

COLUMBUS CALENDAR OF EVENTS

CHILlicothe – COLUMBUS – MANSFIELD

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured 81 community initiated events. We were elated since our goal was one event to be conducted each day “somewhere in Ohio”. Minority Health Month was designed to be a 30 day inclusive, high visibility wellness campaign. In 2000, MHM became a national celebration.

The month has grown to hundreds of events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.

The five goals established for the month from inception remain valid today:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the resources for and providers of grassroots healthcare and information;
- highlight the resolution of disparate health conditions between Ohio’s minority and non minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

March 25

Community Health Awards Ceremony & Health Expo

9:00 a.m. – 1:00 p.m.

The awards ceremony salutes the products, persons and organizations responsible for advancing the minority health movement in Ohio. Health Expo will include health information, screenings, and ethnic edutainment will be available.

**Vern Riffe Center for Government and the Performing Arts,
77 South High Street – Capital Theatre**

SPONSORED BY: OHIO COMMISSION ON MINORITY HEALTH
614-466-4000

April 3

Asian American Community Health Collaborative Workshop

9:30 a.m. – 1:00 p.m.

This train-the-trainer workshop will provide community leaders and liaisons with resources and how-to skills to conduct presentations on diabetes and hypertension in their respective communities. Registration required.

**Asian American Community Services
4700 Reed Road, Suite B – Columbus**

SPONSORED BY: ASIAN AMERICAN COMMUNITY SERVICES
614-220-4023

Consumer Empowerment Training

10:00 a.m. – 12:00 p.m.

Improving your health starts with you. This workshop gives you the tools you need to partner with your doctor. A guided exercise maintaining your health records, preparing for healthcare visits and communicating with your provider are examples of what will be discussed.

Love Zion Baptist Church - 1549 Madison Avenue – Columbus

SPONSORED BY: COLUMBUS OFFICE OF MINORITY HEALTH, COLUMBUS PUBLIC HEALTH – 614-645-7335

April 7

Healthy Teeth, Healthy Smiles

9:30 a.m. – 12:30 p.m.

Oral health education sessions for preschool and school-aged children.

**Refugee Road Christian Academy
3480 Refugee Road – Columbus**

SPONSORED BY: CITY OF REFUGE POINT OF IMPACT – 614-231-9564

April 8

Men’s Health Training

9:00 a.m. – 11:00 a.m.

A health care professional will provide information on men’s health issues. The dialogue will focus on risk factors and strategies for early detection of diabetes and prostate cancer. The message will encourage men to make lifestyle changes.

**Central Ohio Workforce Investment Corporation
1111 East Broad Street – Columbus**

SPONSORED BY: COLUMBUS OFFICE OF MINORITY HEALTH, COLUMBUS PUBLIC HEALTH – 614-645-7335

April 9

Eleventh Annual Youth Health Fair

11:00 a.m. – 1:00 p.m.

Children preschool to 6th grade will visit information and activity stations to learn about healthy lifestyles and disease prevention.

**James Singer Center
831 Matthews Street – Zanesville**

SPONSORED BY: ZANE STATE COLLEGE - 740-452-5463

April 10

The Total Wellness Diabetes Project Workshop 1

12:00 p.m. – 4:00 p.m.

Participants will receive comprehensive diabetes prevention education focusing about risk factors, warning signs, and healthy meal choices. Blood sugar screenings, resources and referral information will be provided.

**Advent United Church of Christ
2303 North Cassidy – Columbus**

SPONSORED BY: ADVENT UNITED CHURCH OF CHRIST – 614-478-0707

April 11

Minority Community Health Fair

11:00 a.m. – 4:00 p.m.

This interactive community event will provide health education and informational materials about cancer, diabetes, hypertension, pregnancy, and domestic violence.

**Carver Community Center
165 West 4th Street – Chillicothe**

SPONSORED BY: ROSS COUNTY COMMUNITY ACTION COMMISSION, INC.
740-773-4242

Stroke Awareness Sunday

1:00 pm. – 3:00 p.m.

Participants will receive information about warning signs and strategies about how strokes can be prevented. Blood pressure screenings and health education materials will be available.

**Latter Rain Church of God in Christ
259 Glessner Avenue – Mansfield**

SPONSORED BY: OHIO NORTH FIRST JURISDICTION – 330-743-3373

April 15

Adult Health Expo

6:00 p.m. – 8:00 p.m.

Participants will interact with agencies at activity stations. Breakout sessions about various ways to make lifestyle changes to prevent certain diseases and conditions.

**Zane State College
1555 Newark Road – Zanesville**

SPONSORED BY: ZANE STATE COLLEGE - 740-452-5463

Note: The times, dates and location of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the telephone number listed for verification of events.

Good Health Begins With You!®



2010 Minority Health Month

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April 16

Youth Commit to Be Fit

9:00 a.m. – 12:00 p.m.

School based workshop will provide information about alcohol, tobacco and other drugs. A certified fitness instructor, dental hygienist and nutritionist will conduct sessions about proper oral hygiene, nutrition and physical activity.

