

Cleaning, Sanitizing & Disinfecting for Routine Housekeeping and Custodial Maintenance

In the event of an outbreak, consult Columbus Public Health for guidance about recommendations for an enhanced and more frequent cleaning schedule, depending upon the nature of the situation.

Directions for Cleaning

- ❖ Remove as much organic material as possible
- ❖ Clean with soap and water; let dry

Directions for Sanitizing

- ❖ Soak contaminated surfaces with bleach solution or sanitizing solution (see preparation instructions below) for 2 minutes
- ❖ Rinse or wipe off surface with a clean disposable paper towel and allow surface to air-dry

Sanitizing Bleach Solution Preparation

***Always protect yourself when cleaning and sanitizing or working around chemicals.
At a minimum, wear water and chemical resistant gloves.***

- ❖ Mix ¼ cup bleach to 1 gallon water or 1 tablespoon bleach to 1 quart water
- ❖ Label the container using a permanent marker
- ❖ Shake or mix well
- ❖ Mix the solution daily; discard after 24 hours
- ❖ Keep in a dark bottle or a dark place since light deactivates the bleach

General Cleaning, Sanitizing & Disinfection Guidelines for Surfaces & Equipment

- ❖ Countertops, tabletops, floors, doorknobs and cabinet handles – clean & sanitize daily and when soiled
- ❖ Food preparation & service surfaces – clean & sanitize before and after contact with food and between preparation of raw and cooked foods
- ❖ Handwashing sinks, faucets, counters, soap dispensers and doorknobs – clean & sanitize daily and when soiled
- ❖ Toilet seats, toilet handles, doorknobs, cubicle handles and floors – clean & sanitize daily and immediately if visibly soiled
- ❖ Toilet bowls – clean & sanitize daily

Surfaces contaminated with body fluids (blood, mucus, saliva, stool, urine, vomit) – clean & sanitize immediately using a bleach solution of 1 part bleach to 10 parts water