

# CLEANING & DISINFECTING

## GENERAL DIRECTIONS FOR CLEANING & DISINFECTING

- Soak contaminated surfaces, as directed
- Disinfect bathrooms, diaper areas, and food preparation surfaces daily
- Disinfect toys, tabletops, and high chairs more frequently than usual (at least twice daily)
- Dishwasher-safe toys can be disinfected in a commercial dishwasher that has a dry cycle or a final rinse that exceeds 113°F for 20 minutes or 122°F for 5 minutes or 162°F for 1 minute
- Cloth toys may be washed and heat-dried for 30 minutes on the highest clothes dryer heat setting



## CLEANING & DISINFECTING FOR SHIGELLOSIS

Shigella can be cleaned with routine cleaning agents (marked “disinfectant”) or a bleach solution.

### To prepare a bleach solution:

1. Mix ¼ cup bleach to 1 gallon water (or 1 tablespoon of bleach to 1 quart water).
2. Mix well.
3. Mix the solution daily; discard after 24 hours.
4. Keep in a dark bottle or a dark place since light deactivates the bleach and label the container.

### Directions for cleaning:

1. Remove as much organic material as possible.
2. Clean with soap and water; let dry.

### Directions for disinfecting:

1. Soak contaminated surfaces with bleach solution or disinfectant for 2 minutes.