



Growing Healthy Kids Columbus Coalition

Steering Committee

Full Coalition

Date: June 25, 2013 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
Meeting Room 119C
240 Parsons Ave.
Columbus, Ohio 43215

Facilitators: Cheryl Graffagnino, Columbus Public Health
Jamie Turner, Columbus Public Health

Attendees: Ali Segna (CPH, HCHW), Carol Smathers (OSU Extension), Kellee Gauthier (Learn for Life), Jacqueline Broderick-Patton (Columbus City Schools), Grace Kolliesuah (CPH, Caring for 2), Shelby Sutphen (CHA), Doug Wolf (NCH), Mary Sheehan (CPH, MPH intern), Betsy Loeb (AFC), Dr. Phyllis Pirie (OSU CPH PRC), Bob Holomuzki (CPH), Jenni Steckowski (CPH, HCHW), Barb Seckler (CPH, IAL), Anita Ba (community member), Sharon Burgess (CPH, Project LOVE), Dr. Liz Klein (OSU CPH), Patty Tumen (ECDI), Sue Wolfe (CD4AP), Pat Reiderer (OSU Extension EFNEP), Korrin Vanderhoof (OSU Extension EFNEP)

Meeting at-a-glance:

- Introduction to NACCHO representative, Vicky Bass
- Program Updates
- Southside Parent Survey Overview, Dr. Pirie
- Water First for Thirst Action Plan

Meeting Outcomes and Action Steps Identified for June Meeting:

- Jamie and Cheryl will work with CPH communications department to make a large laminated action plan that can be used at each meeting to collect the work completed towards the Water First Campaign
- Coalition members will report on their progress of stated activities on pg. 5 of minutes at July meeting

Next Steps:

- Next meeting: **Tuesday, July 30, 2013 10:00am -11:30am** at Columbus Public Health, Room 119C.

Announcements:

- Obesity prevention coordinator position at Nationwide Children's Hospital is open. Please contact Doug Wolf for more information (douglas.wolf@nationwidechildrens.org)

Agenda Item 1: Introduction to NACCHO representative, Vicky Bass

Vicky is conducting a site visit to collect information on the Columbus ACHIEVE project. Lessons learned from our project will be compiled and shared with other communities who want to implement policies, systems and environmental changes.



Agenda Item 2: Program Updates

<i>Partner/Organization</i>	<i>Supporting Breastfeeding</i>	<i>Supporting Physical Activity</i>	<i>Supporting Healthy Eating</i>	<i>Increasing Screening and Referral</i>	<i>Other</i>
<i>Jamie Turner (CPH/HCHW)</i>			Completed technical assistance with 3 community organizations to assist with planning healthier menus		
<i>Shelby Sutphen (CHA)</i>		CHA is creating a kit for structured physical activity for home care providers. CHA also conducted 6 webinars last month and field staff have been trained on Water First for Thirst Messages			
<i>Grace Kolliesuah (CPH/Caring for 2)</i>	Implementing a breastfeeding promotion webinar for staff				
<i>Kellee Gauthier (Learn 4 Life)</i>	Incorporating wellness policies if you are going to be a funded agency				
<i>Patty Tumen (ECDI)</i>			Creating nutrition workshops on how to prepare healthy meals. Water bottles will be available for free to support the Water First for Thirst Campaign		
<i>Pat Reiderer (OSU Extension/EFNEP)</i>	Recertified as lactation counselors and are tracking nutrition at recreation and parks		CME banks are offering more water and will be posting Water First for Thirst posters at their branch locations		
<i>Sue Wolfe⁹ CD4AP)</i>			Offering a 5day/week lunch program with healthy recipes		
<i>Bob Holomuski (CPH/Strategic Nursing)</i>		Implementing 1:1 education on healthy eating and activity. Will be reaching out to the Native American population		Received a NACCHO	



<i>Team)</i>				2012 promising practice award for increasing screening and referral	
<i>Betsy Loeb (AFC)</i>			Has reached 31 child care centers to promote healthy eating messages and is working with 35 individuals from these centers in the Community of Learners workshops		
<i>Doug Wolf (NCH)</i>			7000 meals served in summer feeding program in 3 zip code catchment area		
<i>Jackie Broderick-Patton</i>		Working with 10 sites to design healthy environments and improve snack menus			
<i>Carol Smathers (OSU Extension)</i>		In her new position she is presenting state-wide on the ACHIEVE model as well as the Water First for Thirst Campaign. Writing a white paper on the Water First Campaign			
<i>Ali Segna (CPH/HCHW)</i>	HCHW has received 3 gold medals from the Lets Move Childcare Campaign				



Agenda Item 3: Dr. Pirie presents preliminary findings from Southside Parent Survey

- Random sample survey; representative sample from Southside Columbus
- 91% of respondents on Medicaid (children)
- 30% were not employed but looking for work
- 63% were on WIC
- Almost 50% of children were not in child care, which means we will not be able to reach them through our child care initiatives
- 62% agreed that the outdoor areas was safe, but crime and litter were listed as barriers to going outside
- 64% children were at a normal weight
- 30% were overweight/obese
- Best way for respondents to receive information was by word of mouth and flyers
- Preliminary outcomes include increasing the perception of safety, increasing indoor active play and strengthen recommendations on limiting screen time

Agenda Item 4: Water First for Thirst Action Plan

The last 20 minutes of the agenda was focused on dividing the coalition into small groups to complete an action plan for the Water First for Thirst Campaign. The action plans were collected into a big action plan sheet by Jamie and Cheryl and will help guide the coalition to complete activities on the campaign logic model.



Growing Healthy Kids Columbus Coalition Action Plan for 2013 Water First For Thirst Campaign

Audience	Tools	Action	Timeline	Responsible Party/Partners
Parents of children age birth to 5	Healthy Children, Healthy Families curriculum (existing tool)	Include Water First Campaign into curriculum	Ongoing	OSU Extension EFNEP
Pregnant Women	Healthy Children, Healthy Families curriculum	Include tips on making water more appealing	Ongoing	OSU Extension EFNEP
Children birth to 5	<ul style="list-style-type: none"> Mascot for Water First for Thirst (needed tool) CPH water bottles (have some bottles, but need more) 	<ul style="list-style-type: none"> Farmer's Market Events at CPH-Immunization clinic to promote Water First for Thirst 	July and August 2013	Project LOVE with assistance from HCHW (water bottles)
Choice Providers (e.g. those who decide what beverages are offered)	Water First for Thirst Toolkit (posters, power point presentation, one pager) (existing tool)	Present to Area Commission and Barrack Recreation Center	Summer 2013	CPH Strategic Nursing Team
Caregivers/Providers	<ul style="list-style-type: none"> Water First Posters (existing tool) Water pitchers (existing tool) Sample healthy vending language (existing tool) 	<ul style="list-style-type: none"> Provide water at all workshops for providers and internal meetings Establish healthy vending policy 	ongoing	Action for Children



Other	Logo for water first for car magnets, fridges, etc. Logo could also go on campaign flyers (logo draft has been made, but not final)	<ul style="list-style-type: none"> • Display on vending machines • Hand out magnets at community events • Post flyers at libraries and Rec. centers 	Starting in July 2013 and ongoing	HCHW
	Water First for Thirst Webpage (needed tool)	Post any relevant information and tools to the site	August 2013	HCHW can host the web page