Reduce Screen Time

Aim for no more than 2 hours a day, including TV, computers, video games and apps.

Children's Hunger Alliance
Feeding hungry minds and bodies®

Action for Children
YOUR SOURCE
For Early Learning and Child Care Services

LET'S MOVE! Child Care

Healthy Children, Healthy Weights

THE CITY OF COLUMBUS
MICHAEL B. COLEMAN, MAYOR
COLUMBUS PUBLIC HEALTH