Fairmoor Elementary
3281 Mayfair Park Place – Columbus

SPONSORED BY: PROJECT LINDEN, INC. – 614-365-6169

RAAP African American Family Summit

11:00 a.m. – 1:00 p.m.

The theme of summit is "Strengthening the African American Family" will develop ways to advocate for empowering African American families through community building in the areas of health, mental health and education.

Columbus Public Health - Auditorium
240 Parsons Avenue – Columbus

SPONSORED BY: COLUMBUS OFFICE OF MINORITY HEALTH, COLUMBUS PUBLIC HEALTH – 614-645-7335

Minority Cancer Awareness 2K Walk

6:00 p.m. – 9:00 p.m.

The community is invited to participate in a 2K Walk and a remembrance ceremony.

BIC Building
261 Mechanic Street – Chillicothe

SPONSORED BY: ROSS COUNTY COMMUNITY ACTION COMMISSION, INC. 740-773-2795

April 17

Consumer Empowerment Training

11:00 a.m. – 1:00 p.m.

Improving your health starts with you. This workshop gives you the tools you need to partner with your doctor. A guided exercise maintaining your health records, preparing for healthcare visits and communicating with your provider are examples of what will be discussed.

Columbus Public Health - Auditorium
240 Parsons Avenue – Columbus

SPONSORED BY: COLUMBUS OFFICE OF MINORITY HEALTH, COLUMBUS PUBLIC HEALTH – 614-645-7335

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Youth Commit to Be Fit

10:00 a.m. – 2:00 p.m.

Community based workshop will provide information about alcohol, tobacco and other drugs. A certified fitness instructor, dental hygienist and nutritionist will conduct sessions on physical activity, proper oral hygiene and nutrition.

Beatty Recreation
247 North Ohio – Columbus

SPONSORED BY: PROJECT LINDEN, INC. – 614-645-3218

April 23

Hats Off to Health Program

11:00 a.m. – 1:00 p.m.

A panel of health care professionals will discuss access to health care for senior adults.

First Church of God
3480 Refugee Road – Columbus

SPONSORED BY: CITY OF REFUGE POINT OF IMPACT – 614-231-9564

April 24

*Men of Color Health Initiative "Power to Live" Conference ***

9:00 a.m. – 2:30 p.m.

This multicultural men's conference will focus on African Americans, Asians, and Latino health to raise the awareness and provide education about cancer prevention, chronic disease, mental health, nutrition, early detection and clinical trials.

Columbus College of Arts And Design
Canzani Center, 60 Cleveland Avenue – Columbus

SPONSORED BY: COLUMBUS PUBLIC HEALTH – OFFICE OF MINORITY HEALTH, TOBIAS PROJECT, OSU MEDICAL CENTER AND JAMES (DEP), ASIAN AMERICAN COUNCIL SERVICE, OSU TODD BELL NATIONAL RESOURCE CENTER, CENTRAL OHIO MEN AGAINST PROSTATE CANCER, LEON – 614-247-4765

Men's Health Training

10:00 a.m. – 12:00 p.m.

A health care professional will provide information about men's health issues. The dialogue will focus on risk factors, prevention and strategies for early detection of diabetes and prostate cancer. The message will encourage men to make lifestyle changes.

Columbus State Community College
550 E. Spring Street – Columbus

SPONSORED BY: COLUMBUS OFFICE OF MINORITY HEALTH, COLUMBUS PUBLIC HEALTH – 614-645-7335

Blood Glucose Screenings

10:00 a.m. – 2:00 p.m.

Participants will receive screening for blood glucose, follow-up and linkage to community resources. Health information materials will be provided.

Trinity Baptist Church
461 St. Clair Avenue – Columbus

SPONSORED BY: CENTRAL OHIO DIABETES ASSOCIATION – 614-884-4400

2010 Asian Health Fair

10:00 a.m. – 2:00 p.m.

Culturally specific health information and screenings will be provided for hypertension, cancer, diabetes, cholesterol, vision, hearing, diet/nutrition, physical exercise, and violence prevention for the Asian community and others.

Capital City Church
1290 Old Henderson Road – Columbus

SPONSORED BY: ASIAN AMERICAN COMMUNITY SERVICES – 614-220-4023

The Total Diabetes Project Workshop 2

12:00 p.m. – 4:00 p.m.

Participants will receive comprehensive diabetes prevention education focusing on risk factors, warning signs, and healthy meal choices. Blood sugar screenings, resources and referral information will be provided.

Advent United Church of Christ
2303 North Cassidy – Columbus

SPONSORED BY: ADVENT UNITED CHURCH OF CHRIST – 614-478-0707

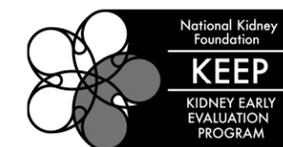
Healthy Cooking Demonstration

1:00 p.m. – 2:30pm

A registered dietician will conduct a hands-on demonstration. Modified recipe cards and samplings and will be provided.

Trinity Baptist Church
461 St. Clair Avenue – Columbus

SPONSORED BY: CENTRAL OHIO DIABETES ASSOCIATION – 614-884-4400



Events marked with "*" are not funded by the Commission.**

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