

City of Columbus Early Childhood Obesity Prevention Coalition
Steering Committee _____ Working Group 1
_____ Working Group 2 X Full Coalition

Date: January 25, 2011 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
 Meeting Room 119D
 240 Parsons Ave.
 Columbus, Ohio 43215

Chairperson: Autumn Trombetta MS, RD, LD

Facilitator: Cheryl Graffagnino MS, RD, LD

Attendees: Phyllis Pirie (OSU CPH/PRC), Kendall Leser (OSU CPH/PRC graduate student), Jenni Steckowski (CDC Public Health Associate, CPH), Grace Kolliesuah(CPH-Caring for 2), Carol Smathers (OSU PRC), Cheryl Graffagnino (CPH/HCHW), Betsy Pandora (CPH), Ali Segna (CPH), Caryn Roth (CDC Public Health Associate, Delaware County), Liz Klein (OSU CPH), Dawn Sweet (CPH, WIC) Bobbi Shannon (YMCA), Jackie Broderick-Patton (CCS), Robert Murray MD, Samantha Anzeljc (OSU), Valerie White (OSU Extension), Betsey Loeb (AFC), Pat Riederer (OSU EFNEP), Sheri Sheterom (CPH), Karen Dormer (CHA), Karen Gray-Medina (CPH, MCH).

Guest Presenter: Dr. Patricia Temple Gabbe, MD – Moms-to-Be program

Meeting at-a-glance:

- Program Updates and Introductions
- Moms to Be Program
- Healthy Prenatal Weight Gain Subgroup
- Coalition Website Update
- Baseline Evaluation Update
- PRC Focus Groups: Physical Activity- Part 2

Meeting Outcomes:

- Dr. Patricia Temple Gabbe presented the Moms to Be Program to the Coalition to highlight successes and opportunities for partnerships.
- Cheryl Graffagnino summarized development of the Coalitions webpage.
- Dr. Pirie summarized the preliminary results of PRC focus groups on the topics of healthy eating and family meals. The focus groups were conducted in September 2010.
- The subgroup to develop healthy prenatal weight gain messaging met on January 6, 2011 to discuss the results of a Caring for 2 focus group and to define the goals and expectations of the group.

Next Steps:

- Next meeting: Tuesday, February 22, 2010 from 10:00am -11:30am at Columbus Public Health, Room 119 E

Meeting Notes:

Agenda Item 1: Welcome and Introductions

- Cheryl Graffagnino welcomed the group.
- OSU CPH PRC will be hosting its second community meeting on Feb. 8, 2011 from 6pm-8pm at the Columbus Metropolitan Library location on Parsons Ave. Please RSVP to Carol Smathers.

- Valerie White updated that the 2010 EFNEP data has been analyzed and the statewide program is doing well.
- Betsey Loeb updated that she is entering the second year of the program Nurturing Nature Through Healthy Habits. She also reported that Governor Ted Strickland signed a children's outdoor bill of rights.
- Dawn Sweet reported that WIC has hired the breast feeding peer educators and they are currently being trained.
- Liz Klein is seeking opportunities for summer practicum for public health students. If coalition members have a project that would provide a learning opportunity for students, please contact Liz for more information.
- Grace Kolliesuah reported that caring for 2 has hired 4 peer mentors. These are women who have participated in the program.

New Attendees:

Samantha Anzeljc

- Samantha is a doctoral student working with Robert Murray, MD.

Karen Dormer- Children's Hunger Alliance

- Karen works primarily with family home child care providers on early childhood education and nutrition topics. She is sharing her expertise for the child care survey that the baseline evaluation subgroup is creating.

**Agenda Item 2:
Program Updates:**

Partner/Organization	Supporting Breastfeeding	Supporting Physical Activity	Supporting Healthy Eating	Increasing Screening and Referral	Other
Dawn Sweet-WIC	WIC has hired peer helpers. They are being trained in an effort to increase breastfeeding rates.				
Betsey Loeb- AFC		Governor Strickland signed a children's outdoor bill of rights.	AFC is entering second year of the program Nurturing Nature Through Healthy Habits		
Grace Kolliesuah (CPH-Caring for 2)	Caring for 2 program has hired 4 peer mentors to assist in recruitment and community outreach for Caring for 2 program.			Caring for 2 has partnered with Dr. Gabbe's program Moms 2 Be to provide blood pressure and weight screenings	
Liz Klein					Liz noted the opportunity to host a summer practicum student

Agenda Item 3: Healthy Prenatal Weight Gain Subgroup

The subgroup's initial meeting took place on January 6, 2011. The results of a focus group of Caring for 2 participants were shared by Jenni Steckowski and Ali Segna. Participants in the focus groups had trouble connecting healthy habits during pregnancy to preventing childhood obesity. As a result, the subgroup decided that the main focus would be on healthy weight gain during pregnancy. The next meeting will be held on February 3, 2011 from 11:00am-12:00pm in room N2A to review existing healthy weight materials.

Agenda Item 4: Dr. Gabbe-Moms 2 Be program

Dr. Gabbe presented the Moms 2 Be program to the coalition. The goal of the program is to improve birth outcomes and reduce infant mortality in Weinland Park. In partnership with Caring for 2 and OSU EFNEP, the program offers experiential learning for the participants in the program. The curriculum focuses on eating smart and being active during for pregnant women. The classes are held every Wednesday at Grace Missionary Baptist Church and include cooking. There have been 20 sessions offered since the program started in September 2010. The program averages 6-8 moms per session. There is an open enrollment policy for participation and the curriculum cycles every 10 weeks. During the class, participants make enough food so that each participant can take a meal home to their families. Currently, they are not attracting teen moms because the classes are held when school is in session. The program needs more support with breastfeeding and Dr. Gabbe is seeking opportunities to partner with other programs in this area. Soon a Dad 2 Be program will also be implemented. This is a pilot program but Dr. Gabbe would like to seek additional funding in the near future.

Agenda Item 4: Coalition Website Update

Cheryl Graffagnino presented a draft of the updated coalition webpage and asked the coalition's opinion on whether or not we should provide links to partner websites. The coalition agreed that we should and Cheryl will be emailing partners in the next weeks to get partner links.

Agenda Item 5: Baseline Evaluation Update

Dr. Pirie provided a brief update on the progress of the baseline evaluation subgroup. They have created a hospital breast feeding survey and will be completing the survey by telephone in early February 2011. They are currently working on creating 2 early child care surveys (1 for child care centers and 1 for Type A family homes).

Agenda Item 5: PRC Focus Groups-Physical Activity presentation by Dr. Pirie

Dr. Pirie presented the second part of the preliminary results of the focus groups held on the Southside in September 2010. She noted that there was more discussion on nutrition rather than physical activity and this could be a result of how the focus groups were structured. Many comments were made about how adults are role models for children regarding physical activity. There were also comments about video games hindering children's time spent on physical activity. Dr. Pirie invited the coalition members to attend the next PRC community meeting at the Columbus Metropolitan Library branch on Parsons Ave. on Feb 8, 2011 from 6-8pm. Please RSVP to Carol Smathers.