

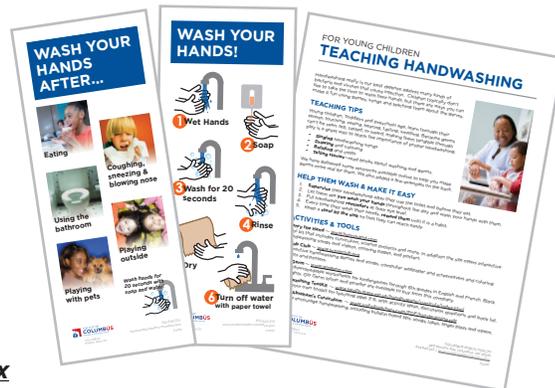
FOR CHILD CARE CENTERS

PREVENTING DIARRHEAL DISEASE

WASH HANDS

- Wash your hands with warm water and soap for at least 20 seconds.
- If possible, use a paper towel to turn off the faucet and open the door. Do not use reusable towels.
- Waterless hand cleaners are not a good substitute for hand washing and should be used only when you can't wash your hands.

For more on handwashing in childcare centers and for curriculum ideas, go to <http://publichealth.columbus.gov/preventshigella.aspx>



DIAPER CHANGING

- Keep diaper changing areas separate from play areas and food preparation.
- Use disposable gloves and change them after each diaper change.
- Cover changing surface with disposable paper and change after each use.
- Put dirty diapers, used gloves and paper in a secure, covered trash bin.
- Wash your hands after removing gloves and child's hands after change is done.

For more on diaper changing, signs, poster, go to <http://publichealth.columbus.gov/preventshigella.aspx>



STAY HOME WHEN SICK

- Children should not come to childcare while they have diarrhea. They must wait at least 24 hours after it has stopped for some types of illness, for others it is longer.
- Childcare providers also need to stay home if have diarrhea for at least 24-hours after it has stopped. For some illnesses, it may be longer.

CLEAN FACILITY

- Cleaning and disinfection a childcare facility is critical to preventing the spread of illness.
- If a certain illness, such as Shigellosis, has been diagnosed in a child or workers at your facility, specific methods for cleaning and disinfecting must be followed in order to kill the organism causing disease.

For information on these guidelines, go to <http://publichealth.columbus.gov/preventshigella.aspx>

