

**City of Columbus Early Childhood Obesity Prevention Coalition**  
Steering Committee                      \_\_\_\_\_ Working Group 1  
\_\_\_\_\_ Working Group 2                        X   Full Coalition

Date: December 6, 2011                      Time: 10:00 am – 11:30 am

Location:                      Columbus Public Health  
   Meeting Room 119E  
   240 Parsons Ave.  
   Columbus, Ohio 43215

**Facilitator:** Autumn Trombetta, Columbus Public Health

**Attendees:**                      Allyse Engelder (CPH), Ali Segna (CPH/HCHW), Shelby Sutphen (CHA), Cheryl Graffagnino (CPH), Carol Smathers (OSU CPH/PRC), Doug Wolf (NCH), Sheri Sheterom (CPH-Caring for 2), Merv B (Kicks for Kids), Phyllis Pirie (OSU CPH/PRC), Sherry Liu (OSU CPH/PRC), Kendall Leser (OSU CPH/PRC), Ashley Martin (Columbus Urban League), Grace Kolliesuah (CPH-Caring for 2), Karen Dorman (CHA), Betsy Pandora (CPH Healthy Places), Karen Gray-Medina (CPH MCH), Barb Seckler (CPH Institute for Active Living), Molly Cull (CPH Intern), Kathleen Lux (Capital University Nursing Professor), Natasha Petroff (Capital University Nursing Student), Tiffany McCoy (Capital University Nursing Student), Katie Maust Lehman (Capital University Nursing Student), Kate Esselstein (Capital University Nursing Student), Carolyn Rankin (Columbus YMCA)

**Meeting at-a-glance:**

- Capital University Nursing Student Community Healthy Prenatal Weight Gain Presentation
- 2011 Early Childhood Obesity Prevention Coalition Achievements

**Meeting Outcomes:**

- Capital University Students will make edits to assessment and survey and will pass information on to a new group of students so that they can utilize the tools to create a DVD for the waiting room at CPH or plan a “Mom’s Night Out” with other community organizations
- Coalition members who have not added to the 2011 Achievements Survey Monkey will do so. Cheryl will then do summaries for 2011 Achievements and e-mail out final report to Coalition.

**Next Steps:**

- Next meeting: Tuesday January 31, 2012 10:00am -11:30am at Columbus Public Health, Room 119E. Carol Smathers will be presenting on the Steering Committee using the new Coalition Presentation structure and sharing the Steering Committee’s role in the Coalition.
- Next healthy prenatal weight gain subgroup meeting TBD

**Agenda Item 1: Capital University Nursing Student Healthy Prenatal Weight Gain Presentation**

**\*\*See Healthy Prenatal Weight Gain Project PowerPoint on ECOP website**

1. Background of ECOP/the Plan
2. Focus of the Project
3. Windshield Survey
4. Key Informant findings (Strengths/Weaknesses)
5. Healthy Prenatal Weight Gain Brochure
6. Survey Findings
  - a. Discussion: Finding pregnant women to complete the surveys was difficult. Members suggested Women's Clinic, St. Stephen's, Neighborhood Health Clinics, Pregnancy Care Connection
    - i. Ask receptionist which days more pregnant women come in
    - ii. Neighborhood OB/GYN clinics
    - iii. Add to the survey a question asking about cooking skills
7. Health Promotion Project
8. Assessment & Planning tool
  - a. Discussion: Create training for CEU credits
  - b. Cheryl: Maybe weave it into a pre-existing document so that clinical staff do not have an additional form to fill out
9. Resource Packet
10. Waiting Room DVD
  - a. Discussion
    - i. Resource (Ranked first by Karen)
    - ii. Mom's Night Out
    - iii. DVD
    - iv. Cheryl: Mom's Night out would be resource intensive, perhaps partner with another agency
    - v. Could use resources and then train providers on how to use them

**Agenda Item 2: 2011 Early Childhood Obesity Prevention Coalition Achievements**

**\*\*See 2011 ECOPC Achievements Grid on ECOP website**