Increase participants' resiliency skills and characteristics .

### **For more information contact:**

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