



# COLUMBUS EARLY CHILDHOOD OBESITY PREVENTION COALITION

Date: December 4, 2012 Time: 10:00 am – 11:30 am

Location: Columbus Public Health  
Meeting Room 119C  
240 Parsons Ave.  
Columbus, Ohio 43215

**Facilitators:** Cheryl Graffagnino, Columbus Public Health  
Autumn Trombetta, Columbus Public Health

**Attendees:** Jenni Steckowski (CPH, HCHW), Jamie Turner (CPH, Creating Healthy Communities/Safe Routes to School), Kate Whitman (Mt. Carmel, Parish Nursing), Megan Wilneff (HCHW Graduate Intern), Heather Hollern (HCHW dietetic intern), Karen Dorman (CHA), Carol Smathers (OSU College of Public Health PRC), Jennifer Kuck (NCH-Research), Terri Mangano (MOFB), Mary Sheehan (OSU MPH Student), Sue Wolfe (CD4AP HEAL initiative), Phylis Pirie (Director OSU CPH PRC), Ali Segna (CPH, HCHW), Courtney Caldwell (CHA dietetic intern), Allison Birney (Women's Health dietetic intern), Ashley Doyle-Lucas (CPH dietetic intern), Kellee Gauthier (Learn for Life)

#### **Meeting at-a-glance:**

- Program Updates
- Speakers Bureau Update
- ECOP Annual Outcomes Survey
- ACHIEVE Healthy Policies for Healthy Children Update

#### **Meeting Outcomes:**

- Speakers Bureau training is scheduled for December 8<sup>th</sup> and January 11<sup>th</sup>. Participants will be trained on three kits to use in the community: PowerPoint presentation with HCHW key messages, a health fair kit and physical activity play kit
- Coalition members were given time to complete the annual outcomes survey that will assist in evaluation of ECOP plan and strategic planning for 2013
- ACHIEVE project has received written policies from 9 out of 10 recruited organization. 2 new organizations have contacted us to engage in technical assistance

#### **Next Steps:**

- Next meeting: **Tuesday, January 29, 2013 10:00am -11:30am** at Columbus Public Health, Room 119E

#### **Announcements**

- Speakers Bureau Training-January 8<sup>th</sup>, 2013 from 6pm-8pm in Columbus Public Health Auditorium. Copy and paste link below into browser to register for training [http://publichealth.columbus.gov/health\\_forms.aspx?ekfrm=55421](http://publichealth.columbus.gov/health_forms.aspx?ekfrm=55421)
- The coalition annual outcomes survey will be available until December 31, 2012. Use this link to complete the survey! <http://www.surveymonkey.com/s/2012ECOPC>
- Second Hand Smoke Exposure and Toddlers Research Study is recruiting participants. For more information contact Jennifer Kuck or Nick Eastman, (614)270-8015
- New policy, system, and environmental change training available: see attachment or contact Carol Smathers, [csmathers@cph.osu.edu](mailto:csmathers@cph.osu.edu)



**Agenda Item 1: Program Updates**

<b>Partner/Organization</b>	<b>Supporting Breastfeeding</b>	<b>Supporting Physical Activity</b>	<b>Supporting Healthy Eating</b>	<b>Increasing Screening and Referral</b>	<b>Other</b>
<b>Heather Hollern (CPH dietetic intern)</b>	Heather created the annual outcomes survey that will collect policy, resource, and education that has been created by coalition members in 2012 and will help CPH analyze and report the data				
<b>Cheryl Graffagnino</b>		The ACHIEVE project has implemented 39 policies in 10 community organizations in the areas of healthy eating, physical activity, and breastfeeding support. We are still following up with 3 centers, so the policy number should increase.	Cheryl can offer support and assistance to any organization who is working to provide healthier menu options at events. She asks that you provide a menu of what you would serve, and then she or dietetic interns can assist in improving the menus.		
<b>Karen Dorman (CHA)</b>		CHA has been disseminating care kits to homecare providers. These kits have activities that parents can do with their children.			
<b>Ali Segna</b>	Ali has received funding to complete follow-up yearly evaluations with childcare centers. So far, over the past two years she has worked to implement policies and improve menus in 60 local child care centers. With Cardinal grant funds, she has recruited 2 new centers to participate				
<b>Autumn Trombetta (CPH, HCHW)</b>	Autumn's former position (program manager II) has been posted and she is looking for great candidates.  HCHW program has received Cardinal Health grant funds to expand the program to more catchment areas. This will be a collaborative process where HCHW will work with other grant funded organization to streamline their efforts.  Kellog Foundation grant- coalition is being written into this grant. Autumn can provide more information				



