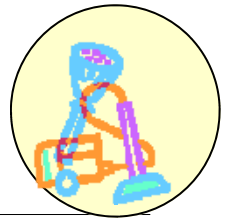
Our Healthy Homes Cleaning Schedule



	Sun ___	Mon ___	Tue ___	Wed ___	Thu ___	Fri ___	Sat ___
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Daily

- Pick up clutter & put things away
- Clean counters and eating surfaces
- Wipe stove surfaces
- Take out trash
- Check humidity levels
- Wash the dishes

Twice a Week

In child's Bedroom & play area:

- Vacuum thoroughly (don't forget under the bed)
- Dust thoroughly
- Mop bare floors

Weekly

- Vacuum and dust entire home
- Mop bare floors
- Wash or take throw rugs outside and shake
- Clean bathroom thoroughly
- Conduct a mold patrol
- Wash window sills and frames

Monthly

- Clean tops of furniture, book-cases, vases, etc.
- Clean closets
- Clean behind and under the re-frigerator and furniture
- Check belts and bag on vacuum cleaner