

City of Columbus Early Childhood Obesity Prevention Coalition
Steering Committee _____ Working Group 1
_____ Working Group 2 X Full Coalition

Date: August 30, 2011 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
 Meeting Room 119E
 240 Parsons Ave.
 Columbus, Ohio 43215

Facilitator: Autumn Trombetta, Columbus Public Health

Attendees: Phyllis Pirie (OSU CPH/PRC), Sharon Soliday (CPH-Caring for 2), Allyse Engelder (CPH), Ali Segna (CPH/HCHW), Karen Dorman (CHA), Shelby Sutphen (CHA), Anita Ba (ACHIEVE CHART member), Sherry Liu (OSU CPH/PRC), Kendall Leser (OSU CPH/PRC), Bob Holomuski (CPH Strategic Nursing Team), Jacqueline Broderick-Patton (CCS), Feier Cheng (CPH intern), Cheryl Graffagnino (CPH), Ashley Martin (Columbus Urban League), Dave Ciccone (UWCO), Bobbi Shannon (YMCA), Caroline Sanker (OSU student), Rebecca Madine (Mount Carmel RN), Esther Gillett (CPH – WIC), Sandy Gill (CPH – Healthy Communities), Merv B (Kicks for Kids)

Meeting at-a-glance:

- Program Updates
- Steering Committee Updates
- Healthy Prenatal Weight Gain Update
- Community Perspectives on Research
- ACHIEVE Grant Update

Meeting Outcomes:

- Breastfeeding baseline, “Where do we go from here?” Results of the survey need to be shared with hospital administrators and the Hospital Association along with additional information comparing costs.

Next Steps:

- Next meeting: Tuesday September 27, 2011, 10:00am -11:30am at Columbus Public Health, Room 119E
- Next healthy prenatal weight gain subgroup meeting: Thursday September 1, 2011, 11:00am-12:30pm, Room N2A

Agenda Item 1: Program Updates

Partner/Organization	Supporting Breastfeeding	Supporting Physical Activity	Supporting Healthy Eating	Increasing Screening and Referral	Other
Bob Holomuski (CPH)		Bob held a Nursing CE activity on Childhood Obesity Prevention at CPH on August 10 th . He gave the same presentation at the Caring for 2 Event and will be presenting to Columbus City School nurses and Franklin county nurses in September.			
Dr Pirie (OSU)	Dr. Pirie's team has finished analyzing the childcare surveys for both centers and home care. Also, their community research video has gone national.				
Ali Segna (CPH/HCHW)	Ali has approved 25 childcare center's policies, totaling over 250 policies, 6 are breastfeeding, and 21 menus that meet the Ohio Healthy Program standards.				
Karen Dorman (CHA)	Starting classes at the YWCA on what to feed your children.				
Anita Ba (ACHIEVE Chart member)	Anita is chair of the Hard Times Festival being held September 9, 10, & 11 at CPH. They will have a breastfeed tent, physical activities for kids, including a parade and will be providing healthier menus.				
Esther Gillete (CPH – WIC)	Esther held a Breastfeeding Awareness Event on the Statehouse Lawn August 8 th . They had an attendance of 60 people with a flash mob, Music, healthy snacks and physical activities for the kids. Breastfeeding Welcome Here signs are being distributed to worksites and they are hiring more peer advisors.				
Sharon Soliday (CPH-Caring for 2)			Caring for 2 held a family event with an emphasis on healthy beverages, fruits and vegetables.		
Angela (Head Start)			School starts September 6 th and they are looking over their menus to be healthy.		
Bobbi Shannon (YMCA)			Their community garden project was a success and they are looking to add three more.		
Sandy Gill (CPH)		The Franklin County Physical Activity Plan website now has a			

		tool kit.	
Jacqueline Broderick-Patton (CCS)		Columbus City Schools has launched a wellness website to challenge schools to develop a flash mob amongst administrators and staff to promote physical activity.	
Autumn Trombetta (CPH/HCHW)	Autumn has met with the central Ohio Breastfeeding Council about Baby Friendly Hospitals. The council works with 4 major health systems.		
Rev. Merv (Kicks for Kids)		Rev. Merv is working with schools to put on a Kids Obesity Health Fair in Spring 2012. He also actively trying to ban the Pepsi billboard and get Subway posted in its place.	
Rebecca Madine (Mt. Carmel)		Mt. Carmel is helping people maintain a healthy weight in churches with bulletins, education programs at food pantries and to those who donate food.	

Agenda Item 2: Steering Committee Updates

There are currently 8 – 10 members on the steering committee. The meetings have been focused around the role of the steering committee, the role of the coalition and the implementation of the Plan. Two pieces of the focus are:

1. Identifying and endorsing efforts of the Plan. This includes providing letters of support to individual groups and grants, as well as providing recognition of support and what that process may be.
2. Setting presentation structure on how other organizations and efforts fit into the Plan. The idea is to use the ACHIEVE and CHANGE tool process. We would like to hear the behind the scenes work to utilize the plan and coordinate all efforts. Presentations will include:
 - a. What you are doing?
 - b. How does it fit into the Plan?
 - c. How can we network or assist in the efforts?

Consider whether there elements of the Plan that no one is suggesting; how can we fill in those gaps?

Agenda Item 3: Healthy Prenatal Weight Gain Update

The current Prenatal Subgroup involves WIC, OSU EFNEP, HCHW, Women's Health Clinic and Caring for 2. At the meeting we reviewed the 5As, a clinical tool developed by the subgroup for use by physicians. The feedback included, too many words, suggested for use by nurses, having it be one page was appealing, and the check off list was helpful in seeing what has already been previously discussed. It was also suggested to have outside centers, other than CPH, to utilize it, such as clinics and big group practices.

Agenda Item 4: Community Perspectives on Research

The community research training video created by OSU PRC has been released on YouTube. It was created to educate researchers on how the community perceives research. It has been picked up nationally and is being used by other Universities across the US. Here is the link to view the video:

<http://www.youtube.com/watch?v=KKgJ2VxxEZw>

Agenda Item 5: ACHIEVE Grant Update

The ACHIEVE grant was awarded through CDC and will be used to create the Community Health Action Response Team (CHART) and implement the Plan in neighborhoods located in zip codes 43205, 43206, and 43207. The CHART is completing weekly walking tours of the neighborhoods on Tuesday mornings. This is to better understand the neighborhoods if they wanted to affect policies, systems, and the environment. The walking tours are a way to get out in the neighborhood and assess walk ability, play ability, create a picture of the community for the community action plan, and tailor the plan to that neighborhood. There is only one more walk scheduled for September, but there are additional walks being coordinated at the Elizabeth Blackwell Center and Fire Fly café. Both have adequate play spaces for young children and the thought is to see how we may create playable wait spaces in public buildings. An email will be sent when these have been scheduled.

The CHART team has also completed the CHANGE tool with 15 sites, 3 in each sector. Organizations who completed the CHANGE tool found that they were doing things, but had no policy in place and saw where improvements could be made. The organizations that completed will receive their scores in hopes that improvements may be made.