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	Healthy prenatal weight gain survey is closed. The results from this survey will be used to create a one hour training to help nurses begin the conversation about a healthy prenatal weight gain			
<b>Alison Birney (OSU Dietetic Intern)</b>				Allison has been using the prenatal nutrition assessment form during her rotation
<b>Kellee Gauthier (Learn for Life)</b>	Kellee will be working with the Cardinal Health grant recipients to engage in collaborative impact. The organizations will be meeting on Thursday, December 6 <sup>th</sup> to review a logic model to see how they can collaborate			
<b>Terri Mangano (MOFB)</b>			MOFB has a Mobile Market program that brings food to child care centers. They also have a backpack program, which is a weekend food program for children. Terri will also be tracking school attendance and food security to see if there is a correlation between the two variables.	
<b>Jamie Turner (CPH, SRTS)</b>				CPH is partnering with Rec and Parks to implement a survey about Tobacco free parks. The survey will be open until early 2013
<b>Sue Wolfe (CD4AP, HEAL)</b>			CD4AP has implemented a "water first for thirst" policy and it has been well	



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			received by the community
<b>Carol Smathers (CPH OSU PRC)</b>	Carol briefly presented on a new Policy, systems and environmental change (PSEC) training that was developed by the OSU PRC and Center for Public Health Practice. The training is divided into 3 modules and takes about 1 hour to complete. Carol will present more formally at January's meeting		
<b>Dr. Pirie (CPH OSU PRC)</b>	Dr. Pirie is involved in a large community assessment project in zip codes 43205, 43206, 43207. She will also be working with the ACHIEVE project to evaluate policies that organizations have implemented		
<b>Ali Segna (CPH/HCHW)</b>	Ali has enrolled 2 new centers into the program and has approved 2 centers post evaluations. There have not been issues putting the policies back into the handbook, but there have been minor errors in the menus that need to be corrected. Also, Ali has created a ring of fun for each age group that includes nutrition, physical activity, gardening, and the expanded 12 key messages of HCHW		



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### **Agenda Item 2: Speakers Bureau Update**

Cheryl has planned two upcoming Speakers Bureau trainings:

- Tuesday, December 11, 2012 from 6pm-8pm
- Tuesday, January 8, 2013 from 6pm-8pm

The purpose of this training is to provide trained volunteers with three resources (PowerPoint presentation, health fair kit, and physical activity kit) to take out into the community for healthy events. Cheryl will be working with a graduate student to track trainings and volunteer participation for upcoming events.

### **Agenda Item 3: 2012 Annual Outcomes Survey**

An online survey was sent to coalition members on November 28, 2012 and close on December 31, 2012. At the coalition meeting, a hard copy was also given to all members in attendance and time was given to complete the survey. Surveys were collected by intern Heather Hollern. If coalition members did not complete the hard survey, they can send it to Heather, or complete the survey online via the survey monkey link. A weekly reminder will be sent to the coalition to complete the survey. The results will be compiled and presented at the January coalition meeting.

### **Agenda Item 4: ACHIEVE Updates**

1. Currently, **39** policies have been implemented and 9 out of 10 organizations have completed technical assistance. Policies include adopting nutrition standards at community events, establishing tobacco free policies, and no sugar-sweetened beverages at community events. We are still following up with 3 centers to collect their written policies.
2. Cheryl has recruited 2 new organizations to complete the Healthy Policies for Healthy Children technical assistance: YWCA Family Shelter and Godman Guild. The first visit with YWCA has been scheduled for Thursday, December 20, 2012.

### **Additional Items added to Meeting**

*Jennifer Kuck- Second Hand Smoke Exposure and Toddlers Research Study:*

Jennifer provided brief background of this study and has handouts that she would like to distribute to places where toddlers and their parents frequent. This study is recruiting 200-300 2-5 year olds to participate. The participants will receive a \$50 gift card for each child that completes the study and also must complete a comprehensive survey. They will be recruiting through the summer. The program investigator is interested in studying second hand exposure and CVD/obesity in children. The project is funded by AAP. The results of this study could lead to policy changes around smoking exposures in the homes. A connection was made between Jen Kuck and Jamie Turner because they are both working in tobacco programs.

*Autumn Trombetta- Meaningful Use and External Organization Referral Resource:*

As a requirement for meaningful use, intake nurses are collecting BMI but don't know who to refer to if BMIs are not within a normal range. Autumn would like to make a referral resource that includes name of the organization, organization's website, and a brief description of the services they offer. Coalition members were asked to put any organizations they knew on the big post it note in the room. If you have any other resources, please email to them Autumn Trombetta [ALTrombetta@columbus.gov](mailto:ALTrombetta@columbus.gov).