

City of Columbus Early Childhood Obesity Prevention Coalition
Steering Committee _____ Working Group 1
_____ Working Group 2 X Full Coalition

Date: May 24, 2010 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
 Meeting Room 119E
 240 Parsons Ave.
 Columbus, Ohio 43215

Facilitator: Doug Wolf, Nationwide Children’s Hospital

Attendees: Phyllis Pirie (OSU CPH/PRC), Grace Kolliesuah(CPH-Caring for 2), Valerie White (OSU Extension – EFNEP), Pat Riederer (OSU Extension-EFNEP), Sheri Sheterom (CPH-Caring for 2), Jenni Steckowski(CPH), Jenna Branski (CPH intern), Terri Mangano (Mid Ohio Food Bank), Ali Segna (CPH/HCHW), Karen Dorman(CHA), Sarah Lenkay (Mid Ohio Food Bank), Anita Ba (ACHIEVE CHART member), Sherry Liu (OSU CPH/PRC), Allyse Engelder (CPH/OEP), Marilyn Taylor (Columbus Rec & Parks), Bob Holomuski (CPH Strategic Nursing Team), Jacqueline Broderick-Patton (CCS), Betsy Loeb (AFC).

Meeting at-a-glance:

- Program updates
- EFNEP Program and Services
- ACHIEVE update
- Baseline Evaluation Update
- Healthy prenatal weight gain subgroup

Meeting Outcomes:

- Pat Reiderer and Valerie White presented an overview of the EFNEP program and facilitated an interactive activity with the coalition.
- The ACHIEVE CHART has been confirmed and will be traveling to Baltimore this summer to receive further training. The ACHIEVE grant will be used to fully implement the plan in zip codes 43205, 43206, and 43207.
- The baseline evaluation team has completed a report on the results of the hospital breastfeeding survey that was completed in April 2011.
- The healthy prenatal weight gain subgroup has finalized patient and provider tools and resources and will start piloting them in the WIC clinic and women’s health clinic.

Member Requests:

- Bob Holomuski (bobh@columbus.gov) is looking for nutrition information to be distributed at the CPH farmer’s markets.
- Sarah Lenkay (SLenkay@Midohiofoodbank.org) is looking for any relevant literature that she can disseminate to participants receiving free fresh produce.
- Terri Mangano (tmangano@midohiofoodbank.org) is seeking professionals to help with program evaluation and staffing events for youth food programs.

Next Steps:

- Next meeting: Tuesday June 28, 2011, 10:00am -11:30am at Columbus Public Health, Room 119E.
- Next healthy prenatal weight gain subgroup meeting: Thursday June 9, 2011, 11:00am-Noon, Room N2A

Meeting Notes:

Agenda Item 1: Introductions

Doug Wolf welcomed the group in place of Cheryl Graffagnino, who was out on leave.

Agenda Item 2: Program Updates

Partner/Organization	Supporting Breastfeeding	Supporting Physical Activity	Supporting Healthy Eating	Increasing Screening and Referral	Other
Ali Segna (CPH/HCHW)		Ali and Jenni have approved 19 early child care centers' revised menus and polices. They provide technical assistance and training to create healthy menus and physical activity/nutrition policies. In 2011, 19 centers have improved their menus and policies so far. Over 200 policies have been implemented and impact over 1000 children.			
Bob Holomuski (CPH)		Bob works with the strategic nursing team and is focusing on childhood obesity initiatives. He will also be working on food access initiatives at the CPH farmer's markets and is requesting any information on nutrition.			
Anita Ba (CHART member)					Anita is part of the newly confirmed chart team and is also a lifestyle health educator who lives on the east side.
Karen Dorman (CHA)	Karen has been working with a group of Rwandan women to assist them in receiving their certifications to provide child care in their homes.				
Marilyn Taylor (Columbus Rec & Parks)		Marilyn joined the coalition to see how Rec & Parks can work with the community to support and promote physical activity			
Sarah Lenkay and Terri Mangano (Mid Ohio Food Bank)			Sarah has set up sites in Columbus to distribute free produce and is looking for any relevant literature that she can		

			disseminate to participants. Terri is working to build capacity and expanding youth food programs. She is seeking professionals to help with program evaluation and staffing events.		
Grace Kolliesauh (CF2)	Grace and her team traveled to D.C. on May 18 th and highlighted the collaboration between Caring for 2 and the ECOP coalition.				
Betsy Loeb (AFC)			Betsy just received a cardinal grant to work in zip codes 43206, 43207, 43208 to develop gardens and support through education and technical assistance.		

Agenda Item 2: EFNEP Program and Services

The EFNEP program has been operating for 41 years and is now in 18 counties. The 4 target areas of the program are nutrition, food safety, thrifty food shopping, and physical activity. The 8 week program is completely free to the participants and the 3 teaching assistants are also certified lactation consultants so they emphasize breastfeeding promotion. The program works best in small groups, but can be taught in homes as well. The program uses a simple curriculum called "Eating Smart, Being Active". The program has 8 lessons that last between an hour and 1.5 hours and every lesson has a key message, food tasting, physical activity, worksheets/handouts, goal setting, and an educational enhancement. Pat and Valerie facilitated a fat and sodium content lesson with the coalition as an example of the types of activities that used in the program. They are always recruiting participants for the program.

Agenda Item 3: ACHIEVE Grant Update

The CHART team members have been finalized and will be trained later in the year. The goal of the ACHIEVE grant is to fully implement the City of Columbus Early Childhood Obesity Prevention Plan in the zip codes 43205, 43206, and 43207. The first chart meeting was held on May 10th and they discussed the CHANGE tool. The deadline to complete the CHANGE is September 2011.

Agenda Item 4: Baseline Evaluation Update

The evaluation team created a hospital breastfeeding survey that collects data on current practices and policies that support breastfeeding in local birthing hospitals. Jenni Steckowski completed all 8 surveys in April and passed the data on to Sherry Liu, who created a report on the survey results. The report is available to anyone who is interested in seeing the results. The evaluation team has created 2 childcare surveys; 1 for licensed childcare centers and 1 for certified type B home providers. The team has started to collect these surveys. The surveys will be picked up in-person and the participants will receive a Kroger gift card as an incentive to complete the survey. The evaluation team is about half way through collecting the surveys.

Agenda Item 5: Healthy Prenatal Weight Gain Subgroup

The group has finalized the drafts of a patient tool that has questions that are important to ask healthcare providers about gaining a healthy weight during pregnancy. Also, the group has finalized a draft of a provider tool that will help answer those questions and is based on the 5 A's. Jenna Branski, an OSU Dietetic intern, joined the group and developed a presentation that connects maternal weight gain to childhood obesity that Cheryl Graffagnino used at the Healthy Baby Council event on May 13, 2011.