

**City of Columbus Early Childhood Obesity Prevention Coalition**  
Steering Committee \_\_\_\_\_ Working Group 1  
\_\_\_\_\_ Working Group 2 \_\_\_\_\_ X Full Coalition

Date: February 22, 2010 Time: 10:00 am – 11:30 am

Location: Columbus Public Health  
Meeting Room 119 E  
240 Parsons Ave.  
Columbus, Ohio 43215

**Chairperson:** Autumn Trombetta MS, RD, LD

**Facilitator:** Cheryl Graffagnino MS, RD, LD

**Attendees:** Phyllis Pirie (OSU CPH/PRC), Kendall Leser (OSU CPH/PRC graduate student), Jenni Steckowski (CDC Public Health Associate), Allyse Engelder (CDC Public Health Associate), Grace Kolliesuah(CPH-Caring for 2), Carol Smathers (OSU PRC), Esther Gillett (WIC), Autumn Trombetta (CPH/HCHW), Cheryl Graffagnino (CPH/HCHW), Betsy Pandora (CPH), Ali Segna (CPH), Doug Wolf (NCH), Jackie Broderick-Patton (CCS), Sharon Soliday (COAT), Sarah Lenkay (Mid-Ohio Food Bank), Dana Ward (Mid-Ohio Food Bank), Valerie White (EFNEP), Pat Reiderer (EFNEP), Tammy Derdan (OSU CPH/PRC), Barb Seckler (CPH-Institute for Active Living), Karen Dorman (CHA), Denice Abbott (CPH-Project L.O.V.E), Tiffani Reid (CPH-Project L.O.V.E).

**Meeting at-a-glance:**

- Program Updates and Introductions
- Healthy Prenatal Weight Gain SubGroup Updates
- NACCHO ACHIEVE Community Award
- Baseline Evaluation Update
- Future Guest Presenters-Discussion

**Meeting Outcomes:**

- A connection was made between CPH Project L.O.V.E and EFNEP to share their resources and expertise.
- Columbus has been awarded a NACCHO ACHIEVE Community award. Cheryl Graffagnino and Doug Wolf will be the coaches for this project.
- Grace presented the billboard that the subgroup has worked on. It will be up in March in 3 locations.
- Dr. Pirie summarized the progress of the baseline evaluation group. They are finalizing two child care surveys that will be disseminated to centers and home care providers.
- The coalition agreed that guest presenters would be valuable and any one who wants to present should contact Cheryl.

**Next Steps:**

- Next meeting: Tuesday, March 29, 2010 from 10:00am -11:30am at Columbus Public Health, Room 119E.

**Meeting Notes:**

**Agenda Item 1:**

Cheryl Graffagnino and Autumn Trombetta welcomed the group.

**New Attendees:**

*Denice Abbott and Tiffani Reid – CPH Project L.O.V.E program managers*

- Denice and Tiffani's main program focus is targeting community members in zip codes 43203 and 43211 because these areas have the lowest immunization rates. Also, the last Wednesday of every month there is a free clinic at Mt. Vernon. They provide education about vaccination, the benefits of vaccinations, and work to eliminate barriers that keep people from getting vaccinated.

*Sara Lenkay and Dana Ward- Mid-Ohio Food Bank*

- *Sara and Dana are both members of AmeriCorps. They are working on nutrition education.*

**Agenda Item 2:  
Program Updates:**

<b>Partner/Organization</b>	<b>Supporting Breastfeeding</b>	<b>Supporting Physical Activity</b>	<b>Supporting Healthy Eating</b>	<b>Increasing Screening and Referral</b>	<b>Other</b>
Esther Gillett-WIC	The peer helpers will finish their trainings by the end of February and then go to clinics where a mentor is available. The Central Ohio Breastfeeding Coalition is working to update the Breastfeeding help list and put it on the CPH website. They will also be working on a breastfeeding-friendly business symbol. August 6 will be the annual breastfeeding event, from 10am-1 pm on the Statehouse lawn				
Grace Kolliesuah-CPH Caring for 2		The billboard encouraging pregnant women to eat healthy and be physically active has been completed by the subgroup and will go up in 3 locations in March. (941 E. 5 <sup>th</sup> Ave, 1485 S. High St., and 2777 Sullivant Ave.)			
Karen Dorman-CHA		CHA is looking to hire an RD to work in early childhood nutrition to develop trainings for children that promote nutrition and fitness			
Barb Seckler-CPH		Bike Columbus event is July 15-17 <sup>th</sup> . This will be the 1 <sup>st</sup> time that there will be a family fun day. The Get Active Columbus			

		website is up provides ideas for free/low-cost ways to be active.			
Betsy Pandora- CPH		In 2011, budget money will be used to build sidewalks according to Operation Safwalks plan priorities.			
Denice Abbott- CPH Project L.O.V.E.				During physicals, they are capturing weight and height at the Mt. Vernon monthly clinic.	
Jackie Broderick- Patton-CCS		On March 21, 2011, there will be a kindergarten transition meeting for parents where healthy eating, physical activity and breakfast/lunch ideas will be discussed.			

**Agenda Item 3: Healthy Prenatal Weight Gain SubGroup Update**

At the last subgroup meeting, participants gathered resources that either their program was already using or other programs were using. They compiled messages that they liked and are working to create a patient and provider tool that can be used in the City of Columbus to provide consistent messaging on what a healthy prenatal weight gain is and how to achieve it. The group also worked to finalize the billboard message and agreed on promoting the message “Eat healthy and be active for you and your baby” with a picture of a pregnant women engaging in physical activity. The next meeting will be held on March 3, 2011 from 11am-12pm in room N2A.

**Agenda Item 4: NACCHO ACHIEVE Community Award granted to Columbus, Ohio**

An application was submitted to NACCHO to develop an action plan to fully implement the City of Columbus Early Childhood Obesity Prevention Plan in to the zip-codes 43205, 43206, and 43207. The zip codes correspond with the PRC and NCH target areas. Cheryl Graffagnino and Doug Wolf will be the coaches for this project and will be attending a coaches meeting in March to gain more insight on the project.

**Agenda Item 5: Baseline Evaluation Update**

Two weeks ago, the PRC hosted the CDC for a site visit and it went extremely well. The CDC representatives were impressed with the high level of community involvement. The baseline evaluation group has been diligently working to create a research-quality survey for child care centers and they are in the process of finalizing the survey and pre-testing the survey with providers. The group received valuable feedback from CHA and AFC. The group has also created a hospital telephone survey to interview the mother/infant unit directors of the birthing hospitals in Columbus. In October 2010, the group disseminated a worksite survey to a small sample of worksites but would like a bigger list of worksites so we can have a bigger sample that would be representative of the City’s worksites.

***Agenda Item 6: Future Group Presenters***

The coalition agrees that group presenters will be beneficial for the coalition to learn more about childhood obesity initiatives that are being implemented throughout the City. Possible presenters could include Shelly Beiting from CHA and Mid-Ohio Food Bank representative. Also, the Creating Healthy Communities Network Meeting will be on March 2, 2011 from 9am-Noon in the CPH auditorium.